



Adventure Studies Department
900 McGill Road, Kamloops, British Columbia, Canada, V2C 0C8
www.adventurestudies.ca

CANADIAN MOUNTAIN AND SKI GUIDE PROGRAM

Application Package

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Canadian Mountain & Ski Guide Program
Thompson Rivers University
900 McGill Road
Kamloops, BC
V2C 0C8

Ph. 250-371-5838
Fax 250-371-5845
Email: cmsg@tru.ca

*Digital Registration forms can be found at:

<http://www.tru.ca/act/adventure/cmsg-certprg/apply/apppackages.html>

1. Hiking Guide Program

The Hiking Guide program trains and certifies participants to guide on and off-trail on all types of hiking terrain, and includes day-hikes and multi-day backpacking trips.

There are three components to the Hiking Guide Program. The first is the Assistant Hiking Guide course. This is followed by a supervised apprenticeship. The final component is the Hiking Guide Exam.

ASSISTANT HIKING GUIDE COURSE

This 9-day course combines training and certification. The first 4 days focus on training; this is followed by 4 days of assessment including a 3 day backpacking trip. The final day includes a written exam and optional personal interview. The expectation is that participants arrive with developed recreational skills and are ready to learn the application of “guiding skills”.

HIKING GUIDE EXAM

The Assistant Hiking Guide course is a prerequisite to the Hiking Guide exam. Assistant Hiking Guides should complete one full season of supervised guiding before applying to the Hiking Guide exam. The Hiking Guide Exam takes place over 6 days and includes a 4 day backpacking trip. The final day includes a written exam and optional personal interview.

If you have already completed the Assistant Hiking Guide course and are applying to the Hiking Guide exam, complete the Hiking Guide application package (click on Hiking Guide on the ACMG web site or call the Program office for the Hiking Guide Application Package).

If you have not completed the Assistant Hiking Guide course, continue with this application package.

2. NOTICE TO PARTICIPANTS OF PROFESSIONAL GUIDE TRAINING COURSES – INCREASED RISK

TRU and the ACMG provide training intended to develop professional skiing, climbing, hiking, rescue, and wilderness travel guides. To train professional guides it is necessary for students to participate in activities that have higher levels of risk than what may be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards. This may include, but is not limited to activities such as: lead climbing where the climber places his or her own protective equipment, climbing without helmets, travel and decision making in avalanche terrain, climbing and rescue in a multi-pitch environment, students driving program vehicles, hiking in unusually rough and remote terrain, stress from examination and grading processes, students making route and hazard assessment decisions on behalf of other students, unsupervised activities; and continuing with an activity when it may not be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards (for example, when fatigued, in inclement weather, or in high hazard conditions).

WAIVER AND RELEASE OF LIABILITY

AT THE START OF EACH COURSE or EXAM YOU ARE REQUIRED TO SIGN A LEGAL RELEASE DOCUMENT (Waiver). A SAMPLE WAIVER IS INCLUDED IN THIS APPLICATION PACKAGE. WE RECOMMEND YOU SEEK LEGAL ADVICE IF YOU HAVE QUESTIONS.

PLEASE PRINT AND INCLUDE A SIGNED COPY WITH YOUR APPLICATION.

3. Application Information

PREREQUISITES REQUIRED BEFORE YOU CAN APPLY

- ❑ You must be 19 years of age (unless you reside in Alberta, 18 years).
- ❑ Have a current Advanced (80 hr.) First Aid and CPR certificate (Wilderness First Aid is preferred; however OFA 3 is accepted).

TO APPLY YOU MUST SUBMIT

- ❑ Registration form (attached)
- ❑ Copy of your current Advanced First Aid and CPR certificate. If you will be taking your first aid course after the application deadline, attach a confirmation of registration for the first aid course you are attending – this must be complete, and confirmation received by our office (copy of certificate or letter from the first aid provider) in advance of the course date.
- ❑ Personal resume which includes:
 - Educational background
 - Related work experience
 - Goals for becoming a guide
 - Other information you feel is pertinent
- ❑ Hiking skills resume showing you have the minimum leading experience including the following: (see attached page for skills resume format)
 - A description of how you have gained a good understanding of hazards related to mountain and wilderness hiking
 - 30 day hikes, of which 10 should describe off-trail, travel in alpine terrain and a minimum of 700 meters elevation gain/loss.
 - 21 backpacking trip nights. Describe trips involving camping in alpine terrain.
 - Trips requiring map and compass use for navigation.
- ❑ References familiar with your personal hiking and backpacking background.
- ❑ Letter of recommendation or support. See guidelines below.

CONCERNING APPLICATIONS

Allow yourself adequate time to create a well-structured, organized, and complete application that arrives on time. Your application is a first impression, as such it plays a significant role in whether you will be accepted into the program or not. Poorly organized applications or unformatted resumes jeopardize your acceptance as your background, skills and qualifications may not be clear and/or may compare unfavourably to other applications. Please retain a copy of your application for your records or in case of loss.

APPLICATION DEADLINE

Applications must be complete and received by the CMSG Program office by the application closing date. Late or incomplete applications may not be accepted.

Application deadlines, course dates and fees can be viewed online at www.cmsg.info or contact the Program Office at **(250) 371-5838**. Dates and fees are updated regularly and may change without notice.

Applications must be delivered via e-mail. They should be saved in a .pdf package and e-mailed to cmsg@tru.ca. They should only be faxed if you don't have any other options.

NOTIFICATION OF ACCEPTANCE

Applicants will be notified of acceptance into the course, once accepted the course fee is due and must be paid in full to confirm placement. Please see payment details below.

If accepted and it becomes clear to the instructors that you are not at the standard indicted on your application, instructors have the right to remove you from further participation.

4. Hiking Experience Resume Format

Please use this format list the types and styles of hikes. This will present relevant information in a concise format. If you have more experience in any category, feel free to list these experiences as it will demonstrate greater depth to your experience.

20 Day Hikes

Route	Location/Area	Date
<i>Name of route/hike</i>	<i>area /range</i>	<i>month/year</i>
1.		
2.		
<i>Etc.</i>		

10 Day Hikes in Alpine Terrain with a minimum of 700 m elevation gain/loss

Route	Location/Area	Date
<i>Name of route/hike</i>	<i>area / range</i>	<i>month/year</i>
1.		
2.		
<i>Etc.</i>		

21 Backpacking Trip Nights

Route	Location/Area	Duration	Date
<i>Name of route/ hike</i>	<i>area / range</i>	<i>number of days</i>	<i>month/year</i>
1.			
2.			
<i>Etc.</i>			

5. Guidelines for Letters of Recommendation

The letter can be submitted with the application or sent directly cmsg@tru.ca.

- A. Please include the following in your letter:
 - a. Your name, contact information, occupation, and certification (if applicable)
 - b. The applicant's name
- B. Based on your personal experience of the applicant:
 - a. What is your relationship to the applicant (friend, mentor, supervisor)?
 - b. The length of time you have known the applicant
 - c. What is your impression of the applicant's hiking and backpacking skills (fitness, navigation, preparedness, risk management, interpretation, camping)?
 - d. What is your impression of the applicant's leadership and decision-making skills?
 - e. What is your impression of the applicant's potential as a hiking guide?
- C. Additional comments are welcome.
- D. Please sign and date your letter.

Sample Waiver

Thompson Rivers University
Adventure Studies Department

**RELEASE OF LIABILITY, WAIVER OF CLAIMS,
ASSUMPTION OF RISKS, INDEMNITY AGREEMENT, AND
JURISDICTION AGREEMENT**

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN
LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.
PLEASE READ CAREFULLY!

Initial

Please Print

Name:
Address:

- TO: THOMPSON RIVERS UNIVERSITY
(hereinafter referred to as "TRU")
- AND TO: HER MAJESTY THE QUEEN IN RIGHT OF THE PROVINCE OF BRITISH COLUMBIA
(hereinafter referred to as "THE PROVINCE")
- AND TO: THE ASSOCIATION OF CANADIAN MOUNTAIN GUIDES
(hereinafter referred to as "ACMG")

DEFINITIONS:

In this agreement:

- a) the term "SKIING" shall apply to "helicopter skiing," "snowcat skiing," "backcountry skiing," "snowmobile assisted skiing," "alpine skiing," "telemark skiing," "snowboarding" "cross country skiing," and "ski touring,"
- b) the term "CLIMBING" shall refer to "alpine climbing," "rock climbing," "ice climbing," "caving," "mixed climbing," and "mountaineering,"
- c) the term "HIKING" shall refer to "day hiking," "backpacking," and "snowshoeing."
- d) the term "RESCUE" shall refer to "rope rescue," "rock rescue," "cave rescue," "mountain rescue," "helicopter rescue," and "avalanche rescue,"
- e) the term "WILDERNESS TRAVEL" shall refer to all forms of land, air, and water based travel and shall include all activities, services and use of facilities either provided by or arranged by TRU or the ACMG or in any way related to skiing, climbing, hiking, rescue, and wilderness travel activities including, but not limited to: orientation and instruction sessions, transportation, accommodation, and recreational activities in addition to skiing, climbing, hiking, rescue, and wilderness travel;
- f) the term "TRANSPORTATION" shall refer to all forms of transportation off road and on public roads, private roads, and logging roads, including TRU owned vehicles, leased vehicles, ferries, airplanes, student owned vehicles, snowmobile, snowcat and helicopter either provided by or arranged by TRU or the ACMG or in any way related to skiing, climbing, hiking, rescue, and wilderness travel activities including, but not limited to: loading, unloading and travel in or movement around vehicles, snowmobiles, snowcats and helicopters.
- g) the term "INJURY" shall refer to all forms of physical, mental, and emotional injury in any way related to skiing, climbing, hiking, rescue, wilderness travel, and transportation activities including, but not limited to: death, breaks, strains, lacerations, dislocations, amputations, frostbite, hypothermia, trauma, anxiety, phobias, and fears.

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ASSUMPTION OF RISKS – AVALANCHES, ALPINE TERRAIN, SKI TERRAIN, CLIMBING TERRAIN, WILDERNESS TRAVEL, WEATHER, ETC.

I am aware that skiing, climbing, hiking, rescue, wilderness travel, and transportation involves risks, dangers and hazards in addition to those normally associated with travel in land, and air based wilderness environments. Avalanches occur frequently in the alpine terrain used for skiing and climbing and may be caused by but not limited to natural forces or by climbers or skiers. Rock fall, ice fall, climber falls, and skier falls occur frequently in the alpine terrain used for climbing and skiing and may be caused by but not limited to natural forces or by climbers or skiers. Bear or other wildlife attacks, rough or irregular terrain, and hiker falls are frequent hazards in the wilderness terrain used for hiking and may be caused by natural forces or hikers. Vehicle rollovers, overloaded roof racks, pulling trailers, inexperienced drivers, and hazardous driving conditions may occur in the type of transportation used for skiing, climbing, hiking, rescue, and wilderness travel and may be caused by but not limited to natural forces or people.

I acknowledge and accept that TRU or the ACMG and their staff may fail to predict whether the terrain used is safe for skiing, climbing, hiking, rescue, wilderness travel, and transportation or whether an accident may occur. The

terrain used for skiing, climbing, hiking, rescue, and wilderness travel is uncontrolled, unmarked, not inspected and involves many risks, dangers and hazards. These may include, but are not limited to: attacks by bears and other animals, ice and snow cornices, trees, falling trees, tree wells, tree stumps, creeks, rocks, boulders, forest deadfall, holes and depressions on or below the snow surface, steep slopes, cliffs, ice fall and rock fall, variable and difficult snow conditions, crevasses, snowcat roads and road banks, fences and other man-made structures, impact or collision with other skiers or climbers; hail, lightning, inclement weather, failure to predict weather, vehicle rollovers, overloaded roof racks, pulling trailers, unsafe driving, unsafe road conditions; the failure to ski or climb safely within one's own ability or within designated areas; human error, failure to forecast or recognize a hazardous situation, negligence of other skiers, climbers, hikers, or rescuers; and NEGLIGENCE ON THE PART OF OTHER STUDENTS, TRU, ACMG OR THEIR GUIDES, EMPLOYEES, AND CONTRACTORS INCLUDING THE FAILURE OF TRU OR ACMG OR THEIR GUIDES, EMPLOYEES, AND CONTRACTORS TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF WILDERNESS SKIING, CLIMBING, HIKING, RESCUE, WILDERNESS TRAVEL, AND TRANSPORTATION. Communication in the terrain used is difficult and in the event of an accident, rescue and medical treatment may not be available. Weather conditions may be extreme and can change rapidly and without warning, making travel by any means hazardous.

I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH SKIING, CLIMBING, HIKING, RESCUE, WILDERNESS TRAVEL, AND TRANSPORTATION AND I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE OR LOSS RESULTING THERE FROM.

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NOTICE TO SNOWBOARDERS AND TELEMAR SKIERS – INCREASED RISK

Unlike alpine ski boot and binding systems, snowboard and some telemark boot and binding systems are not designed or intended to release and will not release under normal circumstances. The use of such systems or the use of a safety strap or retention device by snowboarders or telemark skiers will increase the risk of not surviving an avalanche.

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NOTICE TO PARTICIPANTS OF PROFESSIONAL GUIDE TRAINING COURSES – INCREASED RISK

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Initial

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of TRU, the ACMG, and THE PROVINCE allowing me to participate in skiing, climbing, hiking, rescue, wilderness travel, and transportation, and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby agree as follows:

1. **TO WAIVE ANY AND ALL CLAIMS** that I have or may have in the future against **TRU**, the **ACMG**, and **THE PROVINCE** and their directors, officers, employees, instructors, guides, agents, independent contractors, representatives, successors and assigns (all of whom are hereinafter referred to as the "RELEASEES") and **TO RELEASE THE RELEASEES** from any and all liability for any loss, damage, expense or injury including death that I may suffer or that my next of kin may suffer as a result of my participation in skiing, climbing, hiking, rescue, wilderness travel, and transportation activity, **DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE OCCUPIER'S LIABILITY ACT, R.S.B.C. 1996, c.337, ON THE PART OF THE RELEASEES, AND INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF SKIING, CLIMBING, HIKING, RESCUE, WILDERNESS TRAVEL, AND TRANSPORTATION REFERRED TO ABOVE.**

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2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any property damage or personal injury to any third party resulting from my participation in skiing, climbing, hiking, rescue, wilderness travel, and transportation;

3. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any costs they may incur for medical costs, search and rescue, evacuation, and litigation resulting from my participation in skiing, climbing, hiking, rescue, wilderness travel, and transportation;

4. That this Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity;

5. This Agreement and any rights, duties and obligations as between the parties to this Agreement shall be governed by and interpreted solely in accordance with the laws of the Province of British Columbia and no other jurisdiction, and

6. Any litigation involving the parties to this Agreement shall be brought solely within the Province of British Columbia and shall be within the exclusive jurisdiction of the Courts of the Province of British Columbia.

In entering into this Agreement I am not relying on any oral or written representations or statements made by the Releasees with respect to the safety of skiing, climbing, hiking, rescue, wilderness travel, and transportation other than what is set forth in this Agreement.

Initial

I CONFIRM THAT I AM THE FULL AGE OF NINETEEN (19) YEARS AND I HAVE READ AND UNDERSTOOD THIS AGREEMENT PRIOR TO SIGNING IT, AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEES.

Signed this _____ day of _____, 20_____.

Signature of applicant
Print name clearly

Signature of witness
Print name clearly

THIS AGREEMENT MUST BE COMPLETED IN FULL, INITIALLED WHERE INDICATED, DATED, SIGNED AND WITNESSED PRIOR TO PARTICIPATING WITH TRU AND THE ACMG.
01/09/2008