Psychology

The Psychology Department at TRU offers a variety of courses and the option of obtaining a Major, Minor or Honours in Psychology as part of the Bachelor of Arts degree.

Program Overview

Knowledge
Psychology is the scientific study of thoughts, feelings, actions, perceptions, physiological and neurological responses, and other behaviours in animals and humans. As both a scientific discipline and a profession, psychology relates to virtually every aspect of people’s lives. Through research, psychology plays an important role in understanding and predicting human behaviour. Through clinical practice, psychology strives to help people to live more productive and fulfilling lives.

- Understanding human behaviour
- Experience in conducting and evaluating research
- Analyzing statistical data
- Professional writing and presentations

Careers
Psychology is a broad field, offering a wide variety of opportunities depending on personal interests and aptitude. Many Psychology graduates gravitate towards careers in human services, business, the public sector, and education, among many others. While a Bachelor’s Degree is an important first step, many Psychology graduates carry on to Masters and Doctoral Programs to achieve their desired careers. The specific knowledge gained from a B.A. in Psychology may prepare you for Graduate School (Masters or Ph.D.) or a career in the following areas (additional training required):

- Psychologist
- Counselling
- Addictions Services
- Education
- Research & Statistics
- Legal Professions
- Law Enforcement
- Public Service
- Human Resources
- Mental Health
- Disability Services
- University Professor

TRU Advantages
The Psychology department at TRU strives to make your experience studying psychology as enjoyable and educational as possible, with the help of the following:

- Research and Job Opportunities
- Free Workshops on writing psychology papers in APA style, study skills and research tips
- The Psychology Lab (AE 107)-open to all students working on psychology assignments, equipped with reference books, computers, a printer, and the help of the Psychology Lab Demonstrator
- Attend or present at conferences throughout North America
- TRU Psychology Club

Honours Psychology Student presenting Honour Thesis research at a Conference

Faculty of Arts

www.tru.ca/arts
Admission Information

Academic Requirements

**Admission**
Admission to the Psychology major requires completion of Psychology 1110, 1210, 2100, and 2110 as well as admission to the B.A. program.

**Major**
a. PSYC 1110, 1210 (3 credits each)  
b. PSYC 2100, 2110 (3 credits each)  
c. PSYC 3190 (6 credits)  
d. 30, and no more than 42, 3000-4000 level PSYC credits. PSYC 3190 counts towards these credits. At least 6 from courses designated science, at least 6 from courses designated social science.

**Minor**
a. PSYC 1110, 1210 (3 credits each)  
b. PSYC 2100, 2110 (3 credits each)  
c. 18 credits at the 3000-4000 level

**Honours Program**
The Honours program provides an opportunity for academically successful and motivated students to develop their research, writing, and analytical skills. Completion of an Honours program will strengthen a student’s application to graduate school.

a. “B” Average in PSYC 1110, 1210, 2100, 2110  
b. Minimum 3.00 GPA, 3rd and 4th year  
c. Minimum “B-” in all Psychology courses  
d. Minimum “B” in PSYC 3190  
e. PSYC 4990: Honours Thesis  
f. PSYC 4990 does not count towards 30 credits for major or 120 credits for BA degree.

Admission to TRU
TRU is a unique, comprehensive university offering undergraduate and graduate degrees and two-year professional diplomas, along with certificates, trade-entry and apprenticeship training and university preparation courses.

Applications for Admission to most programs are accepted starting Oct. 1 each year for programs that begin in August or September of the following year. Check the website for application deadlines, program start dates, and detailed admissions processes: Open, Limited and Selective.

**Applications to the TRU Bachelor of Arts program are available from:**
Academic Admissions Office
Thompson Rivers University  
900 McGill  
Kamloops, British Columbia V2C 0C8  
Tel: 250.828.5036  
Email: admissions@tru.ca

Program Contacts

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**B.A. Advisor – Faculty of Arts**  
Ph. 250.371.5566 | E. baadvising@tru.ca

Program Costs

Please see the current calendar for details  
Visit: www.tru.ca/calendar  
Cost Calculator:  
www.tru.ca/admissions/fees/costs.html

Additional Information

Please visit the Psychology web pages at TRU: www.tru.ca/arts/psychology.html