



**THOMPSON RIVERS UNIVERSITY**

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**Guideline for students interested in transferring to the University of the Fraser Valley's Bachelor of Kinesiology -Effective-Winter/17-**

TRU students may complete the first year courses to transfer into the second year of the Bachelor of Kinesiology degree offered at the University of the Fraser Valley. Admission to the program is competitive.

Applications for intake are accepted in the Fall, Winter, and Summer semesters. Applications become available October 1<sup>st</sup> for the Fall and Summer intakes. For the Winter intake, applications commence May 1<sup>st</sup>. Information on application procedures are available directly from UFV Admissions and Records and are found online at:

Website: [www.ufv.ca/admissions/admissions/apply](http://www.ufv.ca/admissions/admissions/apply)  
Contact: **1.888.823.8734 or 604-854-4501**

Contact:	Department of Kinesiology Canada Education Park 45190 Caen Avenue Chilliwack, BC Canada V2S 0N3  Student Contact: Corry Jensen, Program Advisor	Website: <a href="http://www.ufv.ca/kpe">www.ufv.ca/kpe</a> Phone: (604) 702- 2609 Email: <a href="mailto:corry.jensen@ufv.ca">corry.jensen@ufv.ca</a>
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Refer to the UFV calendar or the website [www.ufv.ca/kpe](http://www.ufv.ca/kpe) for a complete program description and outline of the additional requirements needed for a complete application. Information on course transfer is available from the British Columbia Council on Admissions and Transfer found online at: [www.bctransferguide.ca](http://www.bctransferguide.ca).

### Program Requirements

The Bachelor of Kinesiology degree requires the completion of at least 120 credits applicable to the KIN program plan of which a minimum 48 credits must be at the upper level (300/400). Within the 120 credits, students must complete at least 36 credits of university level credits (including 12 upper level credits) outside of the KIN course offerings. A minimum program GPA of 2.0 is necessary to graduate. Students must complete either the **Exercise Science (Option I) or Pedagogy (Option II)** to complete their degree.

The University of the Fraser Valley has provided the following information as a guide for prospective students. Admission to **second year** of the Bachelor of Kinesiology program must include:

1. One of KIN 163 or KIN 170 (TRU's Biol 1592+1594/Biol 1692+1694) with a "C+" grade or better
2. Has completed or meets the prerequisites for English 105 (TRU's Engl 1100) or Communications 125 or Communications 155
3. Meet the prerequisite for Statistics 104 (TRU's Stat 1200) or Statistics 106 OR has completed Statistics 104 or Statistics 106 or Psychology 110 (TRU's Psyc 2100).
4. An additional 12 university level credits with an overall GPA of 2.33

## Core Lower Level Kinesiology Courses Required by BOTH Specialties:

### TRU Equivalencies

PHED 2110 (3 cr)  
 PHED 2150 (3 cr)  
 Biol 1592+1594 & Biol 1692+1694 (6 cr)  
 PHED 1000 (3 cr)  
 PHED 2130 (3 cr)  
 PHED 2140 (3 cr)  
 PHED 2210 (3 cr)  
 Not offered

### UFV Requirements

KPE 161 (3 cr)  
 KPE 163 (4 cr)  
 KPE 170 (4 cr+ 2 unassigned)  
 KPE 215 (3 cr)  
 KPE 261 (3 cr)  
 KPE 266 (3 cr)  
 KPE 268 (3 cr)  
 KPE 270 (4 cr)

### Breadth Requirements

ENGL 1100 (3 cr)  
 Stat 1200 or Psyc 2100 or any lower level Stats course (3 cr)

Literacy (Engl 105-3) or Communications 125 or 155(3 cr)  
 Numeracy (Stat 104(4 cr) or Psyc 110(3 cr))

## Option I - BKin Exercise Science

The exercise science option provides preparation for those pursuing careers as a registered kinesiologist, students planning to go to graduate school, or in preparation for admittance to a professional program such as physiotherapy, occupational therapy, massage therapy, medicine or chiropractics.

### TRU Equivalencies

#### First year

BIOL 1110 (3 cr)  
 BIOL 1210 (3 cr)  
 ENGL 1100 (3 cr)  
 PHED 2110 (3 cr)  
 BIOL 1592+1594 & Biol 1692+1694 (6 cr)  
 PHED 1000 or 2130 or 2210 (3 cr)  
 Non-KPE Electives- (9 cr)

### UFV Requirements

BIOL 111 (5 cr)  
 BIOL 112 (5 cr)  
 ENGL105 (3 cr)  
 KPE 161 (3 cr)  
 KPE 170 (4 cr + 2 unassigned)  
 KPE 215 or 261 or 268 (3 cr)  
 Non-KPE Electives (9 cr)

### \*\*Non-KPE Electives

Credits must be taken from Biology, Chemistry, Math, Physics and/or Psychology and must include 12 credits at the upper level. Please note that depending on what professional program and institution you are applying to, admission requirements can include specific Biology, Chemistry, Math, Physics and/or Psychology courses. Students planning on applying to professional programs such as Medicine and Physiotherapy are advised to determine the undergraduate requirements and select science courses accordingly. Students should refer to the course description section of the TRU calendar to choose the most appropriate courses and to check pre-requisites.

#### TRU Courses:

1. MATH 1140/1240 or Math 1150/1250
2. CHEM 1500  
    CHEM 1510 or  
    CHEM 1520
3. PSYC 1110
4. PHYS 1100/1200 or  
    PHYS 1150/1250

#### Pre-requisites:

Pre-Calculus 12 C+ or better within the last two years  
 Chem 11 or 12; Pre-Calculus 12  
 Chem 1500 (C-); Chem 11  
 Chem 1500 (C-); Chem 12 (B)  
 none  
 Phys 11 and Pre-Calculus 12  
 Phys 12 and Pre-Calculus 12

### Second Year available at TRU:

#### TRU Equivalencies

PHED 2150 (3 cr)  
 PHED 2130 (3 cr)  
 PHED 2140 (3 cr)  
 PHED 2210 (3 cr)  
 PHED 3840 (3 cr)\*  
 PHED 4350 (3 cr)\*  
 Non KPE electives (9 cr)  
 STAT 1200 or Psyc 2100\*\* (3 cr)

#### UFV Requirements

KPE 163 (4 cr)  
 KPE 261 (3 cr)  
 KPE 266 (3 cr)  
 KPE 268 (3 cr)  
 KPE 365 (3 cr)  
 KPE 462 (3 cr)  
 Non-KPE Electives (9 cr)  
 3 credits Numeracy Requirement

\*To register for upper level PHED classes will require approval from the Faculty of Education Program Advisor, Lolina Koopmans.

Email: [bedadvisor@tru.ca](mailto:bedadvisor@tru.ca)

\*\*Note: Psyc 2100 has a pre-requisite of both Psyc 1110 and Psyc 1210.

## Option II - BKin Pedagogy

The pedagogy option provides preparation for those pursuing careers in instructional settings in both the public and private domains. Although many graduates from this option will pursue a teaching credential, many others will find opportunities in community recreation facilities as instructors, professional coaches, personal trainers or administrators. Students planning to enter the Teacher Education program need to be familiar with the admission requirements. **Students planning on the teaching option at a middle or secondary level must plan for a second teaching area.**

### TRU Equivalencies

#### First Year

ENGL 1100 (3 cr)  
Not Offered  
PHED 1230 (3cr)  
PHED 2110 (3 cr)  
BIOL 1592+1594 & Biol 1692+1694 (6 cr)  
PHED 1100&1190 (6 cr)  
PHED 1000 (3 cr)  
12 cr towards second teaching area \*\*

### UFV Requirements

ENGL 105 (3 cr)  
KPE 160 (3 cr)  
KPE 103 (3 cr)  
KPE 161 (3 cr)  
KPE 170 (4 cr + 2 unassigned)  
KPE 220D (3 cr)  
KPE 215 (3 cr)  
Non-KPE Electives (6 cr)\*\*

### \*\*Non-KPE Electives:

An additional 3 credits of English may need to be chosen from English 1110/1120/1140/1210 to satisfy admission to Education. Courses may be selected from any field of study that supports your career objective. Students must consult with the Faculty of Education Advisor to make sure the proper requirements are included as electives.

### Second Year Available at TRU:

#### TRU Equivalencies

PHED 2150 (3 cr)  
1 of: PHED 1120 or Phed 1160 (3 cr)  
PHED 1280 (3 cr)  
PHED 2130 (3 cr)  
PHED 2140 (3 cr)  
PHED 2210 (3 cr)  
PHED 3840(3 cr)\*  
PHED 4350 (3 cr)\*  
3 cr of Stats (ie: Stat 1200 or Psyc 2100\*\*)  
3 cr Non-PHED Electives(non-teaching area)\*\*

#### UFV Requirements

KPE 163 (4 cr)  
KPE 1XX (3 cr)  
KPE 221 (3 cr)  
KPE 261 (3 cr)  
KPE 266 (3 cr)  
KPE 268 (3 cr)  
KPE 365 (3 cr)  
KPE 462 (3 cr)  
3 credits Numeracy Requirement  
Non-KPE Electives (3 cr)\*\*

\*To register for upper level PHED classes will require approval from the Faculty of Education Program Advisor, Lolina Koopmans. Email: [bedadvisor@tru.ca](mailto:bedadvisor@tru.ca)

\*\*Note: Psyc 2100 has a pre-requisite of both Psyc 1110 and Psyc 1210.

**Note: The following information is intended as a guideline for physical education students planning on transferring to UFV. Due to changes that occur at all institutions it is the responsibility of the student to ensure that the courses selected meet the requirements of the institution the student plans on attending.**

## TRU PHED TRANSFER GUIDE TO UFV

### TRU (Credits)

### UFV (Credits)

BIOL 1592+1594 & 1692+1694 (6)  
(Human Biology: Anatomy and Physiology I & II)

KPE 170 (4) & KPE 1XX (2)

PHED 1000 (3)  
(The Analysis of Performance in Individual Sports)

KPE 215 (3)

PHED 1100 (3)  
(Basketball)

KPE 1XX (1.5); or TRU PHED 1100 and TRU PHED 1190=  
KPE 220D (3)

PHED 1120 (3)  
(Outdoor Activities)

KPE 1XX (3.0)

PHED 1140 (3)  
(Aquatics)

KPE 1XX (1.5)

PHED 1160 (3)  
(Soccer)

KPE 1XX (3)

PHED 1190 (3)  
(Volleyball)

KPE 1XX (1.5); or TRU PHED 1100 and TRU PHED 1190=  
KPE 220D (3)

PHED 1230 (3)  
(Conditioning)

KPE 103 (3)

PHED 1240 (3)  
(Golf)

KPE 1XX (1.5)

PHED 1280 (3)  
(Games, Contests, and Relay)

KPE 221 (3)

PHED 2000 (3)  
(Analysis of Performance in Team Sports)

KPE 120 (3)- **no longer offered at UFV**

PHED 2110 (3)  
(Intro to Study of Sport)

KPE 161 (3)

PHED 2130 (3)  
(Sport in Canadian Society)

KPE 261 (3)

PHED 2140 (3)  
(Psychology of Sport and Physical Activity)

KPE 266 (3)

PHED 2150 (3)  
(Exercise Physiology)

KPE 163 (4)

PHED 2210 (3)  
(Dynamics of Motor Skill Acquisition)

KPE 268 (3)

PHED 3840 (3)  
(Growth and Motor Development)

KPE 365 (3)

PHED 4350 (3)  
(Fitness Assessment and Exercise Prescription)

KPE 462 (3)