

Smudging is an Aboriginal tradition which involves the burning of sweetgrass, sage and/or cedar. Sage smudge produces a very strong and distinct aroma but the smoke associated with it is minimal and lasts a very short time. Sweetgrass has a very mild aroma and produces even less smoke than sage. A smudge is burned primarily for purification and to help to create a positive mind set. Tobacco is used in pipe ceremonies by pipe carriers.

BC's Tobacco Control Act, allows for the "ceremonial use of tobacco in or on school property if the ceremonial use of tobacco is approved by the board and it is performed in relation to a traditional aboriginal cultural activity". Thompson Rivers University acknowledges that "smudging" is part of Aboriginal traditional way of life and therefore permitted on campus under certain conditions.

For more information contact:

Services to Aboriginal Students

1-250-852-7198

http://www.tru.ca/studentservices/aboriginal/team.html

FROM:	TO:	