

How to opt out of Medical & Dental

1. Log in to your MyTRU account and click on Medical & Dental Opt-Out

As indicated in the [Sustainable Parking Framework \(2017\)](#), parking spaces on campus have not decreased despite construction, but have moved to the perimeter—all a five- to 10-minute walk from Old Main. See the [Walking Times and Distances](#) chart on the parking website for more info.

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 [Make a payment](#)

 [On-campus course evaluations](#)

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 [On-campus course registration](#)

 [Update your contact information](#)

Course Registration

Kamloops and Williams Lake students

[How to register](#)
[Course planning and registration](#)
[Course timetable](#)
[Course evaluation](#)

Open Learning Services

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[Awards and funds received](#)

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[Medical & dental opt-out](#)
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2. Select the correct term from the drop down box and hit continue

[Personal Information](#) [Application](#) [Student](#) [Employee](#) [Financial Aid](#)

[RETURN TO MENU](#) [SITE MAP](#) [HELP](#) [EXIT](#)

Extended Medical or Dental Opt Out

Benefit to Opt-Out: [Fall 2019 H and D Optout \(202010\)](#) ▼

[Continue](#)

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3. Fill in the appropriate fields with your pre-existing Carrier/Plan Number and press continue

Personal Information Application Student Employee Financial Aid

RETURN TO MENU SITE MAP HELP EXIT

Medical or Dental Opt Out

In order to opt-out of a benefit, you must provide information related to. This includes the insurance carrier that currently provides this benefit for you. The valid opt-out status' are:

- Under Review - Your application for opting out of the health and dental plan has been received. The application will be reviewed and, if eligible and approved, will processed. Processing may take up to five business days.
- Denied - Your application for opting out of the health and dental plan has ben denied and you have been activated for health and dental coverage.
- Approved - You have been opted out of the health and dental. To re enrol in the plan, please visit your students union office in the Independent Centre

For information about opt out eligibility criteria, please log on to www.trusu.ca.

*>%01% - indicates required field

Opt-Out Benefit:	Fall 2019 H and D Optout
Opt-Out Date:	Aug 29, 2018
Carrier Name:	Manulife
Plan Number: %01%	<input type="text"/>
Opt-Out Status:	Under Review
Status Date:	August 29, 2018

Continue

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Note: It will take 5-10 business days for your opt out to be reviewed and (if approved) registered on your MyTRU account