

2023 Secwépemc Calendar



THOMPSON
RIVERS
UNIVERSITY





Thompson Rivers University Kamloops campus



TRU Indigenous Education

December 2022
 S M T W T F S
 1 2 3
 4 5 6 7 8 9 10
 11 12 13 14 15 16 17
 18 19 20 21 22 23 24
 25 26 27 28 29 30 31

Pellkwełmín · January

STAY AT HOME MONTH

February
 S M T W T F S
 1 2 3 4
 5 6 7 8 9 10 11
 12 13 14 15 16 17 18
 19 20 21 22 23 24 25
 26 27 28

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
1 New Year's Day	2 New Year's Day observed (University closed)	3	4	5	6 	7
8	9	10	11	12	13	14 
15	16	17	18	19	20	21 
22	23	24	25	26	27	28 
29	30	31				



Thompson Rivers University campuses are on the traditional lands of the Tkémłúps te Secwépemc (Kamloops campus) and the Texelc (Williams Lake campus) within Secwepemcúlucw, the traditional and unceded territory of the Secwépemc. The region TRU serves also extends into the territories of the St'át'imc, Nlaka'pamux, Nuxalk, Tšilhqot'in, Dakelh, and Syilx peoples.

2023



TRU Indigenous Education

January
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

Pelltsípweñten • February

CACHE PIT OR CELLAR PIT MONTH

March
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
			1	2 Groundhog Day	3	4
5 	6	7	8	9	10	11
12	13 	14	15	16	17	18
19	20 BC Family Day (University closed)	21 Valentine's Day	22 Pink Shirt Anti-Bullying Day	23	24	25
26	27 TRU Indigenous Awareness Week	28	1	2	3	



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2023



TRU Indigenous Education

February
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28

Pellsqépts • March

SPRING WINDS

April 2023
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
			1 TRU Indigenous Awareness Week	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
Daylight Saving Time begins						
19	20	21	22	23	24	25
	First day of spring		World Water Day			
26	27	28	29	30	31	
					National Indigenous Languages Day	



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2023



South Thompson River
Photo courtesy of Linda Komori



TRU Indigenous Education

March
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

Pesl7éwten · April

MELTING MONTH

May 2023
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
						1 April Fool's Day
2	3	4	5	6	7 Good Friday (University closed)	8
9 Easter Monday (University closed)	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



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2023



Balsamroot

Photo courtesy of Linda Komori



TRU Indigenous Education

April
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30

Pell7é7llqten • May

DIGGING ROOTS MONTH

June
S M T W T F S
1 2 3
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
	1	2	3	4	5 National Awareness Day of MMIWG and 2SLGBTQQIA plus peoples	6
7	8	9	10	11 Moose Hide Campaign Day	12	13
14 Mother's Day	15	16	17	18	19	20
21	22 Victoria Day (University closed)	23	24	25	26	27
28	29	30	31			



Simpcw First Nation canoe journey, North Thompson River
Photo courtesy of Simpcw First Nation



TRU Indigenous Education

May
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

Pelltspántsik · June

MID-SUMMER MONTH

July
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

Xetspésíqt Sunday	Nekwésíqt Monday	Selésíqt Tuesday	Kellésíqt Wednesday	Mesésíqt Thursday	Tselkstéíqt Friday	Teímekstésíqt Saturday
				1 National Indigenous History Month	2	3
4 	5	6	7	8	9	10 
11	12	13	14	15	16	17
18  Father's Day	19	20	21 National Indigenous Peoples Day Summer solstice First day of summer	22	23	24
25 	26	27	28	29	30	



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2023



Saskatoon berries



TRU Indigenous Education

June
S M T W T F S
1 2 3
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30

Peltqwelqwelt · July

GETTING RIPE MONTH

August
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
						1 Canada Day
2	 3 Canada Day observed (University closed)	4	5	6	7	8
9	 10	11	12	13	14	15
16	 17	18	19	20	21	22 Back to Batoche: Métis national recognition day of people who died → during 1885 NW Resistance and celebration of Métis culture
23 Back to Batoche →	24	 25	26	27	28	29
30	31					



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2023



Dip netting

Photo courtesy of Geraldine Bob



TRU Indigenous Education

July
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

Pesqelqlél'ten · August

MANY SALMON MONTH

September
S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30

Xetspésq't Sunday	Nekwésq't Monday	Selésq't Tuesday	Kellésq't Wednesday	Mesésq't Thursday	Tselkstéq't Friday	Teq'mekstésq't Saturday
		1 	2	3	4	5
6	7 British Columbia Day (University closed)	8 	9 International Day of the World's Indigenous Peoples	10	11	12
13	14	15	16 	17	18	19
20	21	22	23	24 	25	26
27	28	29	30	31 		



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2023



Spawning sockeye salmon in Adams River, BC



TRU Indigenous Education

August
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

Pelltemlík · September

SPAWNED OUT SALMON

October
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
					1	2
3	4 Labour Day (University closed)	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Fall equinox First day of autumn	23
24	25	26	27	28	29	30 National Day for Truth and Reconciliation Orange Shirt Day



Simpcw First Nation Dunn Lake
Photo courtesy of Simpcw First Nation



TRU Indigenous Education

September
S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30

Pesllwélsten · October

ABANDONING MONTH

November
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
1	2	3	4 National Day of Action for Missing & Murdered Indigenous Women & Girls	5	6	7
8	9 Thanksgiving (University closed)	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 Halloween				



Pit house

Photo courtesy of Simpcw First Nation



TRU Indigenous Education

October
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

Pellc7ell7úllcwten • November

ENTERING THE PIT HOUSES MONTH

December
S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30
31

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
			1	2	3	4
 5 Daylight Saving Time ends	6	7	8	9	10	11
		National Inuit Day	National Indigenous Veterans Day	Fall mid-term break →		Remembrance Day
12	 Remembrance Day observed (University closed)	14	15	16	17	18
19	 National Addictions Awareness Week →	21	22	23	24	25
26		28	29	30		



TRU Indigenous Education

November
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30

Pelltetéqem • December

CROSS OVER MONTH: DAYS ARE GETTING LONGER

January 2024
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

Xetspésq̓t Sunday	Nekwésq̓t Monday	Selésq̓t Tuesday	Kellésq̓t Wednesday	Mesésq̓t Thursday	Tselkstéq̓t Friday	Teq̓mekstésq̓t Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
Christmas Eve	Christmas	Winter break →				
31	1	2	3	4	5	
New Year's Eve						

NOTES

On the cover



Kamloops from Kenna Cartwright park overlooking the North and South Thompson Rivers.



The Indigenous Education image shows Seklép (Creator, Trickster, teacher) on his educational journey at TRU. This image is synonymous with Indigenization and represents working in partnership & supporting one another.

The dark blue on the outside represents Séwllkwe (Water), the green represents Specéc (Air), the brown represents the Tmicw (Land), the orange represents the Skwékw7es (Sun) and the yellow represents the Mégcen (Moon)



TRU is proud to host the highest number of Indigenous students of any BC post-secondary, with 11% Indigenous (First Nations, Métis) students at Kamloops campus (approximately 3,000), 30% at the Williams Lake campus, and 6% taking classes through Open Learning. TRU's service area includes over 80 First Nation bands and includes Métis organizations.

On the back cover:

The Gathering Place for Indigenous students at TRU Williams Lake campus follows the design of a Secwépemc traditional winter home.

2023 Secwépemc Calendar

