

Using an e-book compilation of *Westcoast Reader* stories to teach strategic reading

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The Westcoast Reader

The Westcoast Reader is a newspaper for beginning adult readers in British Columbia.

It is designed to help new readers develop reading skills while providing interesting and relevant information with an adult focus.

The newspaper is accompanied by Teachers' Notes which include exercises for learners as well as suggestions and resources for teachers.

THOUSANDS TAKE PART IN TERRY FOX RUN



Top: More than 2,000 people took part in the Terry Fox Memorial Run in Coquitlam. The course was 10 kilometres. Some people ran, some walked and some cycled. A few people in wheelchairs also finished the course.

Bottom: Terry Fox, a hero to many Canadians.

On Sunday, September 19, thousands of Canadians ran, jogged and walked in the second annual Terry Fox run. They did this to honor a special Canadian and to raise money for cancer research.

The young man they were honoring was Terry Fox, a 22-year-old from Port Coquitlam, B.C.

In 1977, Terry lost his right leg to cancer. He wanted to do something to raise money for cancer research. He decided to run across Canada.

On April 12, 1980, Terry started his run in St. John's, Newfoundland. He ran on one good leg and one artificial leg. Canadians from coast to coast heard about Terry Fox's run. Many people gave money in his name.

On September 1, 1980, Terry had to end his run near Thunder Bay, Ontario. He had cancer in both lungs. He had to return to Port Coquitlam for treatment.

Across Canada, people continued to give money. Many people said that Terry Fox was a hero. Somebody asked Terry how it felt to be a hero. He said, "I have just been myself... it's hard for me to understand how I could be a hero."

Terry raised more than 24 million dollars and received many awards before he died on June 28, 1981.

Canadians still remember Terry. There is a Mt. Terry Fox in B.C., a Terry Fox stamp and a special school named after him in Ottawa. Every September there is also a Terry Fox Memorial Run.



HALLOWEEN IS OCTOBER 31

Halloween is a special day. It is a day children enjoy very much. On the evening of October 31, children put on costumes. They go from house to house and knock on doors. They shout "trick or treat". They usually don't play tricks. They want treats. People give the children treats of candies, cookies or fruit.

A popular Halloween decoration is a jack-o'-lantern. It is an empty pumpkin with a carved face. It often sits in a window with a light inside.

Other Halloween decorations are bats, black cats, ghosts and witches on broomsticks.

NEWS IN BRIEF

Toronto. A 31-year-old gardener had both of his lungs replaced. He received a new right lung on August 29 and a left lung in September. His own lungs were poisoned by a weed killer.

Kathmandu, Nepal. On October 5, Laurie Skreslet of Canada and two Sherpas from Nepal reached the top of Mt. Everest. Skreslet, 32, is the first Canadian to climb the world's highest mountain (8,848 metres). In September, four men from the Canadian Everest Expedition were killed on the mountain. Three were Sherpas and one was a photographer from North Vancouver.

Ottawa. Prices for new houses in Canada continue to drop. In August, prices in Vancouver were 25.2% lower than a year ago. In Victoria, prices were down 18.0%.

The Vancouver Sun
Saskatoon Canada

CANADIANS GETTING OLDER

The government of Canada takes a census every five years. The last census was in 1981. The 1981 census shows how many people live in every city, province and territory in the country. The census shows some other interesting facts about Canada's population.

Since 1976 the number of people 65 years of age or older increased by 17.9%. There is another way to say that. If there were 100 people in this age group in 1976, there are now 118.

The number of children 14 years of age or younger

dropped by 7%. That is to say, if there were 100 children in this age group in 1976, there are now 93.

For every 1,000 females, there are 983 males.

The number of divorced persons increased 85% in the last five years.

After English and French, Italian and German are the largest language groups.

There are more people in Canada who speak Chinese as their first language. In fact, there are 224,000 of them. That is 70% more than 5 years ago.

The Vancouver Sun

U.S. election

Voters in the United States will elect a new president on November 4.

The two major candidates for president are Barack Obama and John McCain.



Barack Obama

Obama is a Democrat. He is 47 years old. He has been a U.S. senator for three years.

If Obama is elected, he will be the first African American president of the United States.

John McCain

McCain is a Republican. He is 72 years old. He has been a U.S. senator for 22 years.

McCain was a navy pilot and fought in the Vietnam War.

Canadians will vote on October 14

There will be a federal election on October 14. Canadians will vote for Members of Parliament (MPs).

The leader of the party with the most MPs usually becomes prime minister.



Important issues

Here are some important issues in this election:

- the economy
- the environment
- health care

Members of Parliament (MPs)

MPs represent the people who live in their areas.

Each area is called a federal electoral district. It is also called a riding or constituency.

- Canada has 308 federal ridings.
- B.C. has 36 federal ridings.

Did you know?

Before the election, five parties had MPs.

Party	Number of MPs
Conservative	127
Liberal	95
Bloc Québécois	48
NDP	30
Green	1
Independent	3
Vacant	4
Total	308

Voting information on page 2

Did you know?

Canada and the U.S. share a long border.

Canada and the U.S. traded about \$600 billion in goods in 2007.



Paralympic Games



Stephanie Dixon is a swimmer. She lives in Victoria. Stephanie won two medals at the Paralympic Games in September.

Change your clocks

This year, Daylight Saving Time (DST) ends at 2 a.m. on Sunday, November 2, in most areas of B.C.

Set your clocks and watches back one hour.



1. moove 2. hour 3. grizzley bear
4. cougler (puma, mountain lion)

Wildlife quiz answers:

Best of The Reader

Well-loved stories as well as recipes, puzzles, and other material from past issues of *The Westcoast Reader* (1982 to 2009) have been gathered thematically into a collection of 14 e-books.

Each e-book has 8 to 10 stories, and each story has reading comprehension, grammar, and vocabulary exercises to go with it.

The Best of The Reader e-books are available in an open, downloadable format, ready for duplication and use at:

<http://bestofthereader.ca/>

E-book titles

These are the titles of the e-books on Best of The Reader:

Amazing Stories

Canada

Families

Canada's Aboriginal People

Keeping Safe

Easy Stories: People

Many Ways to Help

People and Jobs

Sports

Readers' Stories

Your Health

Special Days and Holidays


Recipes


Word Games and Puzzles


Note: There is also a Teachers' Guide.

Reading levels

The stories in Best of The Reader are written at three reading levels. These are the symbols for each level.

Level 1 

Level 2 

Level 3 

The three levels correspond to the Canadian Language Benchmarks (CLB) :

Level 1 is CLB 1-2

Level 2 is CLB 3-4

Level 3 is CLB 5-6

Level 1



Susan Aglukark



Susan Aglukark is a singer. She grew up in Nunavut. Susan sings in English and Inuktitut. She has won many awards for her music.



A stop sign in Inuktitut and English

Did you know?

■ Nunavut is a territory of Canada.



■ About 80 percent of the people in Nunavut are Inuit.

■ Most Inuit speak Inuktitut.



How do you say it?

Aglukark (say: ah-GLEW-kark)

Nunavut (say: NEW-nah-voot)

Inuktitut (say: in-NOOK-ti-toot)


Inuit (say: IN-yoo-it)

The Mercant Reader 5/1995

Level 2



Dad and kids go back to school

 Evan, Rae-Anne, and Nick Prince all started school in September.

Evan is seven years old. Rae-Anne is six. They are both in elementary school.

Nick is the children's father. He is 29 years old. He is also in school. He is taking adult literacy classes.

Hard to go back


Nick grew up on a First Nations reserve in northern British Columbia. He dropped out of school in Grade 8.

Nick hopes he can improve his reading. He says, "I want to be able to read with Rae-Anne and Evan."

The Westcoast Reader 2004 • Adapted from The Vancouver Sun

Level 3

Members of Canada's Parliament

 Canada has 308 Members of Parliament (MPs). They form a group called the House of Commons. Voters in every province and territory elect the MPs. These men and women meet to decide about important issues in Canada. They also make new laws.

Members of Parliament (MPs)

MPs represent the people who live in their areas.

- ✓ Each area is called a federal electoral district. It is also called a riding or a constituency.
- ✓ Canada has 308 federal ridings.
- ✓ MPs work in their ridings for part of the year. They also work in Ottawa for part of the year.

MPs meet in the Parliament Buildings in Ottawa.



Who is your MP?

Find your MP using your postal code.

- 1 Go to: www.parl.gc.ca
- 2 Choose **English** or **French**.
- 3 Type your postal code into the search box. Click **Find**.



Election results

Canada had a federal election on May 2, 2011. Voters elected 308 MPs. Five parties have MPs.

Party	Number of MPs
Conservative	167
NDP	102
Liberal	34
Bloc Québécois	4
Green	1
Total	308

Standings as of May 4, 2011

Canada's prime minister

The Conservative party has the most MPs. It forms the government.

Stephen Harper is the leader of the Conservative party. He is the prime minister of Canada.



Stephen Harper, his wife Laureen, and their two children

The Westcoast Reader 11/2008

Different types of reading

Informational

Canada's Aboriginal population

There was a census in 2006. The census counted the number of people in Canada.

Here is some information on Canada's Aboriginal people from the 2006 census.

- Canada has about 1.7 million Aboriginal people.
- Aboriginal people in Canada speak 60 different languages.
- 54 percent of Canada's Aboriginal people live in or near big cities.
- These three cities have the largest number of Aboriginal people:

Winnipeg	68,380
Edmonton	52,100
Vancouver	40,310



The Winnipeg Reader 4/2008 • Source: Statistics Canada

There are three main groups of Aboriginal people in Canada:

- First Nations
- Métis (say: MAY-tee)
- Inuit (say: IN-yoo-it)

First Nations

There are more than 600 First Nations communities (sometimes called Indian bands) in Canada. For example, the Musqueam First Nation in Vancouver.

Métis

There are more than 300,000 Métis in Canada.

Early Métis families often mixed European and First Nations cultures. Over time, groups of Métis developed their own culture.

Inuit

Most Inuit in Canada live in the Far North.




Narratives



Haddy Saal-Keita with her six-year-old daughter Anta and her new baby

Students and teacher deliver baby

 Haddy Saal-Keita was writing an exam in her English class. Suddenly, she felt sick. She says, “I raised my hand and told the teacher I did not feel well.”

Teacher was worried

Jill MacLachlan is Haddy’s teacher. She was worried. Jill knew that Haddy was pregnant.

Jill told the students to take care of Haddy. Then she went to get help. When Jill returned to the class, Haddy said, “Jill, the baby is here.”

A special delivery

Jill, a security guard, and the students helped deliver Haddy’s baby. Then they called 9-1-1.

Firefighters took Haddy and her daughter to the hospital.

Haddy says, “It was a very special delivery.”

Students teased teacher

The students joked with Jill. They said, “Your exam was so hard you made Haddy go into labour.”

The Best of the Reader 4/2007 • Adapted from The Province

Folktales

Legend of the dancing goats

Many years ago, a goat herder named Kaldi lived in the land we now call Ethiopia.



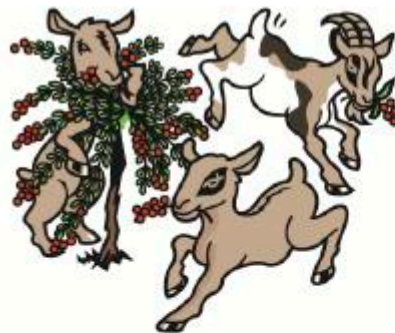
Ethiopia is in Africa.

Kaldi loses his goats

One morning, Kaldi took his goats to a field to eat grass. When he returned in the afternoon, the goats were not there. He looked everywhere. Finally, he found them.

Kaldi's goats dance and play

When Kaldi saw the goats, he was surprised. The animals were not acting in a normal way. They were dancing and playing. Then Kaldi noticed that the goats were eating the shiny red berries of a small tree.



Kaldi eats the red berries

Kaldi said, "What are these red berries that make my goats so happy? Maybe I should try them too."

Kaldi took some berries home. The next morning, he ate the berries. After that, he felt very awake and happy.

This is the legend of how coffee was discovered.

— Fikirte Worku

Coffee



■ People pick ripe red coffee berries by hand.

■ Coffee beans are brown after they are roasted.



■ More than 60 percent of Canadians drink coffee every day.

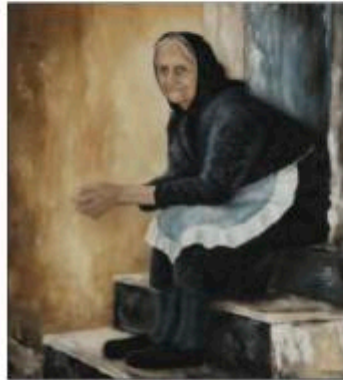


The Westcoast Reader 03/2506

Poetry



Readers write about their grandmothers



My Greek grandmother

My grandmother was born
in a small town in Greece.
Her name was Litsa. My sisters
and I called her Yia Yia.

Yia Yia was superstitious.
She always told me to be careful
on Tuesday the 13th. In Greece,
many people believe it is an
unlucky day.

She gave my sisters
and me a clove of garlic
to carry in our pockets.
She said it would keep away evil.

My grandmother died almost
20 years ago, but I still think
about her.

Ionna Pappas
Vancouver

The Westcoast Reader 4/2004

I remember the smell
of cherry blossoms
on my grandmother's farm
in Kazakhstan.

Eduard Damrin
Nanaimo



The Westcoast Reader 5/2002




Grandmother's kitchen
smells like baking.
She cuts a thick slice
of bread for me.
I eat it with honey.

Jelena Mihalic
Vancouver


The Westcoast Reader 4/2004

Proverbs



Proverbs from around the world


Japanese proverb



Even monkeys fall from trees.
Meaning: Anyone can make a mistake.
— Kimiko Sato


Spanish proverb

Live with wolves and you learn to howl.
Meaning: You become like the people you spend time with.
— Gael Ortiz




Afghani proverb

Don't stop a donkey that isn't yours.
Meaning: Mind your own business.
— Khaled and Aziz




Italian proverb

A closed mouth catches no flies.
Meaning: Don't talk too much, and you will stay out of trouble.
— Carmela Costa



Korean proverb

Even a sheet of paper seems lighter when two people lift it.
Meaning: Any task is easier if people work together.
— Hyeon Sook Park



What about you?

Do you know a proverb?
Write it on the lines.

The Westcoast Reader 02/2008

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www.bestofthereader.ca

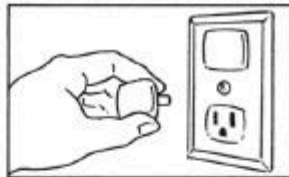
Practical tips

Make your home safe for children

📖 Do you have small children?
Do children sometimes visit your home?

Here are some tips to make your home a safe place for children.

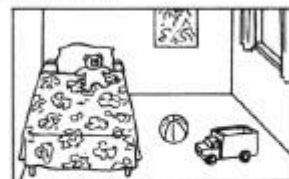
- ✓ Put covers on all electrical sockets.



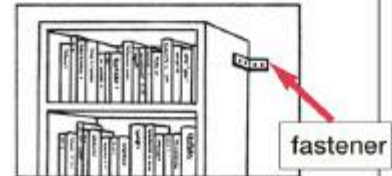
- ✓ Use safety gates at the top and at the bottom of stairs.



- ✓ Keep beds and cribs away from windows.



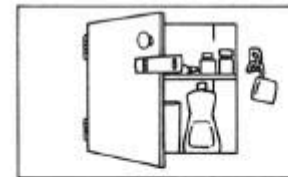
- ✓ Fasten heavy furniture to the wall or floor. Children can sometimes pull over bookcases, TV sets, and dressers.



- ✓ Use rubber mats in the bathtub. Children can sometimes slip and fall.



- ✓ Lock up all medicines and household cleaners.



The Westcoast Reader 11/1999

Medical information

What causes diabetes?

Everyone needs food to live. Our bodies change most food into sugar. The sugar gives us energy. Sometimes our bodies cannot use the sugar from food. This problem is called diabetes. For example:



1 Maria ate lunch a few hours ago. Her body is changing the food into sugar.

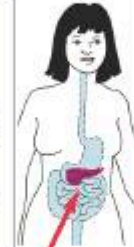


2 Now Maria's blood is carrying the sugar to her cells.

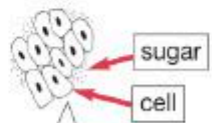


cells

3 To use the sugar, the cells need insulin. Insulin helps the sugar get into the cells. Insulin is a hormone. It comes from the pancreas. The pancreas is behind the stomach.



pancreas

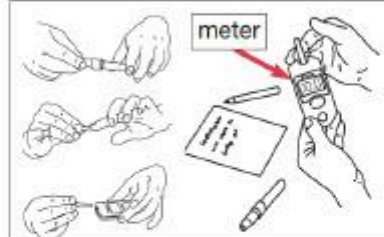


sugar

cell

4 Maria's pancreas does not make enough insulin. This means that the sugar cannot get into her cells.

5 The sugar stays in Maria's blood. Then her blood sugar becomes too high. Maria has diabetes.




meter

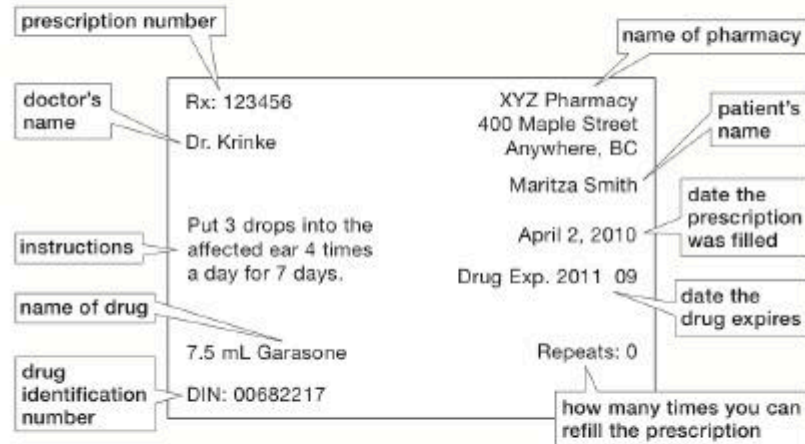
Maria pricks her finger. She checks her blood with a meter.

More on page 23

Life skills reading

How to read a medication label

 Maritza had an ear infection. Her doctor gave her a prescription. She went to the pharmacy. She got the prescription filled. Here is the label on the ear drops.




Look at the medication label above and write short answers on the lines.

1. What is the name of the drug? _____
2. When was the prescription filled? _____
3. What does DIN stand for? _____
4. How many times a day should Maritza use the drops? _____
5. How many times can the patient refill the prescription? _____
6. How many days should Maritza use the drops? _____

Recipes


Cranberry pear crumble





Serve with ice cream or frozen yogurt.


Step 1: Prepare the fruit

You need




cranberries, frozen or fresh
3 cups (750 mL) 

white sugar
¼ cup (50 mL) 

cinnamon
¼ tsp (1 mL) 

pears, cored and sliced
5 or 6 

What to do

-  Spray a baking dish with non-stick spray.
-  In a bowl, toss the cranberries with the sugar and cinnamon.
-  Pour the cranberries into the dish. Place the sliced pears on top.

Step 2: Prepare the topping

You need

flour
½ cup (125 mL) _____





rolled oats
½ cup (125 mL) _____


brown sugar
½ cup (125 mL) _____

almonds, chopped
¼ cup (50 mL) _____

butter
½ cup (125 mL) _____

What to do

-  Mix together the flour, rolled oats, brown sugar, and chopped almonds.
-  Cut in the butter with a fork or a pastry blender. The mixture will be crumbly.
-  Spoon the topping over the fruit.
-  Bake at 375°F (190°C) for about 45 to 50 minutes.

 **Serves 6**

The Best of the Reader 4.2013

Exercises and activities

Sentence order

Unscramble the words

Put the words in the right order to make sentences.

1. works centre garden at Alix a


2. her Alix job likes


3. busy is always Alix


Word completion


Gardening

Fill in the blanks to finish the words.

 **1** t _ _ _ l

 **2** _ _ d _ _ g
_ o _ _

 **3** w _ _ r _ _
_ _ n

 **4** p _ _ i g
_ h _ _ s

Recognizing words

What's the word?

Unscramble the letters and write the words on the lines.

- Honoré Gbedze is from _____.
goTo
- He came to _____ in 2000.
anCdaa
- Honoré has a _____ show.
doair
- The radio show has news about _____.
rifAca
- The show also has African _____.
ucmsi

Compound words

Two words in one

Match each word on the left with a word on the right. Then write the new word on the line.

1. home	ball	_____
2. news	land	_____
3. base	coat	_____
4. down	room	_____
5. rain	paper	_____
6. bed	town	_____

Wh-questions

Answer the questions

Write the answers on the lines.

1. Where is Mei Yu from?
She is from China.

2. When did Mei Yu come to Canada?

3. Who does Mei Yu teach?

4. What kind of artist is Mei Yu?

Categories

Where do the words belong?

Write these 18 words in the correct boxes.

months	food	days
October	Christmas	
sister	pie	
turkey	Monday	
lunch	uncle	
Easter	July	
Thursday	salad	
husband	breakfast	
dinner	Sunday	
May	Thanksgiving	

family	meals	holidays

Sequencing

Carve a jack-o-lantern

Here are six steps for carving a jack-o-lantern. Put them in the correct order.

- ___ Cut out the face with a knife.
- ___ Put a candle inside the pumpkin.
- ___ Cut out the top of the pumpkin.
- ___ Draw a face on the pumpkin.
- ___ Buy a pumpkin.
- ___ Take out the seeds.



Homonyms

Same word has different meanings

Sometimes a word can have different meanings. For example:

1. Children can **trip** on long costumes.
2. Ana took a **trip** to Mexico.

Here are some words that can have more than one meaning.
Match each word to one of its meanings.

- | | |
|--------------|-----------------------------------|
| ___ 1. tip | a. the sound a bell makes |
| ___ 2. test | b. a large stone |
| ___ 3. watch | c. to teach |
| ___ 4. ring | d. a clock you wear on your wrist |
| ___ 5. train | e. a useful idea or suggestion |
| ___ 6. rock | f. an exam |

* Do you know other meanings for these words?

True/False

True or false

Circle T if the sentence is true. Circle F if the sentence is false (not true),

- | | | |
|--|---|---|
| 1. Many rivers in Egypt flooded in 2004. | T | F |
| 2. Flood waters swept a group of hippos down a river into the ocean. | T | F |
| 3. One of the hippos lost his father and got stuck near the shore. | T | F |
| 4. Many people helped to save the baby hippo. | T | F |
| 5. They named the hippo Owen and took him to a wildlife park. | T | F |
| 6. People at the park put Owen in an area with some tortoises. | T | F |
| 7. Owen walked over to a tortoise and stood under him. | T | F |
| 8. At first, the tortoise did not like Owen. | T | F |
| 9. But soon Owen and the tortoise were together all the time. | T | F |

Irregular plurals

Finish the chart

Write the singular or plural for each word.

Singular	Plural	Singular	Plural
1. moose	moose	8. fox	
2.	beavers	9.	deer
3. mouse		10. salmon	
4. bird		11. monkey	
5.	sheep	12.	wolves
6. tiger		13. cow	
7. goose		14. calf	

Recalling details

Is it a, b, or c?

Circle a, b, or c to finish the sentences.

1. Logan Jeck was riding _____ in the mountains in December 2008.
a. his horse b. his snowmobile c. his bike
2. Logan found _____ trapped in the snow.
a. two cows b. three horses c. two horses
3. People in Logan's town decided _____ the horses.
a. to leave b. to try to save c. to ride
4. Volunteers _____ to get the horses out.
a. dug a trench b. hired a helicopter c. built a road
5. _____ the trench was finished.
a. In two days, b. On January 15, c. After a week,
6. The horses walked through the trench and _____.
a. onto a logging road b. into a nearby farm c. into a truck

Vocabulary building

Word groups

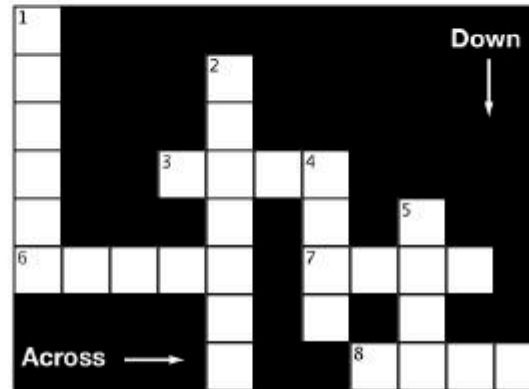
Read each pair of words and think about how they are alike. Write one word from the box that best finishes the word group.

1. farm, pasture, _____	5. road, path, _____
2. ice, snow, _____	6. save, liberate, _____
3. trench, ditch, _____	7. horse, mule, _____
4. surprised, amazed, _____	8. led, steered, _____

guided	canal	sleet	rescue
shocked	burro	barn	highway

Crosswords

Crossword: Things to do in the summer



Across

3. Play _____



6. Paddle a _____



7. Go for a _____



8. Sleep in a _____



Down

1. Have a _____



2. Plant some _____



4. Catch a _____



5. Fly a _____



Crosswords

Crossword: Diabetes

Across

1. Our bodies change most food into _____.
5. Some _____ get diabetes while they are pregnant.
6. Our bodies need a hormone called _____.
7. Most people with diabetes have _____ 2 diabetes.
9. People with diabetes check their blood with a _____.

Down

2. Diabetes can _____ a person's eyes.
3. Diabetes is a serious _____.
4. A _____ test can show if you have diabetes.
8. There are _____ types of diabetes.

Word find

Find the words: Sounds



Circle the correct answers. Then find the words in the puzzle.

1. Cows ____
a. chirp
b. moo

2. Keys ____
a. jingle
b. honk

3. Dogs ____
a. moo
b. bark

4. Kettles ____
a. jingle
b. whistle

5. Bees ____
a. buzz
b. bark

6. Owls ____
a. moo
b. hoot

7. Frogs ____
a. croak
b. meow

8. Clocks ____
a. honk
b. tick

9. Mice ____
a. squeak
b. whistle

10. Lions ____
a. bark
b. roar

11. Cats ____
a. meow
b. tick

12. Ducks ____
a. moo
b. quack

13. Horns ____
a. honk
b. tick

14. Pigs ____
a. oink
b. hiss

15. Balloons ____
a. bleep
b. pop

16. Turkeys ____
a. gobble
b. ping

j	i	n	g	l	e	e	c
b	p	c	s	t	i	c	k
a	o	b	q	l	j	q	k
r	p	u	u	a	c	m	m
k	o	z	e	y	r	o	i
e	i	z	a	l	o	o	x
g	n	d	k	a	a	w	a
y	k	f	o	o	k	h	q
n	a	m	e	o	w	i	u
i	r	o	a	r	l	s	a
h	o	o	t	g	u	t	c
h	o	n	k	y	i	l	k
h	g	o	b	b	l	e	x



Write a postcard

Finish the postcard

Fill in the blanks with words from the box.

Dear Magda,

I'm having a _____ time here in Victoria.

The weather is _____ and _____.

Tomorrow we are going to _____ Butchart Gardens.

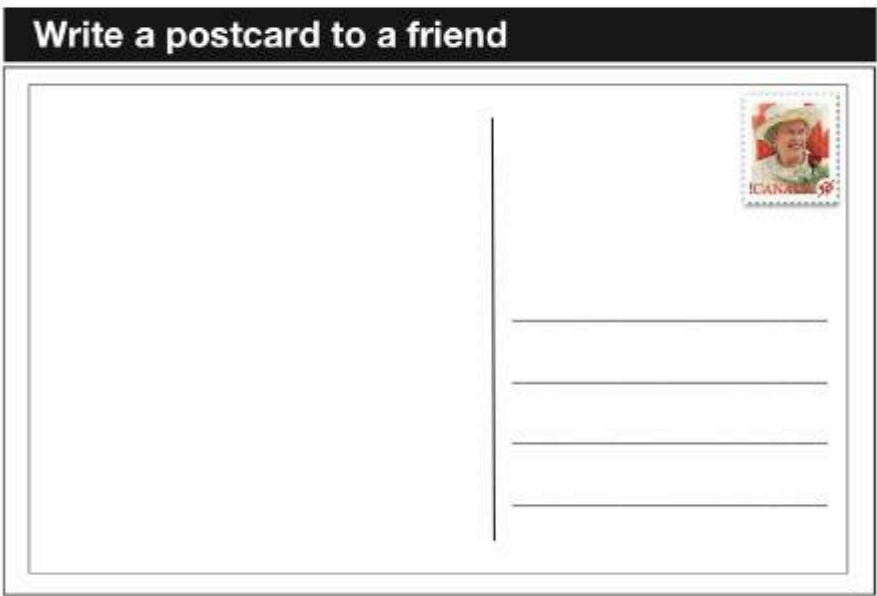
Haruka says the _____ there are beautiful.

See you on _____.

Love,
Yumi

warm roses Sunday wonderful visit sunny

Write a postcard to a friend



14

Personal writing

Traditions

Many people have special traditions for holidays and celebrations. Traditions include customs or special ways of doing things.

Match the tradition with the holiday or celebration.

- | | |
|------------------------|---------------------------------------|
| ___ 1. Lunar New Year | a. wear a red poppy |
| ___ 2. Thanksgiving | b. pay off debts |
| ___ 3. Diwali | c. go trick or treating |
| ___ 4. Hanukkah | d. cook a turkey |
| ___ 5. Valentine's Day | e. light small oil lamps |
| ___ 6. Easter | f. decorate eggs |
| ___ 7. Halloween | g. play a game with a dreidel |
| ___ 8. Remembrance Day | h. give chocolates to someone special |

What about you?

What is your favourite holiday? How do you celebrate?

Reading Strategies

Workshop time

**Email me for a copy of this powerpoint:
greenwriting@gmail.com**

What makes an “efficient” reader?

Ideas?

What makes an “efficient” reader?

Penny Ur, one of the speakers in Thursday’s grad student symposium, wrote in 1996 that “**efficient readers**”

- change reading speed
- select some features of a text and skim the rest,
- infer meaning from context,
- predict what will happen
- use background knowledge
- have a purpose for reading which motivates them
- change reading strategy depending on the text

(cited in McDonough, J. & Shaw, C. (2003). *Materials and methods in ELT*. 2nd ed. Malden, MA: Blackwell Publ.

What is our response?

Farrell (2009) states, “... less skilled readers can and should be **taught** how to use more effective reading strategies” (p. 33).

Farrell cites Koda (2005): “... reading strategy training aims at improving the performance of struggling readers through **explicit, step-by-step demonstrations** of good reading behaviors that include instruction in **metacognitive strategies**” (p. 34).

What is our response?

Brown, Armbruster, & Baker (1986) note,

“Cognitive psychologists have shown in their research that students learn new strategies ... most effectively when they are consciously aware of what they are doing (as cited in Mikulecky, 2008, p. 2).

Reading Strategies

(Farrell, 2009, p. 35; Mikulecky , 2008, p. 6)

Before	During	After
<ul style="list-style-type: none">-Predicting-Previewing-Specifying purpose for reading-Story mapping-Questioning-Skimming-Scanning	<ul style="list-style-type: none">-Identifying main ideas and supporting details-Locating topic sentences-Identifying signal words-Inferring the main idea-Linking pronouns with nouns-Inferences	<ul style="list-style-type: none">-Paraphrasing-Retelling-Summarizing-Drawing conclusions-Visualizing-Reading critically—fact vs opinion-Identifying bias

4 Steps to Teaching a Reading Strategy

1. METACOGNITIVE

- Explain WHAT the strategy is
- Explain WHY this strategy is useful

2. MODEL the strategy for the students

3. PRACTICE the strategy with the students (in pairs)

4. PRACTICE the strategy again and again

(Mikulecky, 2008, p. 6)

Metacognitive— Explain what the strategy is and why it is useful

- **Visualization**

- Making mental images while reading
- Improves comprehension
- Helps readers remember what they read


Demonstration

- do pre-reading
- model strategy
- practice in pairs

Climber loses nine fingers



Erik Bjarnason with his daughter Ariyah (left) and son Shayman

 Erik Bjarnason is a firefighter in North Vancouver. In 2005, Erik and seven friends decided to climb Mt. Logan.

Mt. Logan

Mt. Logan is in Yukon. It is the highest mountain in Canada. It is 5,956 metres.



A storm hit

Erik and two of his friends climbed to 5,500 metres. Suddenly, there was a storm. The wind blew at 140 kilometres an hour and the temperature went down to -30° C.

The wind blew away the men's tents and extra clothing. Erik had no gloves. His fingers froze.

Helicopter rescued men

Erik and his friends built a snow cave. They used their radio to contact the other climbers.

After three days, a helicopter rescued the men.

It took them to a hospital. All three men had frostbite.



Erik lost nine fingers

Doctors amputated nine of Erik's fingers. He still has one thumb. Erik returned to his job as a firefighter after he recovered. He also continued to climb mountains.



Erik lost four fingers on one hand.

The Westcoast Reader 9/2005 • Adapted from The Vancouver Sun

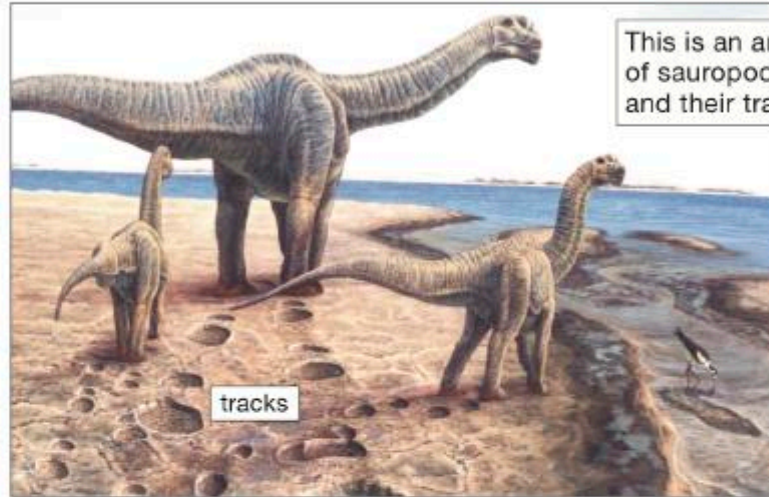
Workshop Time

- Take 5 min. in your groups. Speed read your strategy and decide what it is.
 - What is this strategy?
 - Why is it useful?
- Prepare a 1 sentence answer for each of these questions!

Workshop Time

- Look at your story.
- Plan how you will model/demonstrate your strategy to your students using this story
 - In 5 min. one person from each group will come to the front and demonstrate/model your strategy for the rest of us 😊

Workers find dinosaur tracks in B.C.



This is an artist's drawing of sauropod dinosaurs and their tracks.

In 2007, workers were building a road near the border between Alberta and British Columbia. The workers found a large number of dinosaur tracks in the rocks.

Scientists studied the rocks. They said the tracks were made by giant sauropod dinosaurs about 135 million years ago.

Sauropods were huge

Sauropods had long necks and long, powerful tails. The dinosaurs were about 20 m long and 7 m high. They probably weighed 30 tonnes. That's the weight of about six African elephants.



Biggest and oldest


Rich McCrea is a scientist. He studies dinosaurs. Rich says, "The tracks found in B.C. are the biggest ever found in Canada. They are also the oldest."



Dinosaur tracks

The Westcoast Reader 1.02003 • Adapted from The Province

Canada's Aboriginal population

 There was a census in 2006. The census counted the number of people in Canada.

Here is some information on Canada's Aboriginal people from the 2006 census.

- Canada has 1,172,790 Aboriginal people.
- Aboriginal people in Canada speak 60 different languages.
- 54 percent of Canada's Aboriginal people live in or near big cities.
- These three cities have the largest number of Aboriginal people:

Winnipeg	68,380
Edmonton	52,100
Vancouver	40,310



The Winnipeg Reader 4/2008 • Source: Statistics Canada

There are three main groups of Aboriginal people in Canada:

- First Nations
- Métis (say: MAY-tee)
- Inuit (say: IN-yoo-it)

First Nations

There are more than 600 First Nations communities (sometimes called Indian bands) in Canada. For example, the Musqueam First Nation in Vancouver.

Métis

There are more than 300,000 Métis in Canada.


Early Métis families often mixed European and First Nations cultures. Over time, groups of Métis developed their own culture.

Inuit

Most Inuit in Canada live in the Far North.



It's never too late to say thank you

 Remo Pastro and Walter Fabian were schoolboys in 1978. They lived in New Westminster, B.C.

Boys found tiny baby

One day, the boys were playing outside. They heard cries. They followed the cries to the porch of a vacant house. There they found a tiny baby wrapped in a sheet.

Police took baby

The boys carried the baby home. They called the police. The police took the baby to the hospital.



Remo and Walter visited the baby in the hospital.

Couple adopted baby

There were articles about the baby in the newspaper. But the police could not find the mother or father. A young couple adopted the baby. They named him Thomas.



Thomas Pearson holds a 1978 photo of himself and his two rescuers.

An important reunion

Thomas Pearson contacted the police in New Westminster in 2006. He said he wanted to find Walter and Remo. He wanted to thank the men for rescuing him.

Thomas met Walter and Remo in January 2007. He finally had a chance to say thank you.

The Westsant Reader 4/2007 • Adapted from The Province

Legend of the dancing goats

Many years ago, a goat herder named Kaldi lived in the land we now call Ethiopia.



Ethiopia is in Africa.

Kaldi loses his goats

One morning, Kaldi took his goats to a field to eat grass. When he returned in the afternoon, the goats were not there. He looked everywhere. Finally, he found them.

Kaldi's goats dance and play

When Kaldi saw the goats, he was surprised. The animals were not acting in a normal way. They were dancing and playing. Then Kaldi noticed that the goats were eating the shiny red berries of a small tree.



Kaldi eats the red berries

Kaldi said, "What are these red berries that make my goats so happy? Maybe I should try them too."

Kaldi took some berries home. The next morning, he ate the berries. After that, he felt very awake and happy.

This is the legend of how coffee was discovered.

— Fikirte Worku

Coffee



■ People pick ripe red coffee berries by hand.

■ Coffee beans are brown after they are roasted.




■ More than 60 percent of Canadians drink coffee every day.



The Westcoast Reader 03/2008

Reduce your risk of getting cancer

☰ No one is sure what causes cancer. But here are some things people can do to reduce the chance of getting cancer.


✓ Don't smoke. 

✓ Get 30 minutes or more of physical activity most days.



✓ Limit the amount of alcohol you drink.



 ✓ Eat lots of fruit, vegetables, and legumes. Limit the amount of fat you eat.

Note: Beans, peas, lentils, peanuts, and soybeans are legumes.

✓ Protect yourself from the sun.

■ Limit the time you spend in the sun between 11 a.m and 3 p.m.

■ Wear sunscreen with SPF 30.



■ Wear a hat with a brim.

■ Wear sunglasses with UV protection.



✓ Tell your doctor or dentist about any change in your body.



✓ Follow instructions carefully when you use hazardous materials at home or at work.



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