

Adventure Studies Department

adventure@tru.ca

SUPPLEMENTAL DOCUMENT CHECKLIST

<u>Please send all documents to:</u> Thompson Rivers University – Adventure Studies, OM1251 805 TRU Way, Kamloops, British Columbia, Canada, V2C 0C8

OR

PDF files ONLY to adventure@tru.ca

- 1. Complete a TRU Application. Apply on line at <u>www.tru.ca</u>
- 2. **Transcripts.** To complete your application you will need to submit Official High school and all postsecondary transcripts. Transcripts need to be send to Attn: TRU Admissions
- 3. **Student Information Form.** Fill out the Student Information Form as completely and accurately as possible.
- 4. **Cover letter.** Enclose a cover letter stating your adventure activity experience, 5-year education/career plan, why you wish to attend this program, and how the program will help you attain your goals.

Briefly outline the skills and attributes you bring to the program and how these will have a positive effect on your learning, your peers, the instructors, and the program as a whole.

- 5. **Resume.** Enclose an employment resume.
- 6. Letters of reference. Enclose TWO reference letters that speak to your character and personality.
- 7. **Outdoor Experience Log.** Fill out completely the attached Outdoor Experience Log, the more information the better and be sure to list any certifications you hold.
- 8. Information session. You must participate in a program information session either inperson or via telephone conferencing.



Adventure Studies Department

STUDENT INFORMATION FORM and OUTDOOR EXPIERENCE LOG SHEETS

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A. PERSONAL INFORMATION FORM

1. NAME

| Last | First | | Middle |
|--------------------|--|------------------|-------------------------|
| Cell Phone | Home Phone | | Email |
| 2. PROGRAM INFOR | MATION SESSION ATTENDED: | YE | S NO |
| DATE | LOCATION | | |
| 3. HOW DID YOU H | IEAR ABOUT THE ADVENTURE G | UIDE PROGRAM (d | circle all that apply)? |
| FRIEND/ FAMILY | INDUSTRY PARTNER | WEBSITE | SOCIAL MEDIA |
| 4. WILL YOU BE FUI | RTHERING YOUR EDUCATION BY | COMPLETING THE | 1 |
| ADVENTURE GUI | DE DIPLOMA - | YES | NO |
| BACHELOR DEGR | EE- | YES | NO |
| | ESTED IN TAKING THE ADVENTU ACADEMY IN ICELAND? | RE GUIDE CERTIFI | CATE AT THE |
| | | YES | NO |



ADVENTURE STUDIES DEPARTMENT

B. EMPLOYMENT HISTORY

1. FORMER EMPLOYERS (list last two)

(Include name of person who supervised you)

| Dates | Name & Address of Em | ployer | F | Position Held | |
|---|--|--------------|--------|---------------|----------|
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| 2. EMPLOYMERList you | e employers/supervisors above? I T RESUMÉ. Please attach an e r work experience chronologically r responsibilities and duties. | mployment re | | ent employmen | ıt. |
| C. PRACTICAL | TECHNICAL EXPERIENC | E | | | |
| 1. Previous Adve | nture Activity Instruction Tak | en | | | |
| ORGANIZATION/SCI | OOL TYPE OF COURSE | LENGTH OF | COURSE | YEAR | LOCATION |
| | | | | | |

2. Outdoor Experience and Adventure Activity Training, on the following pages please describe your technical experience.

OUTDOOR EXPERIENCE LOG SHEETS

Please list your outdoor experiences under the appropriate discipline heading. Please define your role as: Leader, Co-Leader, Assistant or Member. Indicate difficulty by Alpha/numeric designation where appropriate. Otherwise use the terms: Difficult, Moderate, Easy. Please specify the type of climber/boater/skier using the terms: Advanced, Intermediate, Beginner. If you run out of room on one section, there is extra room on the back sheet.

| | WHITEWATER KAYAKING & CANOEING | | | | | | | | | | | |
|----------|--------------------------------|------|-------|----|----------------|--|-------|----|----------------|--------|------------|------|
| Kayak or | | # of | days | | Certification: | | | Cl | ass of Boater: | Kayak: | Canoe: | |
| Canoe | | # of | years | | | | | | | | | |
| K or C? | DA | ΓE | | LO | CATION | | ROUTE | | LENGT | 1 | DIFFICULTY | ROLE |
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| SWIFTWATER RESCUE TRAINING | | | | | | | | | |
|----------------------------|----------------|--|--------|--|--|--|--|--|--|
| # of | | | | | | | | | |
| Days: | Certification: | | Туре : | | | | | | |

| | SEA KAYAKING & CANOE TRIPPING | | | | | | | | | | | | |
|-------------|-------------------------------|-----|----------------|----------|-------------|----------|------------|--------|------------|------------|------|--|--|
| # of Years: | # of Days: Certi | | Certification: | | # of Years: | | # of Days: | | | | | | |
| SK or C? | | DAT | c | LOCATION | | | ROUTE | LENGTH | DIFFICULTY | ROLE | | | |
| SKULL | | DAI | E | | | LOCATION | | ROOTE | LENGTH | DIFFICULIT | ROLE | | |
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| | | | | | ROCK CLIMBING | | | | |
|------------------|-----|------|----------|-------------------|---------------|-----------------------|------------------|-------------------------|---------------------------------|
| # of Year | 's: | # of | Days: | s: Certification: | | ead climbing rade: | Sport g | port grade: Trad grade: | |
| Sport or Trad | | | LOCATION | | ROUTE | LENGTH | LENGTH DIFFICULT | | ROLE Lead or 2 nd |
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| | | | | | | ICE CLIMBING | | | | |
|---|-----------|-----|------------|----|----------------|--------------|------|------------------|------------|---------------------------------|
| # | of Years: | | # of Days: | | Certification: | | Lead | d climbing grade | | |
| | DA | ATE | | LO | CATION | ROUTE | | LENGTH | DIFFICULTY | ROLE Lead or 2 nd |
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| AVALANCHE TRAINING | | | | | | | | |
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| # of | | | Type of | | | | | |
| Days: | Certification: | | Skier | | | | | |

| | MOUNTAINEERING | | | | | | | | | | | |
|---|--|----|--|----|--------|------|--|-------|---|------------|------|--|
| # | of Years: # of Days: Class of Climber: | | | | | | | | | | | |
| | DA | TE | | LC | CATION | ROUT | | LENGT | н | DIFFICULTY | ROLE | |
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|---------|------------------------|------|----|--------|---------------|----------------|----------|--------------|----------------|------|--|
| # of Ye | # of Years: # of Days: | | | | 1 | Riding Ability | Beginner | Intermediate | Advanced Exper | rt | |
| | | DATE | LO | CATION | RO | JTE | LENGT | Н | DIFFICULTY | ROLE | |
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| | ALPINE SKIING, SNOWBOARDING, TELEMARK SKIING | | | | | | | | | |
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| # of | # of | | Туре о | of | | | | | | |
| Years: | Days: | Certification: | Skier | | | | | | | |

| | HIKING | | | | | | | | | | | | | | | | | | | | |
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| # of Y | # of Years: | | # of Days | # of Days: Certification: | | of Days: Certification: | | | | | | | | | | | | | | | |
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| FIRST AID TRAINING | | | | | | | |
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| | | # of | | | | | |
| CPR: | Y/N | Days/hrs: | | Certifications: | | | |

| SURFING, MOUNTAIN BIKING, CROSSCOUNTRY SKIING, SCUBA, RAFTING, OTHER | | | | | | |
|--|------|----------|-------|--------|------------|------|
| Type Su MB XC Sc R | DATE | LOCATION | ROUTE | LENGTH | DIFFICULTY | ROLE |
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| OTHER ADVENTURE SPORTS/ ACTIVITIES INFORMATION | | | | | | | |
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| | DATE | LOCATION | ACTIVITY | / ROUTE | LENGTH | DIFFICULTY | ROLE |
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