



**THOMPSON  
RIVERS  
UNIVERSITY**

## Program Planning Guide

**Degree:** Bachelor of Arts

**Department:** Psychology

**Calendar Year:** 2023/2024

**Name:** \_\_\_\_\_

**TRU ID:** \_\_\_\_\_

**Psychology**  
**Bachelor of Arts**

**Major in Psychology:**

[www.tru.ca/arts/departments/psychology/undergrad\\_programs/psyc\\_major.html](http://www.tru.ca/arts/departments/psychology/undergrad_programs/psyc_major.html)

[www.tru.ca/campus/current/calendar](http://www.tru.ca/campus/current/calendar)

**Minor in Psychology:**

[www.tru.ca/arts/departments/psychology/undergrad\\_programs/psyc\\_minor.html](http://www.tru.ca/arts/departments/psychology/undergrad_programs/psyc_minor.html)

**Faculty of Arts Advising:**

[www.tru.ca/arts/students/advising](http://www.tru.ca/arts/students/advising)

BAAadvising@tru.ca

250-371-5566

AE257

**Honours Program in Psychology**

[www.tru.ca/arts/departments/psychology/undergrad\\_programs/psych\\_honours.html](http://www.tru.ca/arts/departments/psychology/undergrad_programs/psych_honours.html)

**Co-operative Education:**

[www.tru.ca/ce1/co-operative-education.html](http://www.tru.ca/ce1/co-operative-education.html)

**Academic Calendar:**

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the TRU Calendar, which is the final authority on all questions regarding program requirements and academic regulations. Contact an Academic Advisor in the Faculty of Arts for advising information.

## Bachelor of Arts - Psychology

### B.A. Psychology Major Requirements

Completion of at least 54 Psychology credits (18 courses), comprised of 21 lower-level credits (7 courses) and 33 upper-level credits (11 courses).

*In addition to the requirements for the Major in Psychology, students are expected to complete requirements for the BA degree (120 credits).*

#### Lower-Level Requirements – 21 credits (minimum)

- \_\_\_\_\_ 1. PSYC 1110 – Introduction to Psychology 1 (3)
- \_\_\_\_\_ 2. PSYC 1210 – Introduction to Psychology 2 (3)
- \_\_\_\_\_ 3. PSYC 2040 – Introduction to Biological Psychology (3)
- \_\_\_\_\_ 4. PSYC 2100 – Analysis of Psychological Data (3)
- \_\_\_\_\_ 5. PSYC 2110 – Introduction to Research Methods (3)
- \_\_\_\_\_ 6. PSYC 2000 level elective (must be one of: PSYC 2120, 2130, 2160, 2210, 2220, or 2230)
- \_\_\_\_\_ 7. PSYC 2000 level elective (must be one of: PSYC 2120, 2130, 2160, 2210, 2220, or 2230)

#### Upper-Level Requirements – 33 credits (minimum)

*Students are required to complete at least 6 credits from courses designated as Category A courses and at least 6 credits from courses designated as Category B courses. Students majoring in Psychology will complete the remaining 18 upper-level required credits (6 courses) by choosing from courses offered in rotation by the department. Upper-level courses offered through Open Learning can also be used to fill these required credits. The required capstone course must be completed during the last 30 credits of the major.*

##### Category A:

1. \_\_\_\_\_
2. \_\_\_\_\_

##### Category B:

1. \_\_\_\_\_
2. \_\_\_\_\_

##### Other courses (minimum 6 courses):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

PSYC 4280 – Psychology Capstone (completed during the last 30 credits): \_\_\_\_\_

##### Category A Courses:

- PSYC 3000 – Psychiatric Clinical Disorders (3)
- PSYC 3010 – Disorders Across the Lifespan (3)
- PSYC 3020 – Infancy (3)
- PSYC 3030 – Psychological Testing (3)
- PSYC 3080 – Social Psychology (6)
- PSYC 3100 – Clinical Psychology (6)
- PSYC 3110 – Clinical Psychology: Theories & Systems of Psychotherapy (3)
- PSYC 3140 – Health Psychology (3)
- PSYC 3150 – Childhood & Adolescence (3)
- PSYC 3200 – Personality (3)
- PSYC 3220 – Adulthood & Aging (3)
- PSYC 3060 – Principles of Animal Behaviour (6)
- PSYC 3360 – Psychology of Language 1 (3)
- PSYC 3380 – Psychology of Emotion (3)
- PSYC 3400 – Psychology & the Law (3)
- PSYC 3410 – Forensic Psychology (3)
- PSYC 3720 – Special Topics in Psychology 2 (3)

##### Category B Courses:

- PSYC 3060 – Principles of Animal Behaviour (3)
- PSYC 3230 – Conditioning & Behavioural Control (3)
- PSYC 3390 – Human Neuropsychology (3)
- PSYC 3510 – Visual Processes (3)
- PSYC 3520 – Auditory, Tactile, & Chemical Processes (3)
- PSYC 3540 – Cognition: Attention & Memory (3)
- PSYC 3550 – Cognition: Language & Thought (3)
- PSYC 3560 – Psychopharmacology (3)
- PSYC 3570 – Neuroscience of Motivation & Emotion (3)
- PSYC 3580 – Neuroscience of Learning & Memory (3)
- PSYC 3710 – Special Topics in Psychology 1 (3)

##### Other Upper-Level Courses:

- PSYC 3610 – Research Methods & Statistics for Psychology (3)
- PSYC 3240 – History & Systems of Psychology (3)
- PSYC 4210 – Advanced Topics in Psychology (3)
- PSYC 4220 – Advanced Topics in Applied Psychology (3)

## **Bachelor of Arts - Psychology**

*Students must also meet the General Program requirements for a Bachelor of Arts degree.*

### **B.A. Core Requirements**

Completion of at least 120 credits (40 courses) with a minimum cumulative grade point average of 2.0.

#### **First Year English Requirement – 6 credits (minimum)**

1. \_\_\_\_\_ 2. \_\_\_\_\_

#### **Scientific and Formal Reasoning Requirement – 9 credits (minimum)**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

#### **Breadth Requirement – 12 credits (minimum)**

*A minimum of one 1000-2000 level course in at least four different Arts disciplines is required. A Psychology course can be used to fulfill this requirement.*

*Courses used to fulfill the Breadth requirement may also be used to fulfill the Distribution, Second Language, or 1000-2000 Level Writing Intensive requirements. Courses used to fulfill the Breadth requirement cannot be used to fulfill the First Year English or Scientific and Formal requirements.*

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

#### **Distribution Requirement – 6 credits (minimum)**

*A minimum of one 1000-2000 level course in at least two of the following categories is required (excluding courses used to satisfy the English and Scientific and Formal Reasoning requirements): Humanities, Social Sciences, Creative and Performing Arts. A Psychology course can be used to fulfill this requirement.*

1. \_\_\_\_\_ 2. \_\_\_\_\_

#### **Second Language Requirement – 6 credits (minimum)**

*A second language taken to Grade 12 or 6 credits in a post-secondary second language are required. It is recommended that all 6 credits correspond to courses of the same language.*

1. \_\_\_\_\_ 2. \_\_\_\_\_

#### **1000-2000 Level Writing Intensive Requirement – 6 credits (minimum)**

*Courses used to fulfill the Writing Intensive requirement cannot be used to fulfill the First Year English requirement.*

1. \_\_\_\_\_ 2. \_\_\_\_\_

#### **3000-4000 Level Writing Intensive Requirement – 6 credits (minimum)**

*Psychology courses that fulfill this requirement include: Psychology 3610, 3380, 3570, 4400, and 4990.*

1. \_\_\_\_\_ 2. \_\_\_\_\_

## Bachelor of Arts - Psychology

### Additional Lower-Level Courses Requirement – 9 credits

*Courses used to fulfill the Breadth and Distribution requirements may also be used to fulfill the Additional Lower-Level Courses requirement.*

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

### Arts Requirement Courses – 60 credits

*Major/ Minor/ Concentration courses and may include non-Arts electives (below)*

### Non-Arts Electives – 12 credits (Maximum)

*Students must consult with BA Advisors for approval if course are outside of Arts.*

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

### B.A. Single Major Requirements

\_\_\_\_\_ 120 total credits

\_\_\_\_\_ 48 credits are of the 3000 level or higher

\_\_\_\_\_ 42 credits are within the intended major discipline (maximum 60 credits)

\_\_\_\_\_ 30 credits within the major discipline are of the 3000 level or higher (maximum 42 credits)

\_\_\_\_\_ 6 credits of the 3000 level or higher are outside the major discipline

*Students should consult with a BA Advisor if they intend to complete a major and a minor or a double major, as the requirements may differ from those listed here.*

#### Notes:

Students who intend to apply for the Honours Program are required to complete PSYC 3610 – Research Methods and Statistics for Psychology. For all other students, this course is optional. This course will count as part of the required 30 upper-level credits.

PSYC 2910 and PSYC 4100 give students the opportunity to learn about psychological research by conducting research with a faculty supervisor. Students must have permission of a faculty member who is willing to supervise the research. Students may complete PSYC 2910 at any time during their degree, after completing PSYC 1110. Students must meet the pre-requisites for PSYC 4100 prior to enrolment. PSYC 4100 does not count towards the 30 upper-level credits required for graduation with a Major in Psychology.

PSYC 4400 involves directed investigation of a problem, requiring a written report of the findings. Prior to enrolment, students must have satisfactory standing in his or her course work and permission of a faculty member who is willing to supervise the investigation. PSYC 4400 does not count towards the 30 upper-level credits required for graduation with a Major in Psychology.