



Language and Culture (Winter)

Learn about Canadian culture and practice English

Located in the heart of British Columbia, Kamloops is only a 45-minute flight from Vancouver and is home to Thompson Rivers University (TRU).

Program Highlights

Our customized programs and individualized instruction help students reach their language goals.

PARTICIPANTS WILL

- learn about cultural differences and similarities in our intercultural communication classes.
- improve your English proficiency, especially in speaking and listening.
- choose from one of our electives upon your arrival to TRU and increase your knowledge in a specialized topic.
- participate in Canadian cultural and recreational activities.

Minimum age requirement – 14 years



Study with TRU

For over 30 years, Thompson Rivers University (TRU) has been delivering customized training programs of the highest calibre, earning us worldwide recognition. Our intensive, short-term programs are strategically balanced to maximize learning opportunities while allowing participants enough time to gain an appreciation of Canadian culture and participate in carefully selected activities. The result is a rich and rewarding experience that will last a lifetime.



Learn more
truworld.ca/itc



Course descriptions

LANGUAGE STUDIES: Using a communicative, student-centered approach, instructors guide students through customized lessons and activities that focus on all aspects of language development.

ELECTIVE: Choose one of electives to customize your learning experience: applied English, global citizenship, healthy choices, leadership skills, STEM English skills, sustainability or English for professional success.

INTERCULTURAL COMMUNICATIONS: A series of workshops that allow students to explore the intricate world of culture theory.

ACTIVITIES: These are sure to be a program highlight and may include snowshoeing, curling, tubing, Indigenous artwork, indoor rock climbing and more.

What is included?

- Homestay accommodation for program duration - including three meals per day
- **GuardMe** medical insurance
- Pick-up and drop-off at Kamloops airport
- Free wireless internet on campus
- Kamloops transit pass
- Costs of all scheduled cultural and recreational activities
- Support of instructors in the classroom and on activities

Visitor visa support

TRU works with BorderPass to provide free immigration support for your application. TRU pays all legal and subscription fees and participants only pay government processing and biometric fees.

Sample schedule

Language and Culture Transition Program (Sample schedule)				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No classes	Welcome Reception 9 - 9:30 a.m. Orientation 9:30 - 11 a.m. Elective Selection noon - 12:30 p.m. TRU Campus Tour 12:30 - 2:30 p.m.	Intercultural Communication 9 a.m. - noon Downtown Orientation 1 - 4 p.m.	Intercultural Communication 9 a.m. - noon Orientation to Kamloops 1 - 3 p.m.	Language Studies 9 a.m. - noon Elective 1 - 4 p.m.
Language Studies 9 a.m. - noon Curling 1 - 4 p.m.	Elective 9 a.m. - noon Language Studies 1 - 4 p.m.	Snowshoeing at Sun Peaks Resort 8:30 a.m. - 5 p.m.	Elective 9 a.m. - noon Language Studies 1 - 4 p.m.	Language Studies 9 a.m. - noon Tubing at Harper Mountain 1 - 4 p.m.
Language Studies 9 a.m. - noon Dreamcatchers 1 - 3 p.m.	Elective 9 a.m. - noon Language Studies 1 - 4 p.m.	Language Studies 9 a.m. - noon Language Studies 1 - 4 p.m. Kamloops Blazers Ice Hockey Game 6:30 - 9:30 p.m.	Elective 9 a.m. - noon Language Studies 1 - 4 p.m.	Language Studies 9 a.m. - noon Free Afternoon
Language Studies 9 a.m. - noon Indoor Rock Climbing 1 - 3 p.m.	Elective 9 a.m. - noon Language Studies 1 - 4 p.m.	Language Studies 9 a.m. - noon Pickleball 1 - 4 p.m.	Language Studies 9 a.m. - noon Language Studies 1 - 4 p.m.	Language Studies 9 a.m. - noon Language Studies 1 - 2 p.m. Closing Ceremony 2 - 3 p.m.

Program Details

Dates

January	Jan. 5 - 29, 2027
February	Feb. 16 - Mar. 5, 2027

Fees*

\$4,465
\$3,965

**Prices subject to change without notice.*

For more information

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Apply online
truworld.ca/itc



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