

Questions?

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PACK ACADEMIC EDGE (PACE)

Fall 2018 - Monday nights from 4:00-8:30pm in HL 269

Are you a first-year athlete? Take advantage of the Pack Academic Edge (PACE) program.

PACE provides academic support in an informal study session led by upper-year athletes — providing the opportunity to study casually with peers yet with a planned and strategic approach. Get coaching on learning strategies, improve your study habits and learn about on campus resources. Student athletes are encouraged to attend every Monday night.

The PACE program is sure to keep you on track and motivated throughout the semester as you balance your athletic and academic commitments.



PACK ACADEMIC EDGE (PACE)

Targeted/ Outreach/ Proactive

Targeted: support new-to-TRU student athletes and more **Outreach:** connect through surveys, social media and email

Proactive: inform about available supports, encourage early access to support through the

referral process, provide coaching on effective learning strategies

PACE Leaders

Thomas Lantmeeters Connor McKenzie Avery Pottle	Soccer Baseball Volleyball	Business/ French Arts/ Writing Science/ Writing	4:00-6:00 4:00-6:00 4:00-5:00/ 7:00-8:00
Micheal Rouault	Basketball	Science/ Management	5:00-7:00
Emily Vilac	Basketball	Science/ Writing	6:00-8:00
Gwen Freeze	Soccer	Science/Writing	6:00-8:00
Tim Edge	Volleyball	Psychology/ Arts/ Writing	6:30-8:30
Anton Napolitano	Volleyball	Math/ Arts/ Writing	6:30-8:30

PACE Orientation:

September 10 and 17

Session Schedule:

September 24

October 1, 15, 22, 29

November 5, 19, 26

IDENTIFY

- Keep an eye out for changes in behaviour
- Watch for academic, emotional, behavioural and social indicators

SUPPORT

- Ask about specific behaviour
- Encourage getting support
- Provide options

REFER

- Call or accompany student to on-campus services
- Inform that services are free and confidential
- Follow-up/ Check-in