



PACK ACADEMIC EDGE (PACE)

WINTER 2018 – Monday nights from 4:00-8:00 in HL 204

Are you a first-year student athlete? Take advantage of the Pack ACademic Edge (PACE) program.

PACE provides academic support in an informal study session led by upper-year athletes — providing the opportunity to study casually with peers yet with a planned and strategic approach. Get coaching on learning strategies, improve your study habits and learn about on campus resources. Student athletes are encouraged to attend every Monday night.

The PACE program is sure to keep you on track and motivated throughout the semester as you balance your athletic and academic commitments.

Questions?

Contact Sara Wolfe swolfe@tru.ca
778-471-8352



tru.ca/pace  [wolfpackPACE](https://www.facebook.com/wolfpackPACE)

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Targeted/ Outreach/ Proactive

- Targeted:** support first year student athletes and more
Outreach: connect through FluidSurveys, Facebook and email
Proactive: inform about available supports, encourage early access to support through the referral process, provide coaching on effective learning strategies

PACE Leaders

Sasha Sirianni	Soccer	Science/Writing	4:00-6:00
Tim Edge	Volleyball	Psychology/ Arts/ Writing	4:00-4:30, 6:30-8:00
Cole Hooper	Soccer	Science/Writing	4:30-6:30
Kaitlin Lomas	Volleyball	Psychology/ Arts/ Writing	5:00-7:00
Micheal Rouault	Basketball	Science/ Management	5:30-7:30
Emily Vilac	Basketball	Science/ Writing	6:00-8:00
Cole Keddie	Volleyball	Science/ Writing	6:00-8:00

Session Schedule:

January 15, 22, 29
February 5, 26
March 5, 12, 19, 26
April 9

IDENTIFY

- Keep an eye out for changes in behaviour
- Watch for academic, emotional, behavioural and social indicators

SUPPORT

- Ask about specific behaviour
- Encourage getting support
- Provide options

REFER

- Call or accompany student to on-campus services
- Inform that services are free and confidential
- Follow-up/ Check-in