

LEARN IT
SPEAK IT
LIVE IT



THOMPSON RIVERS
UNIVERSITY



Baihua Chadwick

Associate Vice-President International and CEO TRU World Global Operations

On behalf of Thompson Rivers University (TRU), let me extend a warm greeting. We realize there are many institutions where you could choose to study, so we are pleased you are considering TRU. We are a young institution with a rich history. We began as a community college in 1970, and have evolved into what we are today—a premiere Canadian student-centred institution offering programs ranging from English as a Second Language (ESL) to graduate degrees. TRU is home to over 13,000 on-campus students, including over 1,750 international students from more than eighty five countries and regions.

Our International Training Centre has been providing customized programming to students and professionals around the world for over 25 years, and is an international leader in facilitating learning opportunities. We have created a variety of programs to suit a wide range of educational needs. You can expect to work hard, but we always take the time for activities that will allow you to experience and to learn about Canadian culture. We hope you will also take the opportunity to share your culture with us. As the world becomes smaller, we believe it is important that we continually learn from one another. You have a unique story to share, and we hope you will come to TRU to share it with us.



TABLE OF CONTENTS

Thompson Rivers University.....	2
About TRU	2
Welcome to the International Training Centre	3

Language and Culture Open Programs..... 4

4-week Winter Language and Culture Program.....	5
4-week Summer Language and Culture Program....	6
3-week Summer Language and Culture Program....	6

Specialized Language and Culture Programs..... 8

Language and Culture Transition Program.....	9
University Success Summer Program	10
Wild, Wild, West Language and Culture Program...	11
Business English and Golf for Professionals	12
ESL and Skiing/Snowboarding.....	13

Programs with an Academic Focus..... 16

Academic Success Abroad	17
BC Offshore School Enhancement Program	18
Visiting Student Program	20

Professional Development Programs..... 21

Professional Development for Post-Secondary Educations	22
Professional Development for Teachers of English as a Foreign Language	23

English for Specific Purposes 25

Homestay 26

Optional Weekend Excursions and Day Trips..... 27

Frequently Asked Questions..... 28

BRITISH
COLUMBIA

Kamloops

Jasper

Banff

Vancouver

Victoria

CANADA

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NEW SCOTIA

WELCOME TO TRU

Thompson Rivers University

Located in the heart of Kamloops and overlooking the North and South Thompson Rivers, the TRU campus features plenty of green space, a botanical garden, and an impressive mix of historic and modern facilities.

A vibrant community of over 13,000 students from across Canada and around the world complete undergraduate and graduate degrees in addition to diplomas, apprenticeships, professional certificates, continuing studies, and ESL. Another 17,000 students take advantage of TRU's flexible learning options to study online or by distance through the Open Learning division. Students can also take programs at regional centres throughout the interior of BC, including a satellite campus in Williams Lake.

TRU focuses on the individual student experience with small classes, accessible faculty, research opportunities for graduates and undergraduates, co-op and study abroad programs, and a global competency distinction.

About TRU

- Public, government-accredited university
- More than 100 academic programs
- Founded in 1970
- 590 distance learning courses
- Based in Kamloops, British Columbia, Canada
- 13,000 students
- 1,750 international students from more than 85 countries and regions
- Granted the first Law School in Canada in the last 35 years

Accreditations and Affiliations

- Government of British Columbia
- Association of Universities and Colleges of Canada (AUCC)
- Languages Canada
- Council of International Schools
- Education Quality Assurance (EQA) Designation
- Education au/in Canada

Students from over 85 countries choose to study at TRU



Welcome to the International Training Centre at TRU

For over 25 years, Thompson Rivers University has been delivering customized training programs of the highest calibre, earning us world-wide recognition. Our intensive short-term programs are strategically balanced to maximize every opportunity for instruction while allowing participants enough time to gain an appreciation of Canadian culture and participate in carefully selected activities. The result is a rich and rewarding experience that will last a lifetime.

While this guide highlights many of ITC's open enrollment programs over 50% of the programs they deliver annually continue to be customized for our partners.

While many of the customized programs have a English as a Second Language / English for Specific Purpose component, and to some degree mirror our open enrollment programs, ITC has also delivered numerous technical training and professional development programs to a wide variety of partners. Our programs can be delivered on our campus or overseas at a location suiting the needs of our program participants.

Thompson Rivers University has such a diverse range of programming which gives ITC a broad scope of expertise to draw upon when it comes to developing programs. We strive to accommodate a wide variety of training needs, as can be seen from the sample of programs listed here.

TRU World, through ITC, works closely with international partner institutions, be- they for profit multinational corporations, governments or educational institutions, to develop programs tailored to the needs of the participants.

Past programs and partners include:

Program	
English Language and Customer Service Training for Telecommunications Site Managers in preparation for the 2008 Olympics in Beijing.	
Partner: China Network Communication	Location: Beijing, China
Respiratory Therapy Training for doctors and nurses.	
Partner: Hunan Peoples' Provincial Hospital and Hunan Ministry of Health	Location: Changsha, China
Vocational Trades Training for the Mining	
Partner: Kaiser Aluminum and Kaiser Jamaica Bauxite Corporation	Location: Manchester Plateau, Jamaica
Guest Services/ESP Program for Chilean Tour Operators.	
Partner: Government of Chile - Indigenous Development Corporation (CONADI)	Location: TRU Campus, Kamloops
English Teacher Training for In-Service Teachers.	
Partner: Municipal Corporation of Vina del Mar	Location: Vina del Mar, Chile

Common Features

Regardless of the specifications for each program, all of the programming we provide has the following elements in common:

- Student-centred instruction
- Customized, content-based curriculum
- Exciting cultural and recreational activities
- Experienced TESL certified instructors
- Integrated skills
- Communicative learning
- Flexible options for assessment
- A safe, supportive learning environment
- An intercultural campus
- Small class sizes
- Exit surveys to monitor and ensure quality

LANGUAGE AND CULTURE OPEN PROGRAMS

- 4–week Summer Language and Culture Program
- 3–week Summer Language and Culture Program
- 4–week Winter Language and Culture Program

Overview

Meeting the needs of hundreds of enthusiastic learners from around the world each year, our Language and Culture Open Programs form the cornerstone of all the programming offered by the International Training Centre.

Consequently, we’ve been able to broaden our program options to include 4 hands-on workshops that enable students to develop and expand their intercultural communications skills. In addition, students can now boost their learning opportunities by choosing from a series of very practical and relevant electives. A full array of carefully selected cultural and recreational activities are woven into each program, and ample time is reserved for level-appropriate English language classroom instruction. The result is a highly motivating and dynamic programming that will leave you with increased cultural knowledge, greater language proficiency, and a more informed world view.

What you will gain:

- Improved presentation skills
- Intercultural communications training
- Opportunities to practice English in real life situations
- Lifelong friendships with students from around the world

What is included?

- Homestay accommodations (meals included)
- Pick-up and drop-off at Kamloops Airport
- Orientation to TRU’s campus and the city of Kamloops
- Free wifi on campus
- Support of instructors in the classroom and during activities
- Costs of all scheduled cultural and recreational activities
- Support from our International Student Advisors

Though the primary focus of the English instruction is to equip students with the skills they need to fully participate in the array of activities, emphasis is placed on all core areas: speaking, listening, writing, reading, vocabulary and grammar.

Intercultural Communication Skills Workshops

Four thought-provoking workshops are presented to students at the beginning of all Language and Culture Open Programs. To begin, participants explore the meaning of culture and are introduced to basic elements of culture theory. From there, they experiment with key concepts related to both verbal and non-verbal communication. Finally, students are given the opportunity to reflect on their own unique strengths and weaknesses so they can create tangible goals for developing deeper cultural awareness.

Another function of these workshops is to facilitate assessment so that students can be grouped according to level of ability for the remainder of the program.

Electives

Students can choose one elective from some or all of the options below. Every effort will be made to ensure each student gets their first choice, but this may not always be possible. In these cases, second and third preferences will be taken into consideration.

1. **Applied English:** This is an exciting, project-based elective where, working in pairs, students complete a progression of specified tasks that culminate in a poster session. Poster sessions are common in academic settings and at conferences—and they provide an excellent framework for developing speaking, listening, reading and writing skills in an authentic and fun setting.
2. **Study Skills:** At times, students may wonder if they are truly efficient learners or if they are actually making the most of each opportunity to acquire new information. This elective explores strategies for creating attainable goals, increasing reading speed and comprehension, improving memory, and maximizing every minute of study time. Students will practice using a range of practical tools that will help them achieve academic success in a much more efficient manner.
3. **Preparation for Standardized Tests:** Test scores are critical and frequently determine academic and/or professional outcomes. While mastering content is essential, students also need to prepare themselves mentally and emotionally in order to achieve the best possible results in important examination situations.

continued on next page >

4-Week Winter Language and Culture Program				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Reception 9 a.m. – 10 a.m. Orientation 10 a.m. – 12 p.m. TRU Campus Tour 1 p.m. – 3 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Downtown City Tour 1 p.m. – 3 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Orientation to Kamloops 1 p.m. – 3 p.m.	Language Studies All Day	Language Studies 9 a.m. – 12 p.m. Tubing 1 p.m. – 4 p.m.
Language Studies 9 a.m. – 12 p.m. Curling 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Skiing or Snowboarding Sun Peaks Resort 7 a.m. – 4 p.m.	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies All Day
Language Studies 9 a.m. – 12 p.m. Hip-hop and Line Dancing 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Sleigh Ride 1 p.m. – 4 p.m.	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies All Day Varsity Game 7 p.m. – 9 p.m.
Language Studies 9 a.m. – 12 p.m. Indoor Rock Climbing 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Native Artwork 1 p.m. – 3 p.m. Blazers Hockey Game 7 p.m. – 9 p.m.	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 3 p.m.

In essence, students need to learn how to learn. This elective has been designed to guide students through the deconstruction of a standard exam, ensuring they gather proven tips and tricks for answering each and every section.

4. **Workplace English:** What can students do to improve their chances of getting the job they want? The answer is simple: be prepared! This interactive elective will guide students through all the important aspects of a job search including an individualized labour market survey, resume preparation, cover letter writing, and job interview skills. Upon completion, students will have a greater understanding of the North American job market as well as increased confidence.

5. **Leadership Skills:** There is no doubt that strong leadership skills are an asset for any career path. This elective will introduce students to basic leadership theory, help them to identify their own leadership styles, and present an array of interesting case studies that will clearly illustrate some of the challenges and rewards associated with leadership positions. As students progress through the course content, English skills will be enhanced in each of the core areas.

Minimum age requirement—16 years.



I like Canadian outdoor adventures the most. I couldn't get this kind of experience in Korea!! It was so valuable experience for me. Thank you!
—Student Quote

4-Week Summer Language and Culture Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Reception 9 a.m. – 10 a.m. Orientation 10 a.m. – 12 p.m. TRU Campus Tour 1 p.m. – 3 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Downtown City Tour 1 p.m. – 3 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Orientation to Kamloops 1 p.m. – 3 p.m.	Language Studies All Day	Language Studies 9 a.m. – 12 p.m. Outdoor Activities 1 p.m. – 3 p.m.
Canadian Outdoor Adventure 9 a.m. – 6 p.m.	Elective 9 a.m. – 12 p.m. Indoor Rock Climbing 1 p.m. – 3 p.m.	Language Studies All Day	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies All Day Student Social 7:00 p.m. – 10 p.m.
Language Studies 9 a.m. – 12 p.m. Golfing 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Waterslides Day Trip 9 a.m. – 4 p.m.	Elective 9 a.m. – 12 p.m. Horseback Riding 1 p.m. – 4 p.m.	Language Studies 9 a.m. – 12 p.m. Hiking 1 p.m. – 3 p.m.
Language Studies 9 a.m. – 12 p.m. Native Artwork 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Hip-hop and Line Dancing 1 p.m. – 3 p.m.	Language Studies All Day	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 3 p.m.

3-Week Summer Language and Culture Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Reception 9 a.m. – 10 a.m. Orientation 10 a.m. – 12 p.m. TRU Campus Tour 1 p.m. – 3 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Downtown City Tour 1 p.m. – 3 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Orientation to Kamloops 1 p.m. – 3 p.m.	Language Studies All Day	Language Studies 9 a.m. – 12 p.m. Outdoor Activities 1 p.m. – 3 p.m.
Canadian Outdoor Adventure 9 a.m. – 6 p.m.	Elective 9 a.m. – 12 p.m. Indoor Rock Climbing 1 p.m. – 3 p.m.	Language Studies All Day	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Horseback Riding 1 p.m. – 4 p.m.
Language Studies 9 a.m. – 12 p.m. Golfing 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Native Artwork 1 p.m. – 3 p.m.	Waterslides Day Trip 9 a.m. – 4 p.m.	Elective 9 a.m. – 12 p.m. Hiking 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 3 p.m.

STUDENT SOCIAL



Part of our 4-Week Summer Language and Culture Program, the Student Social, is an opportunity to interact with other international students. Students participating in many different programs during this time, are invited to attend. With a live DJ, photo booth, prizes and snacks, this event is always a highlight!



SPECIALIZED

LANGUAGE AND CULTURE PROGRAMS

- Language and Culture Transition Program
- University Success Program
- Wild, Wild, West Program
- Business English and Golf for Professionals
- ESL and Skiing/Snowboarding

Overview

Being able to respond to the unique needs of individual students as well as entire groups of learners is one of the keys to our success. Each of the following packages still retains the essence of our Language and Culture Programs but focuses on one specific area of interest.

The Transition Program has been created for international students who want to participate in a Language and Culture Program and are also registered for full-time academic studies in September. Additional components have been added to help these students adapt to campus life more easily.

The University Success Program has been designed for international students who are considering studying abroad and acquaints them with various aspects of campus life.

For those students who have a secret wish to travel back in history and experience frontier life, the Wild, Wild, West Program is the perfect fit.

With no less than thirteen golf courses and a world-class winter resort within minutes of our campus, our superb Golf Program and Skiing/Snowboarding Program offer exciting opportunities for the recreation enthusiast regardless of the season.



Language and Culture Transition Program

Adjusting to life in a new country can be exciting but also challenging. Now that you've made the important decision to study abroad, you might be feeling a little confused or anxious. Don't worry—you're not alone and we have some great news! We've created a special program to help you get answers to many important questions just like:

- What can I do to prepare for the placement test?
- How can I acquire some useful study skills?
- Will I be able to understand my instructors, or will they be speaking too fast?
- How are classrooms in Canada different from classrooms in my own country?
- Will it be difficult to adapt to the campus and the surrounding community?

We've added **six enhanced sessions** to our highly successful 3-Week Language and Culture Program (see page 5 for details) to meet the needs of international students who will be starting academic programs in September.

Enhanced Language Studies

The focus here is on preparing for the Accuplacer so you can achieve the best possible scores.

Enhanced Study Skills

Successful students know that learning new and efficient ways to study can make a huge difference. These workshops are packed with practical ideas for making your study time as efficient as possible.

What are the advantages?

- twelve additional classroom hours
- an opportunity to prepare for the Accuplacer and get a higher score
- increased level of English, especially your speaking and listening skills
- build confidence and reduce stress
- more time to get acquainted with the campus and the community you will be calling home

Reduced rate for students enrolled in a TRU academic program. This program has the same inclusions as our Language and Culture Open Programs.

3-week Language and Culture Transition Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Reception 9 a.m. – 10 a.m. Orientation 10 a.m. – 12 p.m. TRU Campus Tour 1 p.m. – 3 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Downtown City Tour 1 p.m. – 3 p.m. Enhanced English Studies 3:15 p.m. – 5:15 p.m.	Intercultural Communications 9 a.m. – 12 p.m. Orientation to Kamloops 1 p.m. – 3 p.m.	Language Studies All Day Enhanced Study Skills 3:15 p.m. – 5:15 p.m.	Language Studies 9 a.m. – 12 p.m. Outdoor Activities 1 p.m. – 3 p.m.
Canadian Outdoor Adventure 9 a.m. – 6 p.m.	Elective 9 a.m. – 12 p.m. Indoor Rock Climbing 1 p.m. – 3 p.m. Enhanced English Studies 3:15 p.m. – 5:15 p.m.	Language Studies All Day	Elective 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m. Enhanced Study Skills 3:15 p.m. – 5:15 p.m.	Language Studies 9 a.m. – 12 p.m. Horseback Riding 1 p.m. – 4 p.m.
Language Studies 9 a.m. – 12 p.m. Golfing 1 p.m. – 3 p.m.	Elective 9 a.m. – 12 p.m. Native Artwork 1 p.m. – 3 p.m. Enhanced English Studies 3:15 p.m. – 5:15 p.m.	Waterslides Day Trip 9 a.m. – 4 p.m.	Elective 9 a.m. – 12 p.m. Hiking 1 p.m. – 3 p.m. Enhanced Study Skills 3:15 p.m. – 5:15 p.m.	Language Studies 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 3 p.m.

University Success Summer Program

This six-week innovative and exciting program has four main objectives:

- Attend selected university lectures and experience campus life.
- Learn study skills that will help to ensure future university success in the chosen field of study.
- Improve academic English language proficiency.
- Experience Canadian culture and participate in a variety of exciting activities.

The focus of the first two weeks of this program is to explore the campus, attend lectures, interact with faculty, develop and expand study skills, and investigate options for education.


Classroom Visits

Students will have the opportunity to visit classrooms and observe selected lectures in various faculties on campus. This will allow students to gain familiarity with academic expectations and instructional styles.

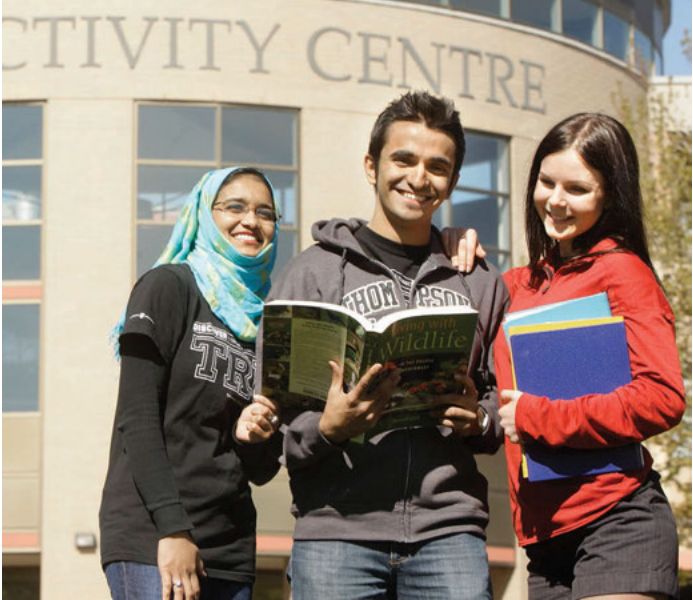
University Success

Regardless of their chosen field of study, students will advance more easily once they have acquired a thorough understanding of essential topics such as critical thinking skills, presentation skills, and leadership skills.

For the remaining four weeks of the program, students will join with other international students and participate in our Language and Culture program (see page 5 for details).



My teachers were patient and funny and because of that the classes were not boring. – Student Quote



Canadian Culture

Globalization has resulted in the need for today’s leaders to have an understanding of cultural dynamics. Upon completion of this program, students will have a fresh understanding of similarities and differences associated with many countries around the world.

What is included?

- Homestay accommodations (meals included)
- Support of instructors in the classroom and during activities for groups
- Free wifi on campus
- Program activities
- Custodianship
- Support from our International Student Advisors

Requirements:

- Intermediate level of English or above

University Success Program Schedule for First 2 Weeks						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					Arrive in Vancouver Vancouver City Tour	Vancouver City Tour
Arrive at TRU	Welcome Reception 9 a.m. – 10 a.m. Orientation 10 a.m. – 12 p.m. Downtown City Tour 1 p.m. – 3 p.m.	University Success 9 a.m. – 12 p.m. Faculty Presentations 1 p.m. – 3 p.m.	University Success 9 a.m. – 12 p.m. Faculty Presentations 1 p.m. – 3 p.m.	University Success 9 a.m. – 12 p.m. Hike to a local Waterfall 1 p.m. – 4:00 p.m.		
Canada Day Holiday	University Success 9 a.m. – 12 p.m. Classroom Visit 1 p.m. – 3 p.m.	University Success 9 a.m. – 12 p.m. Classroom Visit 1 p.m. – 3 p.m.	University Success 9 a.m. – 12 p.m. Classroom Visit 1 p.m. – 3 p.m.	University Success 9 a.m. – 12 p.m. Classroom Visit 1 p.m. – 3 p.m.		


After the first two weeks, move into the 4-Week Language and Culture Program.

Wild, Wild, West Language and Culture Program

British Columbia has a rich and colourful history of gold miners and train robbers, of hardworking pioneers and cowboys. This is the perfect setting for stepping back in time while experiencing a unique and thrilling English program.

Spend three weeks in the heart of beautiful British Columbia and...

- enjoy all the delights and thrills of a traditional fall fair and rodeo
- smell the sagebrush as you go horseback riding on a trail through the hills
- understand and appreciate important contributions made by First Nations people
- roll up your sleeves and pan for gold in a creek that made miners rich in the past
- go on an overnight camping trip and roast marshmallows over an open fire
- visit a historic ranch and go for a ride in an old-fashioned stagecoach



The language class with Sandra was awesome and we all learned a lot, we played games and songs to learn new words! It was awesome!
– Student Quote



What is included?

- Homestay accommodations (meals included)
- Pick-up and drop-off at Kamloops Airport
- Orientation to TRU’s campus and the city of Kamloops
- Free wifi on campus
- Support of instructors in the classroom and during activities
- Cost of all scheduled cultural and recreational activities
- Support from our International Student Advisors

Minimum age requirement—16 years.

Program Schedule						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						Arrive in Kamloops
Welcome Reception 9 a.m. – 10:30 a.m. Orientation 10:30 a.m. – 12 p.m. TRU Campus Tour 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Downtown City Tour and Shopping 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Native Artwork 1 p.m. – 3 p.m.	Local Ranch Visit 9 a.m. – 4 p.m.	Language Studies All Day	Fair and Rodeo Adventure 9 a.m. – 6 p.m.	
Language Studies 9 a.m. – 12 p.m. Horseback Riding 1 p.m. – 4 p.m.	Language Studies All Day	Canadian Outdoor Adventure / Overnight Camping Trip	Canadian Outdoor Adventure / Overnight Camping Trip	Canadian Outdoor Adventure / Overnight Camping Trip Return to TRU		
Language Studies 9 a.m. – 12 p.m. Gold Panning and River Hike 1 p.m. – 4 p.m.	Language Studies 9 a.m. – 12 p.m. First Nations Museum and Pit House Tour 1 p.m. – 3 p.m.	Hat Creek Ranch 9 a.m. – 5 p.m.	Language Studies All Day	Language Studies 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 3 p.m.	Depart Kamloops	

Business English and Golf for Professionals

Why not learn English while playing golf? Our program allows you to combine these two passions. Practice English with native English speakers while being active outside and playing golf on award-winning courses.

Business English

To be successful in today’s global work environment, businesspeople must be able to communicate confidently, accurately and effectively in English-speaking situations. Our unique program will help busy professionals master the English skills necessary to achieve their career goals.

What is included?

- Accommodation
- Transportation
- All green fees and cart rentals
- Personalized instruction from Canadian Professional Golfers’ Association (CPGA) professionals
- Unlimited access to course driving ranges and practice greens
- Optional club rental available
- Evening activities
- Support from International Student Advisors



Kamloops has many award-winning golf courses:

- Sun Rivers
sunrivers.com
 - Kamloops Golf and Country Club
kamloopsgolfclub.com
 - Pineridge
pinridgegolf.com
 - Rivershore
rivershoregolfinks.com
 - Sun Peaks
sunpeaksresort.com
- Eagle Point
eaglepointgolfresort.com
 - Mount Paul
mountpaulgolf.com
 - McArthur Island
mcarthurislandgolf.com
 - The Dunes
golftthedunes.com
 - Tobiano
tobianogolf.com

I could experience many things that I never had before. – Student Quote

Program Schedule						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						Arrive to Kamloops
Welcome Reception 9 a.m. – 10 p.m. Orientation 10 a.m. – 12 p.m. Golf Analysis and Lesson 1 p.m. – 4 p.m. TRU Dinner 5 p.m. – 7 p.m.	English for Golf 9 a.m. – 12 p.m. Practice and 18-Holes of Golf 1 p.m. – 3 p.m.	Fitness Training for Golf 9 a.m. – 10 a.m. Golf Lesson 10 a.m. – 1 p.m. Leadership Seminar 1 p.m. – 3 p.m.	Business English 9 a.m. – 12 p.m. Practice and 18-Holes of Golf 1 p.m. – 3 p.m.	Business English 9 a.m. – 12 p.m. Golf Lesson 1 p.m. – 4 p.m. Evening Activity 5 p.m. – 7 p.m.	Wine Tour 9 a.m. – 6 p.m.	Free Day
Business English 9 a.m. – 12 p.m. Golf Lesson 1 p.m. – 4 p.m.	Business English 9 a.m. – 12 p.m. Practice and 18-Holes of Golf 1 p.m. – 3 p.m.	Business English 9 a.m. – 12 p.m. Team Building Activity 1 p.m. – 3 p.m.	Business English 9 a.m. – 12 p.m. Practice and Final Golf Analysis 1 p.m. – 3 p.m. Evening Activity 5 p.m. – 7 p.m.	Golf Tournament and Farewell Dinner 9 a.m. – 6 p.m.	Depart Kamloops	



ESL and Skiing/Snowboarding

Combining morning Language lessons with afternoon skiing or snowboarding, students can develop their English skills while also improving their skills on the slopes. If you are passionate about English language training and improving your downhill form, this is the program for you!

All classes will be held at Sun Peaks Resort, a beautiful four-season destination that offers something for everyone.

What is included?

- Accommodation in Kamloops and at Sun Peaks Resort
- All lift tickets and ski/snowboard lessons
- Optional ski/snowboard rental available
- Costs of all scheduled activities
- Support from our International Student Advisors



I really enjoyed every moment. – Student Quote

Program Schedule						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						Arrive to Kamloops
Welcome Reception 9 a.m. – 10 a.m. Orientation 10 a.m. – 12 a.m. Campus Tour 1 p.m. – 3 p.m.	Sun Peaks Resort Orientation 9 a.m. – 12 p.m. Language Studies 1 p.m. – 3 p.m.	Language Studies 9 a.m. – 12 p.m. Ski/Snowboard Lesson 1 p.m. – 4 p.m.	Ski/Snowboard Lesson and Practice 9 a.m. – 4 p.m. Evening Activity 5 p.m. – 7 p.m.	Language Studies 9 a.m. – 12 p.m. Evening Activity 5 p.m. – 7 p.m.	Ski/Snowboard Lesson and Practice 9 a.m. – 4 p.m.	Ski/Snowboard Lesson and Practice 9 a.m. – 4 p.m.
Language Studies 9 a.m. – 12 p.m. Ski/Snowboard Lesson 1 p.m. – 4 p.m. Evening Activity 5 p.m. – 7 p.m.	Ski/Snowboard Lesson and Practice 9 a.m. – 4 p.m.	Language Studies 9 a.m. – 12 p.m. Free Afternoon Evening Activity 5 p.m. – 7 p.m.	Ski/Snowboard Lesson and Practice 9 a.m. – 4 p.m.	Language Studies 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 3 p.m.	Depart Kamloops	

Facts About Canada

- Second largest country in the world
- 35 million people
- Ten provinces, three territories
- Top UN ranking
- Multicultural: 1 person in 6 is a new immigrant
- Officially bilingual (English and French) but over 200 languages spoken
- Provinces are responsible for education

Facts About Kamloops

- Modern, safe, and comfortable city of almost 100,000
- Vibrant cultural life
- Over 200 lakes nearby
- Many golf courses
- Spectacular natural setting
- Affordable cost of living
- Wide range of outdoor, city, and campus activities
- 3.5 hour drive or 45 minute flight from Vancouver
- 45 minute drive to Sun Peaks Resort, one of North America's top-ranked ski and snowboard resorts where the Austrian National Ski Team practices.
Sun Peaks Named Top Two in Best Canadian Ski Destinations by Canadian Living Magazine.
- Exceptional climate
 - › #1 in Canada for beautiful summers
 - › #2 for warmest spring
 - › #2 for driest city climate
 - › #2 for most sunny days in warm months
 - › 2,040 hours of sunshine per year
 - › Median high temperature: 21°C

Facts About TRU

- Founded in 1970, TRU is a public, degree-granting university
- Almost 13,000 students on campus during Fall and Winter semesters
- More than 1,750 international students from over 85 countries
- 17,000 distance students
- TRU is in the heart of Kamloops, within walking distance of everything you need
- 11% Aboriginal students
- Average class size—1st year: 39 students, 4th year: 20 students



Photo by Kelly Funk



Bruce: Excellent School, Excellent Faculty



TRU Moose: Kamloops is amazing for its ability to accommodate a variety of sports and activities. From snowboarding to waterskiing... you can try it all!



PROGRAMS WITH AN ACADEMIC

- Academic Success Abroad Program
- BC Offshore School Enhancement Program
- Visiting Student Program

Overview

Just as there are significant variations among different cultures around the world, so too are there variations associated with virtually every aspect of education. These differences can be quite overwhelming as students struggle to adapt to new methods of instruction, unfamiliar writing styles, different criteria for assessment, new ways of thinking, and so on. The comprehensive, three-part Academic Success Abroad Program was developed to specifically offset these challenges and ensure greater success. Since its launch, the response to this program has been extremely positive.

International high school students who intend to write the British Columbia Provincial Exams have a similar set of challenges. The BC Offshore School Enhancement Program has been designed to prepare students for the English and Social Studies portions of the exams by concentrating on critical English skills and expanding foundational knowledge.

FOCUS

Academic Success Abroad

This customized program is developed to prepare students to be successful while studying at a North American university. Students will be introduced to practical skills that will help to ensure academic success. This new and innovative program equips students with important skills and practical information they can use to make the most of every minute they are studying abroad.

The University Preparation Study Abroad Program consists of three delivery components.

Part 1: On-site Teacher Training

(1 week)

A qualified TRU instructor will travel to the host school to provide an overview of the customized curriculum package which will be presented to students in their weekly after school sessions. While previewing the lessons and activities, the TRU instructor will also ensure the teachers are familiar with instructional techniques and methodology required for the delivery of the curriculum.

Benefits of Academic Success Abroad Program

- Students at host institutions have access to Canadian curriculum while studying
- Admission process is streamlined for students applying for TRU programs upon program completion
- Students can prepare for university while in their final year of high school
- No State examination is required at the end of 11th grade classes
- Students are academically and culturally prepared to transition smoothly into North American university life

Current Partners

- School Konsol in Kiev
- Zhytomyr State Pedagogical University in Zhytomyr



It has been a pleasure to be considered as a TRU student. – *Student Quote*

Part 2: After School Program (2 hours per week, September to May)


Upon completion of the On-Site Teacher Training program, high school teachers will then be qualified to deliver the Academic Success Abroad to 11th grade students. Instruction is to be delivered in English and classes are held once per week for approximately two hours. Topics have been carefully selected to prepare students for success in North American post-secondary institutions and include the following: Cultural Studies, Academic Writing, Critical Thinking Skills, Presentation Skills, Campus Success, and Reports and Research Skills. Each of the six units includes a final test and a cumulative exam is given to students at the end of the entire program.

Part 3: Study Abroad Program (2 weeks)

Students who are enrolled in the Academic Success Abroad Program above have the option of attending the two-week Study Abroad Program delivered at the TRU campus. Instruction is designed to complement the content of the University Pathway Program. In addition, students will complete an Accuplacer test to determine their level of English proficiency. While becoming more familiar with the university setting, students will also learn more about Canadian culture and participate in a variety of cultural activities in a safe and friendly environment.

BC Offshore School Enhancement Program

This summer, students can have an adventure in Canada and get a head start on their BC program coursework! Thompson Rivers University has designed a special program that will support BC English and Social Studies classes. It will also provide students the opportunity to develop skills for success on their provincial exams and future studies at university. The four-week program, which is designed and overseen by experienced BC offshore school teachers, is a perfect mix of classroom lessons and real life Canadian activities that will support what has been learned in the classroom.



TRU is one of the most gorgeous schools that I have ever seen. This university is like a school in a park. All of them (our three teachers) taught us a lot and gave us something important for life. TRU gave me an unforgettable experience!

– Student Quote

English

A carefully-selected series of lessons and activities will enable students to develop and expand their English skills. Course content will focus on Speaking and Listening, Writing and Representing, Reading and Viewing, and Synthesis Writing to enhance the skills taught by their BC teachers; this course will provide specific instruction on developing skills required to be successful on the BC provincial exams.

Social Studies

In keeping with the established goals and objectives of the BC Social Studies curriculum, students will have an exciting opportunity to explore relevant issues related to Canada’s history and identity. Students will be engaged in provincially examinable themes such as Politics and Government and Society and Identity. By the end of the course, students will have a much greater understanding of Canada’s past, present and future.

Program Schedule				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Reception 9 a.m. – 10 a.m. Orientation 10 a.m. – 12 p.m. Campus Tour 1 p.m. – 3 p.m.	Program Overview 9 a.m. – 12 p.m. Downtown City Tour 1 p.m. – 3:30 p.m.	English Studies 9 a.m. – 10:30 a.m. Study Skills 10:45 a.m. – 12 p.m. Cultural Studies 1 p.m. – 3 p.m.	Social Studies 9 a.m. – 10:30 a.m. English Studies 10:45 a.m. – 12 p.m. First Nation Museum and Residential School Tour 12:45 p.m. – 3:30 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Study Skills 1 p.m. – 3 p.m. IELTS 3:15 p.m. – 5:00 p.m.
Social Studies 9 a.m. – 10:30 a.m. English Studies 10:45 a.m. – 12 p.m. Cultural Studies 1 p.m. – 3 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Study Skills 1 p.m. – 3 p.m. IELTS 3:15 p.m. – 5:00 p.m.	Social Studies 9 a.m. – 10:30 a.m. English Studies 10:45 a.m. – 12 p.m. Horseback Riding 12 p.m. – 4:30 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Study Skills 1 p.m. – 3 p.m. IELTS 3:15 p.m. – 5:00 p.m.	Social Studies 9 a.m. – 10:30 a.m. English Studies 10:45 a.m. – 12 p.m. Cultural Studies 1 p.m. – 3 p.m.
Canadian Outdoor Adventure 8:30 a.m. – 6:30 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Study Skills 1 p.m. – 3 p.m. IELTS 3:15 p.m. – 5 p.m.	Social Studies 9 a.m. – 10:30 a.m. English Studies 10:45 a.m. – 12 p.m. Cultural Studies 1 p.m. – 3 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Study Skills 1 p.m. – 3 p.m. IELTS 3:15 p.m. – 5:00 p.m.	Social Studies 9 a.m. – 10:30 a.m. English Studies 10:45 a.m. – 12 p.m. Cultural Studies 1 p.m. – 3 p.m.
Social Studies 9 a.m. – 10:30 a.m. English Studies 10:45 a.m. – 12 p.m. Native Artwork 1 p.m. – 3 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Study Skills 1 p.m. – 3 p.m. IELTS 3:15 p.m. – 5 p.m.	Old Courthouse Tour 9 a.m. – 11 a.m. English Studies 11:15 a.m. – 12:30 p.m. Cultural Studies 1:30 p.m. – 3 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Study Skills 1 p.m. – 3 p.m. IELTS 3:15 p.m. – 5:00 p.m.	English Studies 9 a.m. – 10:30 a.m. Social Studies 10:45 a.m. – 12 p.m. Closing Celebration 1 p.m. – 3 p.m.

*Activities subject to change without notice.

Cultural Studies

There is no doubt that globalization will continue to expand as the 21st century progresses. To meet the challenges and opportunities that lay ahead, students will need to be equipped with a fundamental knowledge of culture theory and have some experience with intercultural communication. During their four-week stay students will be given opportunities to meet and mix with other TRU students from other cultures.

International English Language Testing System (IELTS)

Obtaining an impressive outcome on the International English Language Testing System (IELTS) is the gateway to undergraduate and post-graduate studies for many learners. Emphasis in this course is on the nuances associated with this particular exam, enabling students to face their next formal testing session with greater knowledge and increased confidence.

Study Skills


Academic success can be greatly enhanced when students are given an opportunity to pause and consider their own study habits and how those habits compare with cutting-edge techniques. Students will be given new strategies for developing critical thinking skills, for collaborating with peers, for managing time, and for processing information.

Activities

The purpose of the scheduled activities is to acquaint students with unique aspects of Canadian culture that reinforce and connect important concepts learned in the Social Studies and English curricula. Activities could include a visit to the courthouse to watch the legal system in action, a First Nations Residential School, a horseback riding session, gold panning, canoeing, and more.

What is included?

- Homestay accommodations (meals included)
- Pick-up and drop-off at Kamloops airport
- Free wifi on campus
- Support of instructors in the classroom and during activities
- Costs of all scheduled cultural activities
- Support from our International Student Advisors



In my cultural classes, our teacher took us to the residential school, the court, downtown, and in general around the city. I knew lots of tough and interesting things after I visited these places. We also studied some IELTS skills which was necessary for us to pass the IELTS. Our IELTS teacher taught us a lot of skills, and I enjoyed having their classes since it was full of fun and education.

– Student Quote





Visiting Student Program

The Visiting Student Program at TRU provides students from other countries a study abroad opportunity in Canada. All courses will be counted towards university credits at the student's home institution, based on the agreement between TRU and the partner institution.

Duration: One or two semesters

Program Structure

Five Courses:

1. Intercultural Communications (mandatory course)
2. Global Employment Skills (mandatory course)
3. Leadership Skills (mandatory course)
4. Open Learning Elective (selected from TRU OL course list)
5. General Elective (based on Partner Institute's request and might be jointly delivered)



PROFESSIONAL DEVELOPMENT PROGRAMS

- Professional Development for Post-Secondary Educators
- Professional Development for Teachers of English as a Foreign Language



Overview

Staying current within a field is essential in today's competitive world, and some would say this is especially true for the teaching profession. Our professional development programs are designed to introduce participants to the latest developments in the theory and practice of education. Cutting-edge advancements pertaining to universal themes such as classroom instruction, integration of technology, and assessment, to name just a few, are presented in interactive workshop formats. Upon completion, participants are equipped with an impressive collection of instructional techniques and resources that can be put to use the moment the educators step back into their classrooms. Programs deliverable overseas by TRU.

What is included?

- Homestay accommodations (meals included)
- Dormitory option also available
- Wifi on campus
- Access to library and computer labs
- Support of instructors in the classroom and during activities
- Classroom instruction
- Graduation certificate
- Unlimited use of the local public transportation system
- Costs associated with scheduled cultural activities
- Support from our International Student Advisors

Professional Development for Post-Secondary Educators

Participants will develop and expand their understanding of current pedagogical theory, the main focus of this program is on providing a wide array of proven instructional techniques and strategies that can be easily adapted to suit a wide range of areas of expertise and classroom situations. Content is delivered in a communicative, learner-centred format where our instructional team takes on the role of facilitators.

A popular component of the program is the time that is allocated for small group as well as one-on-one seminars. Note that because past participant expressed a keen desire to also have an opportunity to upgrade their English skills, several hours of supplemental English instruction have been added per week.



Program Schedule				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Reception 9 a.m. – 10:30 a.m. Orientation 10:30 a.m. – 12 a.m. Campus Tour 1 p.m. – 2 p.m. City Tour 2 p.m. – 4 p.m.	Orientation to Canada Snapshots of Canadian Culture 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	East versus West 9 a.m. – 12 p.m. Learning Outcomes 1 p.m. – 4 p.m.	Critical Thinking Skills 9 a.m. – 11 p.m. Computer Lab Session Instructional Profiles 11 a.m. – 12 p.m. Golfing – Driving Range 1 p.m. – 4 p.m.	Student-Centred Learning 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.
Class Visit 9 a.m. – 12 p.m. Activity Prep 1 p.m. – 2 p.m. Small Group Seminar 2 p.m. – 4 p.m.	Learning Styles 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	Options for Assessment 9 a.m. – 12 p.m. Hike to a Local Waterfall 1 p.m. – 4 p.m.	Bloom's Taxonomy 9 a.m. – 12 p.m. Guest Lecture: Technology in the Classroom 1 p.m. – 4 p.m.	Giving and Receiving Feedback 9 a.m. – 12 p.m. English for Educators 1 p.m. – 2 p.m. Native Artwork 2 p.m. – 4 p.m.
Class Visit 9 a.m. – 12 p.m. Activity Prep 1 p.m. – 2 p.m. Small Group Seminar 2 p.m. – 4 p.m.	Exploring Professional Development 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	Visit to Historic Hat Creek Ranch 9 a.m. – 4 p.m.	Micro Lessons 9 a.m. – 12 p.m. Guest Lecture: Action Research 1 p.m. – 2 p.m. English for Educators 2 p.m. – 4 p.m.	E-Learning 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.
Motivation in the Classroom 9 a.m. – 12 p.m. Activity Prep 1 p.m. – 2 p.m. Small Group Seminar 2 p.m. – 4 p.m.	Portfolio Development 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	Innovative Course Design 9 a.m. – 12 p.m. 9-Holes of Golf 1 p.m. – 4 p.m.	English for Educators 9 a.m. – 12 p.m. Guest Lecture: Creativity in the Classroom 1 p.m. – 4 p.m.	Exit Survey 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 2 p.m.

*Activities subject to change without notice.

Professional Development for Teachers of English as a Foreign Language

In the Instructional Methodology portion of the program, participants will develop and expand their understanding of current trends in pedagogical theory. However, the main focus will be on equipping participants with a wide array of proven instructional techniques and strategies for teaching each of the core language skills at all levels of ability.

The goal of the English for Educators component is to assist participants with fine-tuning their English proficiency by focusing on important areas such as error identification, accent reduction, etc. A very popular component of the program is the time that is allocated for small group as well as one-on-one seminars. This is where specific questions and concerns can be addressed. Content is delivered in a communicative, learner-centred format where our instructional team takes on the role of facilitators.



I have more self-confidence! –Student Quote

Program Schedule					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Welcome Reception 9 a.m. – 10:30 a.m. Orientation and Overview 10:30 a.m. – 12 p.m. City Tour 1 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. Campus Tour 1 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. Canadian Studies 1 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. Library Tour and Computer Lab Orientation 1 p.m. – 4 p.m.	English for Educators 9 a.m. – 12 p.m. Computer Lab Session Instructional Profiles 1 p.m. – 4 p.m.	Tour of Sunmore Ginseng 10 a.m. – 12 p.m.
Instructional Methodology 9 a.m. – 12 p.m. School District Presentation 1 p.m. – 2 p.m. English for Educators 2 p.m. – 4 p.m. Seminar 4 p.m. – 6 p.m.	Instructional Methodology 9 a.m. – 12 p.m. School Visit 1 p.m. – 2 p.m. Golf Lesson 2 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. Canadian Studies 1 p.m. – 4 p.m.	School Visit 9 a.m. – 12 p.m. Guest Lecture: Technology in the Classroom 1 p.m. – 4 p.m.	
Instructional Methodology 9 a.m. – 12 p.m. English Language for Teachers 1 p.m. – 4 p.m. Seminar 4 p.m. – 6 p.m.	Instructional Methodology 9 a.m. – 12 p.m. Guest Lecture: Creativity in the Classroom Part I 1 p.m. – 4 p.m. Wine Appreciation Seminar 4 p.m. – 6 p.m.	Instructional Methodology 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. School Visit 1 p.m. – 4 p.m.	Canadian Studies 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	Kelowna Day Trip 8:30 a.m. – 7:00 p.m.
Instructional Methodology 9 a.m. – 12 p.m. English for Educators 1 p.m. – 3 p.m. Seminar 4 p.m. – 6 p.m.	Instructional Methodology 9 a.m. – 12 p.m. Guest Lecture: Creativity in the Classroom Part II 1 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. English for Educators 1 p.m. – 4 p.m.	Instructional Methodology 9 a.m. – 12 p.m. Closing Celebration 1 p.m. – 4 p.m.	Depart Kamloops Airport	

*Activities subject to change without notice.



ENGLISH FOR SPECIFIC PURPOSES

The International Training Centre at TRU has a proven track record for responding to the unique demands of various groups of professionals. The English for Specific Purposes (ESP) programs we provide are intensive in nature and target the precise vocabulary and expressions required by the participants. Utilizing a combination of authentic materials and engaging experiential learning activities, these programs focus on listening, speaking, reading and writing skills. The result is more efficient and effective communication in professional contexts.

English and the Environment

This program will introduce learners to basic concepts about the environment and individual environmental responsibilities. Through workshops held both on and off the campus, students will learn how to contribute to a cleaner and healthier community. Hands-on lessons, including a workshop led at Kamloops state-of-the-art Water Treatment Facility, will demonstrate the importance individuals have on the overall well-being of our environment. Participants will also learn about TRU's environmental sustainability initiatives while touring TRU's certified LEED building, The Brown Family House of Learning.

Business English and Canadian Culture Program

With globalization and international business on the rise, today's global students must be proactive to ensure they are considered in the job market. This customized program will give students the tools to prepare English versions of important employment documents such as resumes and cover letters. During business English, transferable business skills such as initiating conversations, making telephone calls, negotiating in meetings, using email, handling complaints and explaining procedures will also be covered.

General English will increase proficiency in all areas of English while Intercultural Communications workshops will introduce students to the key elements of cultural theory and cultural competency.

Guided tours will allow students to gain insights into successful local organizations located in or around Kamloops, learning about overseas marketing initiatives and processes and requirements for hiring international workers. Guest lectures and a 10-hour job shadow opportunity are also included in this program.

Skill Development & Field Work Program

To function successfully in professional settings, automotive and mechanical engineers must have more than a thorough understanding of systems, components, and processes. They must also be able to communicate clearly with supervisory personnel, colleagues, and customers. The goal of the language studies component of this program is to equip learners with both the oral and written communication skills they will need to fully participate in each of the other two parts of the program, classroom instruction and job shadow.

Students will be introduced to many skills that are essential for any person who aspires to work in the automotive and mechanical design industry. Subject areas will be taught in both classrooms and labs so students are able to put the theory into practice.

Job Shadow Component:

This module provides an opportunity for students to gain Canadian workplace experience in a local business establishment. It is designed to integrate classroom theory and practical work experience and provide students with realistic exposure to the actual day-to-day operations. Students will "shadow" an experienced employee, and then gradually assume additional duties and responsibilities. After completing the job shadow, students have invaluable experience to include on their résumé.

This program can be adopted for any field of study.



HOMESTAY

Students in the International Training Centre programs can enjoy the added bonus of being immersed in the English language while living with a Canadian homestay family. Homestay placements provide students with three meals per day, the opportunity to speak English outside of the classroom in a supportive and comfortable environment and to experience firsthand the day-to-day lifestyle of typical Canadian families. Strong bonds of friendship often develop between visiting students and their homestay families, and it is not uncommon for these friendships to last long after the program has ended.

Our homestay families are passionate about Canada and about TRU. They open up their homes because they recognize the importance of building a global community, and exchanging cultural experiences is a terrific way to help students improve their English. Canada is a land of diversity and several of our homestay families have immigrated to Canada themselves. As a result, they understand the opportunities and challenges of adapting to a new culture.

Each homestay family is unique. Some students may prefer staying with busy working professionals while others may enjoy the opportunity to spend time with a retired couple. Some may prefer a quiet household with one adult while other may choose to experience life in a large family. Residences vary too, with some being cozy condominiums and others being spacious homes. On another note, many Canadians enjoy the added companionship that comes from having pets. Regardless of the differences, our homestay families all have one thing in common—they are all eager to welcome students to TRU, to our community, and to their homes.



I enjoyed staying with my host family. We had just amazing time together. I would like to keep in touch with them. –*Student Quote*



My host dad helped me and my roommate with our pronunciation and taught us new words. My host mother explained to us every time we asked her anything! –*Student Quote*



I love my host family! They help me! So kind. –*Student Quote*



I can practice English with my homestay family because I have lots of things to tell them about the class! –*Student Quote*

OPTIONAL WEEKEND EXCURSIONS AND DAY TRIPS

Optional weekend excursions and day-trips can be added on to any program and tailored to meet the needs and budget of our clients.

Vancouver

Visit historic Stanley Park, including the totem poles, witness the jaw-dropping scenic views from Capilano Suspension Bridge, shop along infamous Robson Street, explore the history and boutiques of Gastown, the city's oldest neighborhood, and marvel at the artisans and local produce on Granville Island.

Groups flying into Vancouver airport find it desirable to include a one or two night stay in Vancouver before being transported to TRU. However, including a Vancouver trip at the end of the program can be a nice finale to your time in Canada.

Okanagan Wine Country

No trip to BC is complete without a visit to BC's largest grape growing region, beloved for the unparalleled climate and landscape. If you are interested in learning about wine and visiting local wineries, this is the trip for you. Don't worry we will also stop at Orchard Park Shopping Centre, Kelowna's premier shopping mall!



I like the outdoor activities such as canoeing, horseback riding. –*Student Quote*

Banff

Located in Alberta's Rocky Mountains, Banff is a town within Banff Provincial Park, and well worth the trip to explore its outdoor beauty! The drive from Kamloops to Banff will fly by as you stop at many sightseeing locations along the way and marvel at the beauty outdoor your bus window. Sightseeing stops include Emerald Lake, Jasper and Mount Robson Viewpoint, just to name a few.



I like to play games while we were learning all the new vocabulary, idioms and phrasal verbs. –*Student Quote*



Talking with international friends and teacher is best. We can share our culture and thinking. –*Student Quote*

Sun Peaks Resort

Kamloops is located 45 minutes away from beautiful Sun Peaks Resort. Regardless of the season, there is always an adventure waiting for you at this world-class resort. During the winter months, outdoor enthusiasts come from all over to ski and snowboard, and summer brings golfing, hiking, outdoor concerts and the local farmers market.

Victoria

Visit the capital of British Columbia, located on Vancouver Island and well known for its old world charm and new world experiences. Home to the Parliament Buildings, the Empress Hotel, Beacon Hill Park and numerous colourful gardens, including Butchart Gardens, Victoria is well worth a visit!

Whistler Blackcomb Mountain

Whistler Blackcomb, home to some of the events held during the 2010 Winter Olympics, is located four hours from Kamloops. Ranked North America's No. 1 ski resort, Whistler Blackcomb offers over 200 marked runs during the winter months and a variety of activities during the summer, sightseeing on the Peak 2 Peak Gondola among them.

FREQUENTLY ASKED QUESTIONS

Why should I study abroad?

There are many personal benefits of studying abroad, and ways to grow both professionally and personally. Some students wish to study abroad to discover a new career path or to look good in a job interview while others have a strong desire to learn about a new culture and language while gaining interpersonal skills and seeing the world.

Why is an ITC program right for me?

- Kamloops is a very safe community with 100,000 residence (13,000 students)
- All homestay families have mandatory criminal record checks and houses are visited by a TRU representative to ensure our TRU standard is met
- TRU World has International Student Advisors (multilingual team) available for personal assistance on all aspects of your student life in Canada
- You will be oriented to the TRU campus and the Kamloops community upon start of your program
- Studying abroad is a great way to learn about the Canadian culture first-hand and the best way for you to expand your English speaking abilities

Can I register for a TRU World ITC Program if I have very limited English?

Yes, you are welcome to register regardless of your level of English. Our open programs are developed to accommodate multi-level students.

You will be given the opportunity to learn in the classroom but also outside of the classroom during activities and while spending time with your homestay families.

What TOEFL or IELTS score do I require to register for a TRU World ITC program?

We do not require your TOEFL or IELTS score for registration. Upon the start of your program, we use a series of assessment tools to accurately place you into a class with peers who share a similar level of English.

Do I require a travel visa to study abroad?

This depends solely on your country of origin. Inquire into your country's requirements well before your departure date.

How do I arrange payment for my registration fee?

Once you have made the decision to study abroad, contact the ITC for the appropriate application form. The completed form must be sent back to ITC with your method of payment. Payment can be made via bank transfer or by a credit card. Credit cards will be charged shortly after receiving your application and you will be sent a receipt once payment is complete.

How do I pay the homestay family that I will be living with?

Homestay accommodations, including three meals per day, are included in your registration fee. The price includes the night before the program begins as well as the night of closing celebrations. Additional nights are at your own expense and must be arranged directly with your assigned homestay family.

How far is Kamloops from Vancouver and what is the best way to get there?

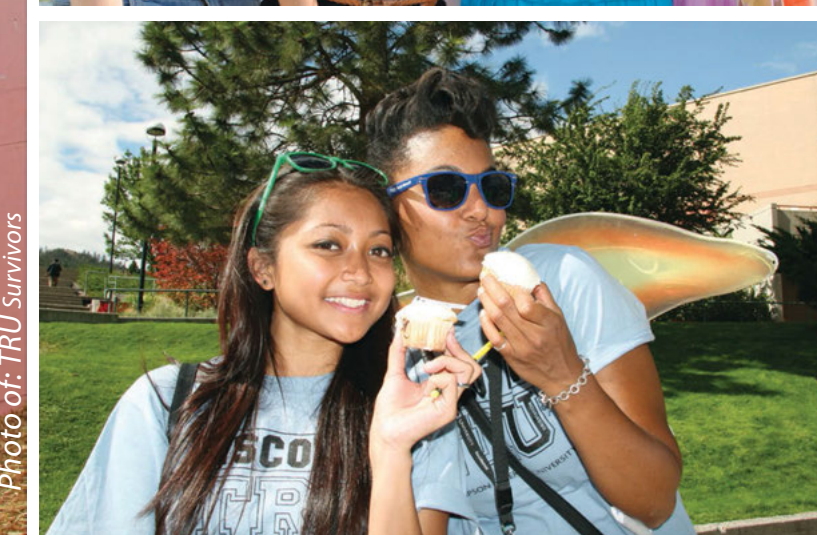
Kamloops is a 3.5-hour drive, or 45-minute flight, from Vancouver. The most cost-efficient form of transportation is the Greyhound bus, however, a flight will reduce your travel time and can be the most convenient.

Do I need medical coverage?

Yes, each participant is required to purchase adequate medical coverage for the duration of the program, at their own cost. Contact the ITC for further information regarding options.

Checklist for Applicants

- ☐ Passport: will it remain valid for the duration of your time aboard?
- ☐ Student Visa: depending on your country of origin
- ☐ Book your flight
- ☐ Medical Coverage
- ☐ Trip Insurance
- ☐ Finances: money that is accessible for the duration of your trip
- ☐ International cell phone or phone card
- ☐ Clothing and Toiletries: keeping in mind the culture and climate of your destination



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