

TRU Community knows that Consent is

Active

Just because they didn't say "No", doesn't mean you have consent. Only "Yes" means "Yes".

A Choice

Everyone has the right to feel free to say "yes" or "no" without pressure, threats, or manipulation.

A Process

Consent requires ongoing conversations with lots of TRUST. Just because someone says "Yes" to one thing, doesn't mean they say "Yes" to ALL the things. Everyone has the right to change their mind at any point.

Based on Equal Power

If someone is underage, drunk, asleep/unconscious or you occupy a position of power or authority over them, they cannot consent.

Consent is NOT

Assumed

Being in a relationship or having sexual history with someone does not mean that you have consent. Communicating about consent is always necessary.

Pressured

If you have to convince someone to say yes OR if they are afraid to say no, then you don't have consent.

Silent

The absence of "NO" is not a "yes". Pay attention to your partner's body language and non-verbal cues.

Incapacitated

You can't get consent from someone who is asleep, unconscious or incapacitated.