



THOMPSON RIVERS UNIVERSITY

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**Guideline for students interested in transferring to  
University of British Columbia  
(Vancouver)**

**Bachelor of Kinesiology (B. Kin.)**

The Department of Physical Education at TRU has established a program of study for transfer to the following year levels of the B.Kin. specialties:

- Year 3      Physical and Health Education (with 54 credits)**
- Year 3      Kinesiology and Health Science (with 60 credits)**
- Year 3      Interdisciplinary Studies (with 60 credits)**

Course schedules and course offerings at TRU change on a year to year basis. Due to these changes, and the fact that students may choose to lighten their courses due to personal commitments such as a work schedules and athletic practice times, it may take longer than four years to complete a degree.

To be admitted to UBC Vancouver, all applicants must first satisfy the required High School (or equivalent post-secondary) courses as defined by the School of Kinesiology. The following minimums are required:

|   |   |
|---|---|
| <p><b>Grade 11</b><br/> <b>English 11</b><br/> <b>Language 11</b><br/> <b>Social Studies 11</b><br/> <b>Science 11</b><br/> <b>Principles of Math 11</b><br/>         (Pre-Calc Math 11 or Foundations Math 12)</p> | <p><b>Grade 12</b><br/> <b>1 of: Principles of Math 12, Pre-Calculus 12, Biol 12</b><br/> <b>Chemistry 12, Geology 12 or Physics 12</b><br/> <b>Two other approved examinable Grade 12 courses</b><br/> <a href="http://www.calendar.ubc.ca/vancouver/index.cfm?tree=2,22,63,0">http://www.calendar.ubc.ca/vancouver/index.cfm?tree=2,22,63,0</a></p> |
|---|---|

See: <http://www.kin.ubc.ca/School/ugradnew/prosp-postsecondary.htm>

If a student has not satisfied the above breadth of high school equivalencies, the post-secondary courses taken must transfer to UBC Vancouver and will be used for the purpose of admission. Admission is very competitive and achievement of the minimum requirements does not guarantee acceptance. To be competitive, students should prepare a GPA for college and university transfer at 3.5 to 3.7 (on a 4 point scale) calculated on a minimum of 24 transfer credits or most recent 30 transferable credits if more than 30 credits taken for approximately 200 seats per year.

Please refer to the UBC calendar or website [www.kin.ubc.ca](http://www.kin.ubc.ca) for a complete program description. Refer to the British Columbia Council on Admissions and Transfer for information on transfer credit and application process at [www.bctransferguide.ca](http://www.bctransferguide.ca)

**Application deadlines are:**                      General and Supplemental Application to UBC:                      **January 31st**

|  |  |
|--|--|
| <p>The University of British Columbia<br/>         Enrolment Services<br/>         2016 - 1874 East Mall<br/>         Vancouver, BC V6T 1Z1<br/>         Tel : 604-822-9836 or<br/>         (877) 272-1422</p> <p>Web: <a href="http://you.ubc.ca">http://you.ubc.ca</a></p> | <p><b>Upon admission to program, contact:</b><br/>         Kin Undergraduate Advising Centre<br/>         Room 202 War Memorial Gymnasium<br/>         6081 University Boulevard<br/>         Vancouver, B.C. V6T 1Z1<br/>         Phone: 604-822-4512<br/>         Fax: 604-822-6842<br/>         Email: <a href="mailto:hkin.advising@ubc.ca">hkin.advising@ubc.ca</a></p> |
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**Note: The following information is intended as a guideline for application for students planning on transferring to UBC. Due to changes that can occur at any post-secondary institutions, it is the students' responsibility to check they have met requirements of the institution and the chosen program.**

The B.Kin. program prepares students for academic specializations and career opportunities in three streams: **Kinesiology and Health Science, Physical and Health Education, and Interdisciplinary Studies.**

## B.Kin. – Kinesiology and Health Science

For students who are interested in advanced studies in human movement sciences, health and fitness and who want future certification as Kinesiologist. Career opportunities may include pre-professional program training (Medicine, MPT, MOT etc), graduate work, professional fitness trainer, teaching at a college or university, occupational/workplace health, entrepreneurial or private industry, exercise therapists, corporate fitness, cardiac rehabilitation, or health promotion etc..:

### UBC Requirements

#### **First Year:**

ENGL 112 (3cr)  
 HKIN 103 (3cr)  
 HKIN 151 (3cr)  
 HKIN 161 (3cr)  
 HKIN 190 (3cr)  
 HKIN 191 (3cr)  
 Science electives – 12 credits

**Total 30 credits**

### TRU Equivalencies

ENGL 1100 (3cr)  
 PHED 1230 (3cr)  
 PHED 1000 (3cr)  
 PHED 2110 (3cr)  
 BIOL 1590 (3cr)  
 BIOL 1690 (3cr)  
 12 credits of first year science (see box of information below)

**30 credits total**

12 credits in first year science must be completed prior to third year. Students planning on applying to professional programs such as Medicine and Physiotherapy are advised to determine the undergraduate requirements and select science courses accordingly.

Students should refer to the course description section of the TRU calendar to choose the most appropriate courses and to check prerequisites. Examples of some available courses:

| <b>TRU Courses</b>                                 | <b>Prerequisites</b>  |
|--|---|
| 1. Math 1140/1240                                  | Math 12 or Pre-Calculus 12 (C+ or better within the past two years)   |
| 2. Chem 1500<br>& Chem 1510 <b>or</b><br>Chem 1520 | Chem 11 or 12; Principles of Math 12 (or Pre-Calculus 12)<br>Chem 1500 (C-) & Chem 11<br>Chem 1500 (C-) & Chem 12 (B grade) |
| 3. Biol 1110/1210                                  | Biol 11 (C+) and Chem 11  |
| 4. Phys 1100/1200 <b>or</b><br>Phys 1150/1250      | Phys 11 and Math 12 or Pre-Calculus 12<br>Phys 12 and Math 12 or Pre-Calculus 12  |

### Second Year:

HKIN 230 (3cr)  
 HKIN 231 (3cr)  
 HKIN 261 (3cr)  
 HKIN 275 (3cr)  
 HKIN 284 (3cr)  
 Electives-15 credits\*

PHED 2210 (3cr)  
 PHED 2140 (3cr)  
 PHED 2130 (3cr)  
 PHED 2150 (3cr)  
 PHED 2840 (3cr)  
 15 credits of Elective Credits\*

**\*Note:** It is necessary to refer to UBC's Calendar (course descriptions) to determine the pre-requisites to upper level science courses in order to plan for 2000 level science classes at TRU. In addition, Students planning to apply to professional health programs such as Physiotherapy, Occupational Therapy, and Medicine must determine the necessary requirements by referring to calendar information.

Details about this Major can be found at:

<http://www.kin.ubc.ca/School/ugradnew/streams-kines.htm>

## B.Kin. – Physical and Health Education

This stream is for students interested in teaching and instructing sports, physical activity and active health in public and private agencies. The stream meets admission requirements for the Teacher Education Program in the Faculty of Education. Students planning to enter the Teacher Education program need to be familiar with the admission requirements. **Students planning on the secondary teaching option must have a second teaching area .** Career options may also include youth agencies; recreation centers; local provincial sport governing bodies, sport clubs; health promotion; graduate studies in instruction; coaching and health related courses

### UBC Requirements

#### **First Year:**

ENGL 112 (3cr)  
HKIN 103 (3cr)  
HKIN 115 (6 cr)  
HKIN 151 (3cr)  
HKIN 161 (3cr)  
HKIN 190 (3cr)  
HKIN 191 (3cr)  
\*\*Electives – 6 credits

**Total 30 credits**

### TRU Equivalencies

ENGL 1100 (3cr)  
PHED 1230 (3cr)  
PHED 1120 + 1140 (3cr)\*  
PHED 1000 (3cr)  
PHED 2110 (3cr)  
BIOL 1590 (3cr)  
BIOL 1690 (3cr)  
6 credits usually credits towards second teaching area  
**27 credits total**

#### **Notes:**

\* **3 additional credits of HKin 115 and 215 will be required once at UBC Vancouver**

\*\***Admission to the Faculty of Education requires a minimum of 6 credits of English such as Engl 1100 and 1110 or 1120 or 1140 or 1210.**

#### **Second Year:**

HKIN 215 (6cr)  
HKIN 230 (3cr)  
HKIN 231 (3cr)  
HKIN 261 (3cr)  
HKIN 275 (3cr)  
HKIN 284 (3cr)  
Electives (9cr)

**Total 30 credits**

2 of: PHED 1100, 1140, 1160 (3cr)\*  
PHED 2210 (3cr)  
PHED 2140 (3cr)  
PHED 2130 (3cr)  
PHED 2150 (3cr)  
PHED 2840 (3cr)  
9 credits usually credits towards second teaching area  
**27 credits total**

#### **Promotion into Year 3:**

Students are eligible to make application to year 3 if they have satisfied the above 54 credits of TRU coursework which include completion of Engl 1100, all second year Phed Core, and a minimum of 48 credits. The remaining credit required to fulfill UBC's HKin 115 and HKin 215 can be taken during third year at UBC Vancouver.

Details about this Major can be found at:

<http://www.kin.ubc.ca/School/ugradnew/streams-physed.htm>

## BHK – Interdisciplinary Studies

For students interested in a general liberal arts and science foundation within Human Kinetics. This program allows the student to custom design their own program of study. Some career options can be drawn from professional sport organizations such as: Municipal government parks and recreation departments; event management; and National or Provincial sport recreation organizations; professional sport organizations and graduate studies in law, management, and sport psychology.

### UBC Requirements

#### **First Year:**

ENGL 112 (3cr)  
HKIN 103 (3cr)  
HKIN 151 (3cr)  
HKIN 161 (3cr)  
HKIN 190 (3cr)  
HKIN 191 (3cr)  
Electives – 12 credits

**Total 30 credits**

#### **Second Year:**

HKIN 230 (3cr)  
HKIN 231 (3cr)  
HKIN 261 (3cr)  
HKIN 275 (3cr)  
HKIN 284 (3cr)  
Electives (15cr)

**Total 30 credits**

### TRU Equivalencies

ENGL 1100 (3cr)  
PHED 1230 (3cr)  
PHED 1000 (3cr)  
PHED 2110 (3cr)  
BIOL 1590 (3cr)  
BIOL 1690 (3cr)  
12 credits of first year arts or science\*

**30 credits total**

PHED 2210 (3cr)  
PHED 2140 (3cr)  
PHED 2130 (3cr)  
PHED 2150 (3cr)  
PHED 2840 (3cr)  
15 credits of second year arts or science\*

**30 credits totals**

**\*Note:** Electives: students planning to apply to professional programs are strongly encouraged to determine the necessary undergraduate requirements that are available in other faculties such as Science and Arts. Several 'Minors' are available if students wish to focus their non-human kinetics electives by taking one of the following: Faculty of Arts, Faculty of Science, Faculty of Commerce, Faculty of Land and Food Systems (Food, Nutrition, and health programs).

To determine your options, link to the following:

<http://www.kin.ubc.ca/School/ugradnew/streams-interdisc.htm>

TRU PHED TRANSFER GUIDE TO UBC

**TRU (Credits)**

**UBC (Credits)**

BIOL 1590 + BIOL 1690 (6cr)  
(Human Biology: Anatomy & Physiology I & II)

HKIN 190 (3cr)  
HKIN 191 (3cr)

PHED 1000 (3cr)  
(Biomechanics-The Analysis of Performance in Individual Sports)

HKIN 151 (3cr)

PHED 1100 (3cr)  
(Basketball)

2 of TRU PHED 1100, 1160, 1190 = HKIN 215(**3cr**)  
No Credit if taken alone.

PHED 1120 (3cr)  
(Outdoor Activities)

TRU PHED 1120 and PHED 1140 = HKIN 115(**3cr**)  
No Credit if taken alone.

PHED 1140 (3cr)  
(Aquatics)

TRU PHED 1120 and PHED 1140 = HKIN 115(**3cr**)  
No Credit if taken alone.

PHED 1160 (3cr)  
(Soccer)

2 of TRU PHED 1100, 1160, 1190= HKIN 215(**3cr**)  
No Credit if taken alone.

PHED 1190 (3cr)  
(Volleyball)

2 of TRU PHED 1100, 1160, 1190= HKIN 215(**3cr**)  
No Credit if taken alone.

PHED 1230 (3cr)  
(Conditioning)

HKIN 103 (3cr)

PHED 1240 (3cr)  
(Golf)

No Credit

PHED 1280 (3cr)  
(Games Contests and Relay)

No Credit

PHED 2000 (3cr)  
(Analysis of Performance in Team Sports)

No Credit

PHED 2110 (3cr)  
(Intro to Study of Sport)

HKIN 161 (3cr)

PHED 2130 (3cr)  
(Sport in Canadian Society)

HKIN 261 (3cr)

PHED 2140 (3cr)  
(Psychology of Sport & Physical Activity)

HKIN 231 (3cr)

PHED 2150 (3cr)  
(Exercise Physiology)

HKIN 275 (3cr)

PHED 2210 (3cr)  
(Dynamics of Motor Skill Acquisition)

HKIN 230 (3cr)

PHED 2840 (3cr)  
(Growth & Motor Development)

HKIN 284 (3cr)