

Bachelor of Education (Elementary) Specialization in Physical Education

**Online Tutorial
Academic Advising**



THOMPSON RIVERS
UNIVERSITY

KAMLOOPS, BC



Purpose of this Session

- Overview the specific requirements for TRU's Bachelor of Education-Physical Education degree program
- Help students to select appropriate courses and make a personalized education plan



Topics of Discussion

- Role of Education Program Advisor
- Application process
- Admission requirements
- Core courses and program recommendations
- Registration of courses
- Role of Academic Advisors and Degree Program Advisor



Bachelor of Education (Elementary) Degree...Physical Education

- Gain expertise in the movement, health, wellness and physical education from a pedagogical perspective
- Enjoy frequent contact with professors
- Integrates pedagogical studies and school experiences
- Builds extensive teaching experience at schools within BC's interior
- Accrue, disseminate and apply knowledge about physical activity in relation to individual and community health.
- Preparation for graduate programs



Practicum Placements

Seven Partner School Districts

Kamloops/Thompson #73

Cariboo-Chilcotin #27

Nicola-Similkameen #58

North Okanagan-Shuswap #83

Gold Trail #74

Vernon #22

Okanagan/Similkameen #53

Kamloops-N. Thompson (Urban, Rural,
and Independent Schools)

Williams Lake and 100 Mile House

Merritt area

N. Okanagan-Shuswap; Salmon Arm area

Ashcroft, Cache Creek, Lillooet, Lytton,
Clinton

Vernon area

Oliver area

- Students identify geographic preferences for placements
- Because majority of candidates are placed outside of Kamloops area, students must be willing to be located in any of the above
- Note: transportation costs and accommodation costs are assumed by student



Practicum Placements

'Five School Experiences' within seven school districts

Year 1, Fall Semester

Year 1, Winter Semester

Year 2, Fall Semester

Year 2, Winter Semester

Year 3, Fall Semester

Year 3, Winter Semester

No Practicum

Visits to schools in Kamloops area

- orientation to schools covered in PHED 300 and PHED 365

8 Visits to Schools in October and November (44 hrs)

50%+ placement is outside of Kamloops

2 week Practicum (60 hrs)

- Last 2 weeks in Winter Semester

3 week Practicum (90 hrs) from beginning of September

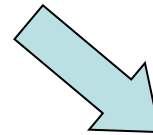
10 week Practicum (300 hrs) (Jan/Feb/Mar)

Gradual increase in teaching load to 80% during last 5 weeks of practicum

- Continuing in same school as Fall practicum
- From beginning of January at School District opening dates

Professional Opportunities

**Bachelor of Education (Elementary)-
Physical Education Specialty**



Certificate/Diploma
in
Special Education

Masters Degree
(M.Ed.)
in Education



[For more information, check here](#)

Learn more about the B.Ed. Physical Education Specialty Program...

- Go to the [School of Education](#) website for program information, faculty information, teaching positions and practica information.
- Print off copies of the Application Package and Supplemental Application forms. Learn more about the program and how to prepare by reviewing the [frequently asked questions](#) .



Meet the Education Faculty...

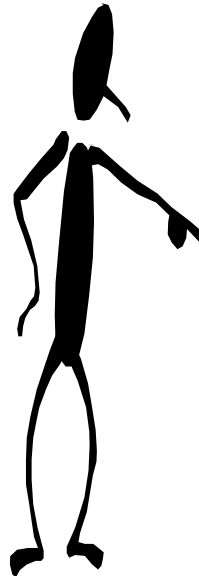
- The School of Education encourages students to make a connection to learn more about their program.
- Explore the expertise in the Faculty. The link provided will let you know the courses they teach and their contact information:

Link here to connect with the [Instructors](#)



Bachelor of Education Program Advisor

Available to all potential applicants who seek clarification on admission requirements, course equivalencies, and program information. It is recommended students prepare by researching the program online.



Liz Critchley

Location: Arts and Education
Building, Room 381

Email: edadvising@tru.ca

Phone: (250) 377-6048

Go to the

[School of Education website](#)

General Admissions Requirements

- Students typically enrol into courses fulfill their pre-admission requirements to a Physical Education specialty along with taking other courses that prepare another teachable area (e.g. Arts or Sciences)

...then

- Apply to Education after completion of a defined set of course work equal to a 60 credit (minimum)



Path of Acceptance:

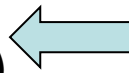
Apply to year one
at TRU:
Arts or Science



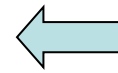
Obtain minimum of 60
credits that include
admission requirements to
B.Ed. (Elem) PE Specialty



Graduation:
*B.Ed. (Elementary)
Physical Education*



3 years
in the
program



Apply to B.Ed.
(Physical Education
Specialty) program
by deadline

How to Apply

Apply anytime after October 1. Application can be made three different ways:

1. [Online](#)
2. [Mail](#)
3. In-person:
Admissions/Registration
Old Main Building
Room 1155
Kamloops, BC



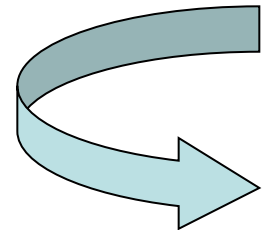
New students pay \$25.50 application fee



Submit official transcripts



Complete application package and submit to Office of the Registrar



Submit to Admissions

Documentation Required to Support Your Application:

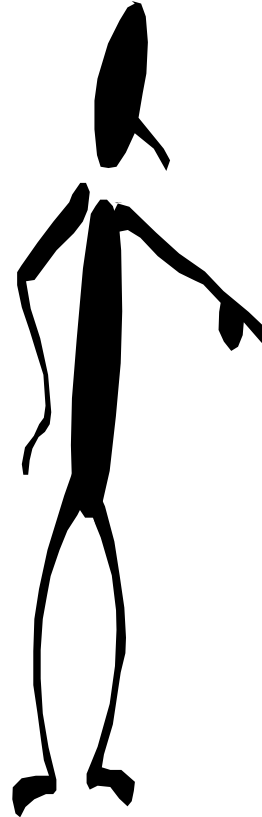
1. General TRU Application form (submit as of October 1st)
2. Official transcripts from all post-secondary institutions attended. TRU students' transcripts on file
3. Letter of Intent: In no more than 300 words, outline the reasons you would like to become a teacher, why you have chosen the TRU. B.Ed. (Elem) PE Specialty program as your preparation and any information you feel is pertinent to your application.
4. Two confidential references from referees using forms within Admissions Requirements Package



Deadline Dates to Apply

**Forward all documentation
to:**

TRU Admissions/Registration
c/o Maureen McCully
900 McGill
Kamloops, BC
V2C 0C8
Fax: (250) 371-5960



Deadline Date:

Application Deadline:

February 28

Transcript Deadline:

May 15

****Note: 10-12 Seats per year**

How Admission is Decided:

- Grade Point Average (gpa)
40%

- Minimum gpa of 2.67 is required
- Admission average calculated on 30 credits; refer to points 1 to 5 in the admissions requirements package



- Other Factors Combined
60%

- Other requirements include:
 - Documented Experiences
 - References
 - Interview
 - 500 word essay at time of interview (spontaneous write)
 - Letter of Intent (300 words)



Admission

...is based on four criteria

1. **GPA 2.67** calculated on TRU's admission requirements
2. **Experience** with groups of elementary school-aged children- minimum of **100 hours required** with at least 25 hours in an elementary classroom (K to Gr. 7) and/or elementary middle school (Gr. 5 to Gr. 9) classroom.
3. Evaluation of letter of intent, successful Interview and Spontaneous Write *
(clearly articulate experiences/teaching goals).
4. **Reference Reports** from two referees.



(*500 word essay done at time of interview)

To be More Competitive...

- Prepare a backup plan...think about another teachable subject to prepare for entry into the two year TRU B.Ed. (Elementary)...it may take up to 30 more credits to qualify

or

- Link undergraduate planning with admission requirements into education:



Example:

Bachelor of Arts

Bachelor of Science

Bachelor of Fine Arts

Bachelor of Interdisciplinary Studies

Bachelor of Human Kinetics or Kinesiology*

Bachelor of Music*

*Note: programs not available at TRU

- Present an extensive breadth of post-secondary coursework related to elementary curriculum

...To be More Competitive

Strengthen your current application by:

- Presenting recent and extensive experience with children by having more than 100 hours of volunteer or paid experiences with groups of elementary school-aged children, preferably in a sports and physical activity related setting.



- Present recent classroom experiences greater than 25 hours in school setting closely related to your focus in the Education program.



- Present more recent voluntary (or paid) experiences working with elementary aged children in group settings
(ie: YMCA, Voluntary Agencies, Sunday Schools, Coaching opportunities, Boys and Girls Club, Big Brother & Big Sisters etc...)



Faculty of Education Applicant Profile

2011

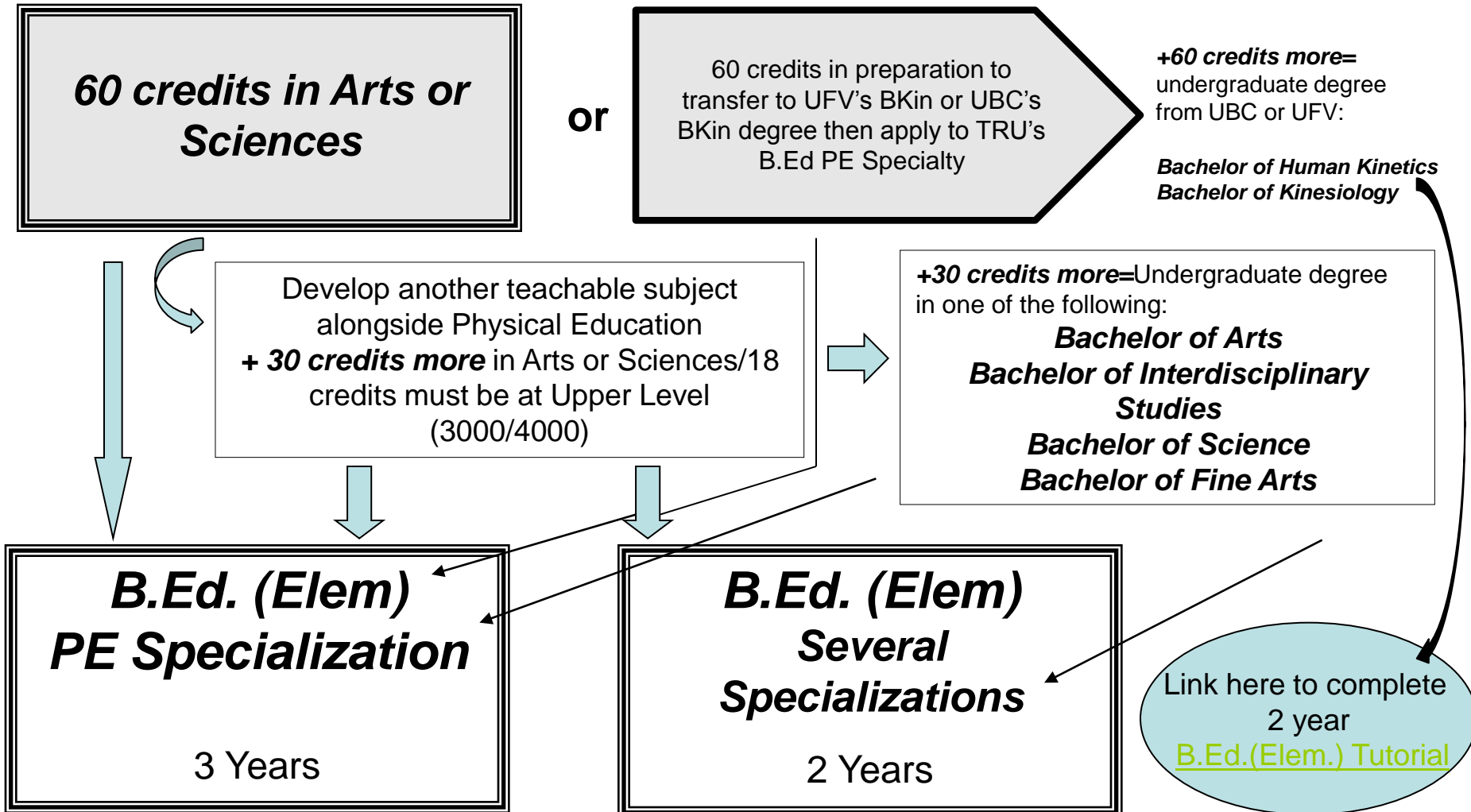
# of applicants:	12
# of qualified applicants:	12
# of admitted students:	10
Average GPA (4 point scale):	3.05
Admitted GPA:	2.70
Highest GPA within pool of qualified applicants:	3.5

Quick Fact:

Did you know? 2010 Grads have found employment as Teachers on call and also work in elementary, middle school, and secondary settings

Academic Pathways

Several Program Options Available...



Course Requirements

Refer to the B.Ed. [Degree Advising Sheet](#) and the [Degree Check Sheet](#)

Core Courses = 33 credits

Minimum of 60 credits to include:

- **6 credits** of English Literature and Composition
- **6 credits** of Science (Biology 1590/1690)
- **3 credits** of Mathematics
- **3 credits** of History/Geography
- **3 credits** of Canadian Content (**not part of gpa calculation**)
- **12 credits** of Physical Education Courses:
Phed 1000, Phed 2130, Phed 1230, Phed 2150



Core Course Examples

6 credits of English (include both Literature and Composition):
English 1100/1110

6 credits of Science:
Biology 1590/1690

3 credits of a Mathematics (any course from the list below
but not statistics): Math 1000 or 1100 or 1140 or 1150 or Math **1900**

3 credits of a History or Geography (any course from the
list below):

History 1030, **1120, 1220**, 1160, 1260, 2160, 2260, 2170, 2270,
2180, 2280, 2700

Geography 1190, 1200, 2100, 2110, 2120, **2220, 2230**, 2700, 2750

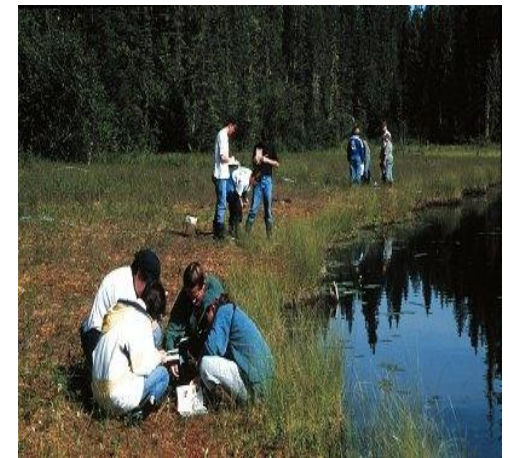
*note: Courses in bold are most commonly planned, however, not only choice



Core Course Examples

3 credits of Canadian Content taken in Humanities or Social Sciences (any 1 courses from the list below):

- English 2040, **2170, 2270**, 2410
- History **1120, 1220**, 2020, 2700
- Geography **2220, 2230**
- Canadian Studies **2000**, 2420
- Political Studies 1110, 2230
- Anth 2140, 2230
- Sociology 2010, 2100



Plan Ahead...Plan a Second Subject Area with Physical Education

Physical Education (24 credits lower or upper level course work)

Phed 1000	3 credits
Phed 1230	3 credits
Phed 2130	3 credits
Phed 2150	3 credits
Phed 2210	3 credits (in B.Ed)
Phed 2000	3 credits (in B.Ed)
Phed 3450	3 credits (in B.Ed)
Phed 4350	3 credits (in B.Ed)

24 credits= Teachable Subject Area

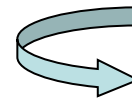
It's typical to take well beyond the 24 credits minimum needed to satisfy a teachable subject area.



Second Subject Area (plan to include 18 credits at the upper level)

Strengthen Your Employment Outcome....

Plan to team up Physical Education courses with other courses that satisfy subject areas taught in British Columbia Schools. Options can include Geography to History or Biology. Print of the following copy of subject areas to assist you in planning for



Link here for PDF of
[Subject Areas](#)

Example of B.A. Applicant Preparing for Admission...Physical Education/ (English)

Year One	
Fall	Winter
1. Engl 1100	Engl 1110
2. Biol 1590	Biol 1690
3. Phed 1230	Phed 1000
4. Geog/Hist (Canadian Content)	Elective (Canadian Content)
5. Elective	Elective

Year Two	
Fall	Winter
1. Math(or Elective	Elective (or Math)
2. 2 nd language (or Elective)	2 nd language (or Elective)
3. Phed 2130	Phed 2150
4. Engl 2110	any 2000 level Engl. Lit
5. Elective	Elective

*Refer to the TRU calendar for the choices in core courses attached to the Bachelor of Arts degree.

Example of B.Sc. Applicant Preparing for Admission... Physical Education/ (Biology)

Year One	
Fall	Winter
1. Engl 1100	Engl 1110
2. Biol 1110	Biol 1210
3. Phed 1230	Phed 1000
4. Geog/Hist (Canadian Content)	Math 1140
5. Chem 1500	Chem 1510 (or 1520)

Year Two	
Fall	Winter
1. Chem 2120	Chem 2220
2. Math 1240	Biol 2290
3. Phed 2130	Phed 2150
4. Biol 1590	Biol 1690
5. 1 of: Biol 2160 or 2170 or 2180	Biol 2130

*Refer to the TRU calendar for the choices in core courses attached to the Bachelor of Science degree.

An Opportunity to be Certified to Teach Middle School...satisfy BCCT's 24 credits

- Phed 1000/1230 6 credits at 1000 level*
- Phed 2130/2150/2000/2210 12 credits at 2000 level*
- Phed 3000 3 credits at any level*
- Phed 4350 3 credits at 4000 level*

Total:

***24 Credits of Course Work in
Physical Education**



The Bachelor of Education(Elem.) Specialization in P.E. Degree is Accredited by:

The British Columbia College of Teachers



Provides certification from
Kindergarten to Grade12

24 Credits of Course Work (1000 to 4000 level)= Accreditation and Professional
Certificate to teach Kindergarten to Gr.12



Recommended Post Secondary Courses

Applicants are encouraged to complete a broad range of post-secondary studies with extensive subject preparation in areas such as:

- English
- Second Languages
- Mathematics
- Sciences
- Social Studies
- Fine Arts
- Physical Education
- Music



Other Factors to include in the Application Package

Refer to online copy Admissions Requirements Package

- B.Ed. (Elem)-Physical Education program is highly competitive
- Complete the additional supporting documentation paying close attention to content and form
- Word process all responses
- Experience is important!



Admissions Requirements Package

Supplementary Requirements

1. **100 hours** of relevant work, and/or volunteer experiences with groups of elementary school-aged children. At least 25 hours must be spent in an elementary (K to Gr. 7) and/or middle school (Gr. 5 to Gr. 9) classroom.
2. **Letter of Intent** expressing connections between experiences and influences in choosing teaching as a career option. Writing ability will be evaluated
3. **Two reference** reports from referees who have observed the applicant working with elementary school aged children



Interview and Spontaneous Write...

Interview (15-20 minutes)

- All applicants who meet the minimum requirements for entry will be interviewed by two members of the Admissions Committee
- Students will be contacted by Faculty to set-up date and time

Spontaneous Write (500 word essay)

- At the time of the interview each candidate will be required to write an essay on any given topic
- The writing is spontaneous and supervised by the Admissions Committee



Transfer Candidates

Students who have completed their 60 credits at other colleges or universities are considered on the same basis as students currently attending TRU.



Acceptance into the Education Program

- Students accepted into the program will be notified in writing by Admissions in May.
- A commitment fee of \$500.00, payable within 21 days after admission is granted to reserve your seat. Use 'myTRU' to pay the commitment fee.
- As of July 15, log into your own 'myTRU' account to check your Fall and Winter schedule.

Click here to go to [myTRU](#)



Now the Work Begins.....

- Complete an Online Degree Tutorial Session for BA or BSc. Check out the TRU website and review the core requirements specific to your undergraduate degree:

Look at the [Calendar](#) course descriptions, see whether or not you meet the prerequisites

Check the [Schedule of Credit Courses](#) for course availability and times

Complete plan of courses for next fall and winter

To help you decide, talk to friends, and instructors regarding content and workload



Go to [Online Degree Tutorial Sessions](#)

Create a Personalized Course Plan

Refer to the Elementary Education (PE) [Degree Check Sheet](#) to make sure you have not missed any requirements

- **Current Students:** Record completed courses on Degree Check Sheet (TRU courses, transfer credits, and courses you will take next semester) - refer to your transcripts.
- **New Students:** Pencil in required courses you plan to take in the future (your English, Science etc.)

If you are **transferring** to TRU, identify courses you might have taken that satisfy 'core courses' – double check your transferability using the [BC Online Transfer Guide](#).

1. Write those courses down you know you still have to complete – using the advising form as a reference
2. Contact [B.Ed. Program Advisor](#) if questions about course suitability to requirements.



Start with Step One...

An online tutorial to help prepare you for post-secondary

- If you are uncertain with where to begin and need help determining your first step, complete the '**Step One**' online tutorial. It is designed to:
 - help students understand program offerings, admission requirements, and course information
 - explain how to apply to a program and become admitted
 - overview the registration process and explain how to enrol into courses using the website
 - provide information on financial aid resources
 - provide direction with how to read the calendar
- '**Step One**' helps prepare new or returning students begin their studies
- Offered [online](#) for review



Need Help?

Contact the Academic Advising Department

Academic Advisors



Assist University Prep, 1st and
2nd year students with:

Preparing to Apply
Educational Planning
Course Selection

- In Person - Kamloops Campus,
Old Main Building, Room 1100
- Email: Advising@tru.ca
- Phone: (250) 828-5075



For more information go to: <http://www.tru.ca/advising>

Need Help Planning Upper Level Courses?

Degree Program Advisors

Students selecting courses at the 3000/4000 level will be required to meet with their Program Advisor who will assist students with:

Upper level Course Planning
Course Approvals
Graduation

- **Faculty of Arts-** Micheline Novak, (250) 371-5566 baadvising@tru.ca
- **Faculty of Science-** Dr. Eric Littley (250) 828-5403 elittley@tru.ca



**Thank you for your interest in
Thompson Rivers University!**

