Safe Work Procedure



Confined Space Safety Procedures

RSS 18.09.3

Program/Services	Safe Wo	ork Procedures	Department: Risk and Safety Services
 Personal Protective Equipment or Devices Used ANSI or CSA approved atmospheric 	Training Requirements Confined 	Applicable Documents	Effective Date: April 12, 2019
 tester (i.e. oxygen, toxic gas, LEL/LFL) Personal Protective Equipment (i.e. respirator, harness and lanyard, gloves, protective clothing (Tyvec suit/coveralls) Communication equipment (i.e. radio, alarm) Rescue equipment (i.e. lifelines, harness, and lifting equipment) Safety glasses Hearing Protection 	Space Training	 Confined Space Entry Permit Lock-out Procedure Hot Work Permit A training master log will be maintained by the Supervisor of the confined space entrants. 	Date Reviewed Revision Date Revision # Authorized Aug. 22, 2023 3 Safety Advisor

HIGH SOUND LEVELS	FIRE	HAZARDOUS ATMOSPHERE
HEARING PROTECTION is required when working in designated.	Ventilate the CS.	CONFINED SPACE HAZARDOUS ATMOSPHERE
Required when Sound levels exceed 85 dB areas.	work permit to be completed prior to entering Confined Space	entering and continue to monitor.

CHEMICAL EXPOSURE	ELECTRICAL HAZARD	PINCH POINTS
	4	
Wear the appropriate PPE for chemicals identified as having been in the Confined Space.	Do not attempt to service electrical wires.	Use LOCK-OUT procedures when performing maintenance or conducting any work within 12" of an exposed pinch point.
		NEVER put your hands or feet near an exposed pinch point or gears!

PROCEDURES AND RESPONSIBILITIES

Managers / Supervisors will ensure:

- Employees under their supervision, and contractors, who require entry into confined space comply with procedures and are properly trained.
- Personnel receive confined space training.
- That pre-entry inspections and testing is conducted based on this procedure.
- That the confined space procedure is reviewed annually to confirm effectiveness.

Confined Space Supervisor will:

- Oversee overall entry operations.
- Verify the confined space entry permit is completed.
- Ensure that pre-entry tests and inspections are conducted.
- Ensure that all the provisions of the confined space entry permit are followed and signs the permit to authorize entry.
- Verifies that atmosphere testing is completed as stipulated in the permit and results are entered into logs.
- Verifies the area is properly secured and all required signs posted.
- Those only authorized workers enter a confined space.

Confined Space Attendant (Standby Person) will:

- Be equipped with an alarm, radio or other means of communication to immediately summon rescue if needed.
- Know the locations of emergency response equipment (fire extinguishers, safety showers, eye-wash, pull stations etc.) in the immediate area.
- Maintain adequate continuous communication with personnel inside the confined space to monitor their status.
- Update the entry permit whenever a worker enters/exits the confined space.
- Not leave the confined space entry site until it has been vacated and secured, or relieved by another qualified attendant who understands the work being undertaken.
- Not be a person entering the confined space.
- Shall perform air testing every 20 minutes to ensure there is no change in the atmosphere within the confined space.

The Confined Space Attendant shall not enter the confined space to attempt a rescue, unless properly relieved of the attendant duty, is trained in rescue procedures, and is part of the pre-planned rescue team.

Additionally at low hazard atmosphere, attendant must:

• Check on workers inside the confined space at least every 20 minutes.

Additionally at moderate hazard atmosphere, attendant must:

- Be stationed at or near the confined space entrance.
- Visually observe or check the well-being of workers inside the confined space at least every 20 minutes or as often as needed by the work being done.

Additionally at high hazard atmosphere or where there is a risk of engulfment or entrapment, attendant must:

- Be stationed at the entrance and have no other duties apart from monitoring the well-being of workers inside the confined space.
- Must visually observe or otherwise continuously monitor the well-being of the worker(s) inside the space.
- Be equipped and capable of rescue (using lifting equipment if needed).
- Prevent entanglement of lifelines and other equipment.

Confined Space Entrant(s) will:

• Be part of the confined space team for the job and be familiar with the provisions of the Entry Permit and the hazards of the confined space.

The CS Team shall consist of a CS Supervisor, CS attendant(s), CS entrant(s), and rescue team (if used)

- Sign or initial the entry permit prior to initial entry.
- Confirm that any other appropriate permits, i.e. Hot Work, have been issued and are current before entry into the confined space.
- Maintain adequate communication with the confined space attendant.

Confined Space Rescue and Emergency Services

• TRU currently does not have an in house confined space rescue team and in the event of an emergency the Kamloops Fire Rescue will be called.

An in-house or contracted rescuer will:

- Be informed of hazards he/she may encounter.
- Provide rescue in an appropriate time frame.
- Be trained, equipped and proficient in performing the needed services.

In-house rescuers will:

- Be properly equipped and adequately trained to carry out such duties.
- Hold current first aid and CPR certifications.
- Practice confined space recues at least once every 12 months. The practice will be within the scope of the types of confined spaces on site.
- Be informed of confined space work prior to work starting.

PRECAUTIONS

- If entrants believe that there is any unsafe condition that exists in the confined space, they should **NOT** proceed with or continue with an entry.
- Air ventilation, including forced-air ventilation, used to control hazardous atmosphere may create an explosive atmosphere by changing the air-to-fuel ratio.
- All access points to a confined space will be posted with signage.
- Unauthorized entry into any confined space is prohibited. Prevention of unauthorized entry will be made through training and posting of signs. Any person observing unauthorized entry or unsafe work in or around a confined space shall warn the workers performing the work of the perceived hazards and immediately notify their supervisor.
- If work is done in a high hazard atmosphere confined space then each person must either carry or have within arm's reach an emergency escape respirator that will allow them to leave without assistance.
- Compressed gas cylinders are not permitted inside a confined space except for compressed air supplying a respirator, medical resuscitation equipment, handheld aerosol sprays and fire extinguishers.
- Torches and hoses used for brazing, cutting or welding must be removed when not in use or when the confined space is vacated when practicable.
- Electrical tools and equipment must be grounded and double insulated and marked as such. An approved ground fault circuit interrupter should be used if wet or damp conditions exist.
- If flammable or explosive gases, vapours or liquids are present, no entry is allowed till conditions change to allow for safe entry into the confined space.

HAZARD ASSESSMENT

The worker qualified to conduct the assessment will:

Consider conditions that may exist in the confined space (before workers enter) due to its:

- Design
- Location
- Use
- Consider hazards that may develop during work in or around the confined space

Give special consideration to the potential for:

- Oxygen enrichment or deficiency
- Flammable gas, vapour or mist
- Combustible dust
- Other hazardous atmospheres

Consider other potential hazards including:

- Materials that may engulf or entrap a worker
- Slipping and tripping hazards
- Drowning
- Noise exposure
- Electrical hazards or lines containing harmful substances that require lockout and isolation
- Thermal extremes
- Radiation

Following the assessment the person will rate the confined space as either:

- Low Hazard Atmosphere,
- Moderate Hazard Atmosphere, or
- High Hazard Atmosphere.

Once the assessment has been completed for a specific activity in a particular space or group of like-spaces and the specific procedure completed if there has been no change within the space or to the activity another assessment is not needed.

IDENTIFICATION AND ENTRY PERMITS

Confined Space Identification signs will be:

• Posted at unsecured access points indicating the hazard and prohibits entry by unauthorized workers.

Entry permits will be completed and signed by the responsible supervisor before entry into a confined space when:

- The permit requirements have all been met.
- Lockout or isolation procedures have been followed.
- Atmosphere of the confined space has been tested and assessment has been completed.
- When selected entrants are verified as trained for confined space entry.

The entry permit must be posted at designated entry points unless:

- The permit is posted at a minimum of one entry point.
- Other entry points are identified and have up-to-date information on whether it is safe to enter.
- All authorized workers are informed of the location of posted entry permits.

To ensure the safety of workers inside a confined space, permits will be updated by:

- The stand-by worker to update the list of workers inside the confined space.
- The tester to record atmosphere quality test results.

The responsible supervisor who signed the permit will re-authorize and sign the permit when:

- There is a change in the work crew.
- After each shift change.
- After a change of the responsible supervisor.
- Affected workers must be informed of updates to permits that affect precautions or the work activity.

LOCKOUT AND CONTROL OF HARMFUL SUBSTANCES

Lockout

• Before a worker enters a confined space, any material conveyance equipment that transports material to or from the space must be free of material if the material could present a hazard.

Isolation

- Before a worker enters a confined space, adjacent piping which contains, or has contained, a harmful substance must be controlled by one of the following means:
 - Disconnecting, blanking, blinding or an equivalent engineering system.
 - If adjacent piping contains a harmful substance that is not a gas, vapour or a liquid of sufficient volatility to produce a hazardous concentration of an air contaminant in the discharge of the piping, double block and bleeding is needed. If adjacent piping contains a harmful substance that is hazardous only because of its pressure, temperature or quantity, before a worker enters the confined space, the pressure must be controlled by de-energizing and locking out the pressure source and depressurizing the line.
 - Isolation of a confined space from gases found in a gravity-flow municipal or domestic sanitary or storm sewer system may be accomplished by a p-trap provided that the integrity of the trap is ensured immediately upon entry and the atmosphere is continuously monitored and shown to contain clean respirable air.

VERIFICATION AND TESTING

Verification:

• Before a worker enters a CS, pre-entry testing and inspection must be conducted to verify that the required precautions have been effective at controlling identified hazards and that it is safe for the worker to enter.

Atmospheric testing will be completed:

- Not more than 20 minutes before a worker enters a confined space (pre-entry testing),
- When all workers have vacated the confined space for more than 20 minutes,
- When a worker is inside a moderate or high hazard atmosphere additional testing must be done to ensure the worker's continuing safety, and
- Whenever practicable, continuous monitoring must be done and when the worker is in a moderate or high hazard atmosphere if a flammable or explosive atmosphere is in excess of 20% of the lower explosive limit could develop.

Procedures and Equipment

- CS tests must be carried out by an adequately trained worker.
- Test records (section 3 of the permit) will show the date and time of the test, the initials of the tester and the levels or conditions found.
- Test results, other than continuous monitoring results, must be posted without delay at all entry points.
- If a confined space is known to, or is shown by pre-entry testing to contain other than clean respirable air, the hazard must be controlled by cleaning, purging, or venting the confined space. The atmosphere must be re-tested before a worker enters the space.
- During occupancy, testing shall be repeated periodically where there is potential for accumulation of the hazardous atmosphere. Testing frequency shall be determined by the confined space supervisor.
- Pre-entry testing is not required in "low hazard atmospheres" when the location and the control of the space ensure that a more hazardous atmosphere could not inadvertently develop.

VENTILATION

Continuous Ventilation will occur when a worker is inside the confined space except when:

- The atmosphere has been intentionally inerted.
- A low hazard is controlled as noted below.
- Ventilation is not practicable in an emergency rescue.

Mechanical Ventilation:

- For the control of airborne contaminants must be designed, installed and maintained in accordance with established engineering principles and must be included in written procedures.
- Equipment must be located and arranged to adequately ventilate all occupied areas of the confined space.
- Contaminants produced must be controlled at source by local exhaust ventilation (LEV), by general (dilution) ventilation or by a combination of both.

Low Hazard Atmospheres:

- A minimum of 85 m3 per hr. (50 cfm) of clean, respirable air must be supplied for each worker inside the confined space with a low hazard atmosphere.
- Continuous ventilation is not required in a low hazard atmosphere if
- The atmosphere is continuously monitored and shown to contain clean respirable air, and
- The space is occupied for less than 15 minutes; work inside generates no contaminants other than exhaled air and has a volume greater than 1.8 m3 (64 cu ft.) per occupant.

Natural Ventilation

• If used the airflow rate must be monitored to ensure airborne contaminant concentrations are maintained below the applicable exposure limits.

Must not be used:

- To ventilate a confined space that has a High Hazard Atmosphere.
- If such ventilation could draw other than clean respirable air into the confined space.

RESCUE

• Rescue services must be provided when a worker enters a confined space. There will be a written agreement showing services provided if a firm or agency such a fire department is used. If an external rescue service agreement indicates they will be available

24 hours/day no notification of entry required.

- Anyone acting as a rescuer must be trained, with a practice drill at least annually, and equipped. Records of training and drills will be maintained by TRU.
- Rescuers must be notified by the responsible supervisor or attendant before anyone enters a confined space and will be notified after work is complete.
- Entry into more than one confined space at the same time requires rescue personnel to be on alert status when work commences.
- Rescuers must monitor the means to summon them in the event of an emergency.
- Rescue will be directed by an adequately trained supervisor or qualified rescue person.
- Voice communication must be maintained at all times between the person directing the rescue and the workers performing the rescue.
- A rescue worker must not enter the confined space unless there is at least one worker outside capable of assisting.
- SCBA or supplied air respirator must be used if the atmosphere is unknown or is IDHL.

LIFELINES, HARNESSES & LIFTING EQUIPMENT

- A harness of a type to permit rescue is required when entering a high hazard atmosphere, risk of entrapment or engulfment CS or if there is another recognized serious health and safety.
- A lifeline must be attached to the harness unless the risk assessment shows it is unsafe or impracticable and will be tended at all times by the attendant stationed at the entrance to prevent entanglement.
- The attendant must have suitable lifting equipment for rescue.
- If the attendant(s) cannot achieve a rescue using harnesses, lifelines and lifting equipment at least one worker stationed at the CS entrance must be equipped and capable of entering and conducting a rescue.

SUMMARY OF CHANGES

Revision	Date	Change (include section #)	Issued By
1	09/29/2014	NEW	OHS Officer
2	04/12/2019	Review and Revision & new format	Safety Officer
3	08/22/2024	RSS update	Safety Advisor

The signed permit must be retained for at least one year!

THOMPSON RIVERS UNIVERSITY Risk &	CONFINED SPACE PERMIT	
Safety Services		RSS 10.08.3
Date Issued:	Time issued:	Expires:
Note: If the conditions of procedures specified on Safety Department.	this permit change, STOP WORK IMMEDIATELY	and notify the Facilities Supervisor or TRU
Part 1 – Hazard Assessment (to be	completed by the entry supervisor)	
Confined space description and location:		
Description of work to be performed:		
POTENTIAL HAZARDS : (check all inherent ar	Id introduced hazards) Circle Level of Hazard	Low Moderate High
Hazardous Atmospheres	Physical Hazards	
□ Flammable (greater than 10% LEL)	Temperature/humidity	Spark-producing operations
Toxic (greater than PEL)	Uneven walking surfaces/tripping hazards	Noise
Irritant/Dust	Engultment	
Corrosive		
Oxygen (less than 19.5% or greater than		
23.5%)	$\square \text{ Fall Hazards}$	
Carbon monoxide	μ Sv/hr. contact S&EM)	
Asbestos (contact S&EM)		
Part 2 – Hazard controls (check requ	uired controls)	
Lockout/tag-out required. List isolation point	s:	(i.e. group lock-out box or specific location)
Notification of affected personnel in the area:		Barriers required (i.e.
Method of communication Attendants and En	trants will use:	
🗌 verbal 🔲 visual 🗌 radio 🗌 other:		
Check required emergency/rescue equipment:		
Safety harness with lanyard	Emergency eyewash	Rescue kit (sked/spine board, basket, O ₂ ,
└ Winch retrieval system (SRL, UCL hoist)	☐ Fire extinguisher	jump bag)

Rescue Procedure:	Entry	Non-er	ntry 🗌 Ve	ertical	Horizontal		
Personal Protective	Equipment to be wor	n/used:			_		
☐ Gloves		🗌 Hood			Barrier cream		
□ Safety har	ness and lanyard	🗌 Dust m	ask 🔲 half mask		Radio		
Asbestos p	protective suits (Tyvek	x) Dowere	d air purifying respira	ator (full mask)	Goggles/face s	hield	
Other: Specify							
MSDS's for all n	naterials in the confin	ed space (or to be bro	ought into the confine	ed space) are attac	ched.		
Pre-entry check	s and procedures con	npleted as per entry p	procedure				
Standby Personnel							
Low risk: Name	of standby person: _		c	check every 20 min	nutes by radio or vis	ual	
☐ Moderate risk:	Name of standby pers	son:	0	or 🗌 Rotating sta	indby.		
Check every	20 minutes by radio	/visual. Moderate ha	zard must remain at	or near entrance			
🔲 High risk: Nan	ne of standby person:			remain at e	entrance		
□ Special entry ar	nd/or work procedures	s:					
Part 3 – Air sa	mnling results						
rares Ansa		Air M	onitoring Equipme	nt Used			
Model &	Unit #	Bumr	o or Cal Test	Bu	mp/Cal Date	Τε	chnician's Name
		ŀ	Air Monitoring Resu	llts			
		0.%	Combustibles,				
Date	Time	(10 E 22 E0/)	%LEL	H₂S	СО		Initials
		(19.5 – 25.5%)	(0-10% LEL)				
All required air r	l nonitoring has been d	lone throughout the c	confined space.	L	Test performed by	:	

Part 4 – Authorized entrants & standby personnel									
Entrants and standby personnel shall review the permit and sign next to their name in acknowledgment of their understanding of the contents.									
Entrant	Entry/Exit ti	Entry/Exit time; initials Entry/Exit time; initials		ne; initia	als Entry/Exit time; initials		Entry/Exit time; initials		
Standby									
Part 5 – Permit review						•	•		•
□ Hazard assessment and controls are appropriate □ PPE is appropriate and adequate									
Appropriate air monitoring has been identified									
Describe any special entry requirements:									
Safety certification: I certify that all required space:	iired precautior	ns have been t	aken and the r	necessa	ry equipn	nent is provid	led for safe	entry and w	ork in this
Supervisor's Name: (Print)	Signature:				Date:		Tin	ne:	

HOT WORK PERMIT

This hot work permit is required for any temporary operation involving open flames or producing heat and/or sparks. This includes but is not limited to brazing, cutting, soldering, thawing pipes, torch applied to roof, grinding and welding.

PART 1: INF	ORMATION & CONTACTS
Project/Job #	
🗌 Employee 🗌 Students 🗌 Contracte	or
Name	
Location/Building/Floor/Equipment of Hot Wor	k
Nature of Job	
Date and Time of Hot Work	
I have read and understood TRU's Hot We requirements are met	ork Procedures and will ensure all
Name of Hot Worker	
Signature	
Supervisor/Instructor	
Signature: RSS 18.10.3 TRU Confined Space Permit	

	PART 2: SAFETY CHECKLIST
Hot Worker (person performing t	he work)
I have completed the required safety precautions necessary and have fulfil	checklist attached with this permit, added any additiona led all the requirements as they relate to this permit.
🗌 Yes 🗌 No	
Supervisor/Instructor	
🗌 Yes 🗌 No	
Name of Fire Watch	
Person	Phone
This area is safe for entry and work a	as outlined above and I authorize this work
Name Number	Emergency Phone
Date/Time	

PART 3: FIRE WATCH				
To be completed and subm	nitted to after fire watch is conducted.			
Time hot work began: ended:	Time hot work			

Fire Watch Signoff: the work area and all adjacent areas to which sparks and heat might have spread were inspected after the work was completed and were found fire safe.			
Fire Watch for 60 minutes after comp	letion of work	Yes 🗌	
Periodic monitoring for 4 hours after	completion of work	Yes 🗌	
Final check of area 4 hours after completion of work		Yes 🗌	
Name Date/Time	Phone		
	PART 4: APPROVA		

	PART 4: APPROVAL				
Facilities Management use beyond this point					
APPROVED D NOT APPROVED D					
Permit Expires (date/time)					
Conditions					

RSS 10.17.3 – Hot Work Permit

Revision Date: 15 Aug 2024