

TRU CONFERENCE CENTRE

Pick-Up Menu



THOMPSON
RIVERS
UNIVERSITY

Rise & Shine

Packaged by the dozen, order for a minimum of 1 dozen

- Assorted fruit turnovers \$21.99
- Assorted muffins \$21.99
- Cheese biscuits & butter \$21.99
- Assorted bagels & cream cheese \$23.99

Drinks

Ordered individually

- Bottled water \$2.50
- Canned juice \$2.09
- Canned soda \$2.09
- 10 Cup Seattle's Best Coffee® Organic Fair Trade Certified traveler \$19.99
- 10 Cup Tazo® tea traveler \$18.99

Snack Time

Packaged in groups for 10 people, order for a minimum of 10 people

- Bruschetta & Hummus Platter \$23.99
- Market Vegetable Platter \$42.29
- Jumbo Chicken Wings \$62.99
 - Choice of hot, honey garlic, teriyaki, lemon pepper
- Chicken Fingers \$62.99
 - Served with plum sauce and honey mustard
- Cracked Pepper Dry Garlic Ribs \$52.99

Sweet Tooth

Packaged by the dozen, order for a minimum of 1 dozen

- Assorted cookies \$10.99
- Assorted squares \$15.99
- Brownie variety \$16.99
- Rice crispy squares \$11.99

Everybody Loves Pizza

Signature Triple Cheese \$17.99 - the perfect blend of three cheeses

Loaded Hawaiian \$17.99 - smoked ham & pineapple

Hearty Garden \$17.99 - mushrooms, peppers, spinach & red onions

Classic Pepperoni \$17.99 - thinly sliced pepperoni & mozzarella

Sicilian Meat Lovers \$18.99 - smoked ham, sausage crumble & pepperoni

Greek \$18.99 - spinach, olives, tomato, red onions & feta cheese

On The Go

Meal on the Go \$10.79

One turkey, ham, beef or veggie kaiser sandwich, one home baked cookie, carrots with ranch dip and one juice box

Snack on the Go \$6.29

Enjoy a quick snack on the go with your choice of 3 items, one Nutri-Grain® Bar, one SoLo® Energy Bar, one individual portion of trail mix, one piece of whole fruit, two pack of home baked cookies, carrots with ranch dip, deep dutch brownie, and one individual yogurt cup or one juice box

Pick Up Packages

Packaged in groups for 10 people, order for a minimum 10 people, maximum 100 people

Lunch Time Assorted \$135.99

Sandwiches & wraps with tossed salad, dressings, bags of chips & canned beverages

BBQ \$119.99

BBQ roasted chicken with herb roasted potatoes, coleslaw, cookies & canned beverages

Chili Dog Bar \$74.99

Delicious beef hot dogs served with our homemade chili, shredded cheese, onion, ketchup, mustard & canned beverages

Pasta Feast \$119.59

Penne pasta tossed with marinara, bolognese or alfredo sauce. Served with tossed salad, dressings, garlic bread, cookies & canned beverages

Helpful Hints for Event Planning

Designed for the ultimate in convenience, this catering menu offers a variety of freshly prepared snacks, meals, and beverages.

- All offerings listed require advance notice for preparation of 5 business days.
- All items are self-service, to be picked up by the customer at the Catering Kitchen next to the Urban Market at the time determined when the order is placed.
- All food and beverage orders will be packaged and include the appropriate disposable service ware.

Planning an Event

Call the catering team at 250-371-5824. This brochure was developed to be used for small student or fundraising events and contains some of the most popular items for that type of event. Our catering team can help you plan a menu for any type of event. If you have a particular request, just ask and we will be happy to develop custom menus for any occasion and budget.

Ordering Information

We request that all orders be placed 5 business days in advance of the requested pick up date.

Food Quantities

The time of day and purpose of the event will influence the quantity of food you will need. If you are serving light snacks or refreshments during or near meal times, you will typically need a larger quantity than between meal periods. The food quantities planned for events are average sized portions. We can help you determine the appropriate amounts for your group depending on the time of day and type of event.

Pick-Ups

The most economical way to host a party is to pick up the food and set it up yourself. Orders can be picked up at our catering kitchen located next to the Urban Market in the Campus Activity Centre. We will have your items packaged and easy to carry at your time of pick-up. If you will need assistance, it's helpful to ask at the time the order is placed. We can also deliver your order to any campus location. Delivery charges vary and are based on the quantity of food ordered.

Equipment & Location

All orders are packed in disposable containers. Appropriate serving utensils are included with your order. Standard university procedures for booking space for your event should be followed. Contact the Conference Centre office if you need more information.

Contact Us

900 McGill Road Kamloops, BC
Canada V2C 0C8

Phone: 250.371.5723
Email: catering@tru.ca

tru.ca/cac

Ask us about our substitute menu options for dietary concerns!

We are happy to accommodate religious, social, and allergy restrictions.

Common substitutes we are used to accommodating are gluten free options, dairy free options, vegetarian meals, vegan meals, and halal approved proteins.

Substitutes can be made for breakfast, breaks and snacks, lunch and dinner.

Pricing may vary, please speak to our Catering Manager for further details.