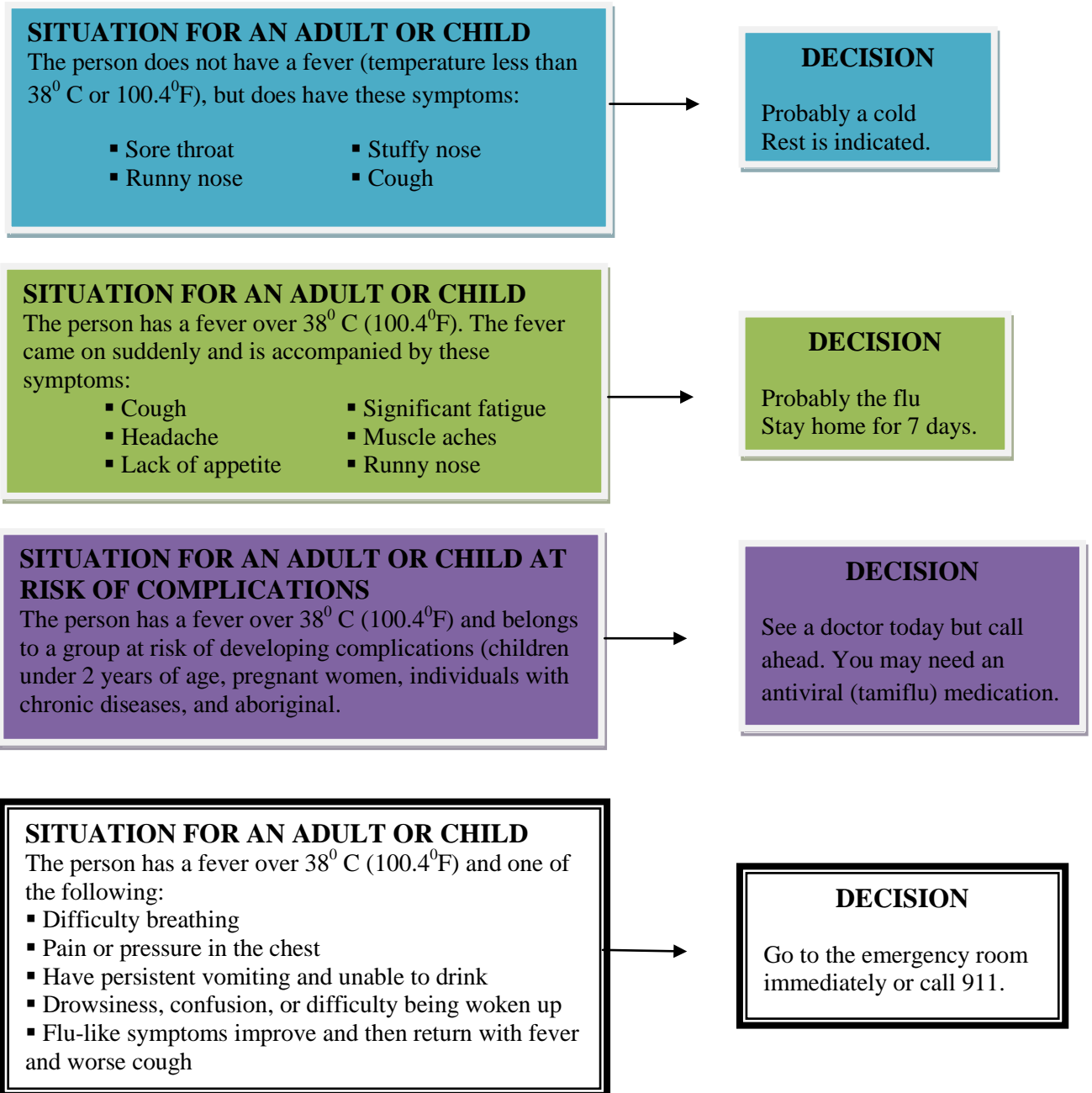


IF YOU HAVE FLU SYMPTOMS

Use the information in this chart to help make the best decision for you and your family. Always use the prevention measures to reduce the spread of the flu virus:

- Wash your hands frequently
- Cough or sneeze into the crook of your elbow rather than into your hands
- Keep your surroundings clean
- Stay home if you are ill



If you have any questions about the flu call **Health Link BC**