

# Canadian Mountain and Ski Guide Program

## Day Hiking Guide

### Application Package

(please specify course dates and location on your application form)

#### **Mail completed application form to:**

Canadian Mountain & Ski Guide Programs  
Thompson Rivers University  
PO Box 3010  
Kamloops, BC  
V2C 5N3

Ph 250-372-0118

Fax 250-371-5845

Email: [acmg@tru.ca](mailto:acmg@tru.ca)

# Day Hiking Guide Program

The Day Hiking Guide program is designed to train the participants to guide day hikes in mountain terrain, provide an information exchange with other participants and guides, and provide an introduction to the business of heli-hiking.

The program is focused towards training professional guides. It is an evaluation and certification program. The expectation is that the individual participant arrives with developed recreational skills and is ready to learn the application of “guiding skills”.

The Day Hiking Guide program is a prerequisite to the Backpacking Guide exam. Day Hiking Guides are asked to work one full season before applying to the Backpacking Guide Exam.

If you have already completed the Day Hiking Guide Exam and are applying to the Backpacking Guide Exam, fill out the Backpacking Guide application package (click on Backpacking Guide on the ACMG web site or call the ACMG Programs office for the BPG Application Package).

If you have not yet completed the Day Hiking Guide program, continue with this application package.

## **Note Concerning Applications:**

**Keep in mind that your application is a first impression. As such it plays a significant role in whether you will be accepted into the program or not. Poorly organized applications or unformatted resumes jeopardise your chances of acceptance because your background, skills and qualifications may not be clear and/or may compare unfavourably to other applications.**

**It is strongly recommended that you allow yourself adequate time to create a well structured, organized, and complete application that arrives on time. Late applications will not be accepted. This will greatly enhance your chances of being accepted if you qualify.**

**If you are accepted and it becomes clear in the field that you are not at the standard indicted on your application, instructors have the right to require you to leave the course immediately.**

***\*\* Currently working professionals who wish to take the Day Hiking Guide and Backpacking Guide Exams in the same season should call for information before applying***

## **NOTICE TO PARTICIPANTS OF PROFESSIONAL GUIDE TRAINING COURSES – INCREASED RISK**

TRU and the ACMG provide training intended to develop professional skiing, climbing, hiking, rescue, and wilderness travel guides. To train professional guides it is necessary for students to participate in activities that have higher levels of risk than what may be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards. This may include, but is not limited to activities such as: lead climbing where the climber places his or her own protective equipment, climbing without helmets, travel and decision making in avalanche terrain, climbing and rescue in a multi-pitch environment, students driving program vehicles, hiking in unusually rough and remote terrain, stress from examination and grading processes, students making route and hazard assessment decisions on behalf of other students, unsupervised activities; and continuing with an activity when it may not be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards (for example, when fatigued, in inclement weather, or in high hazard conditions).

# Application Information – Day Hiking Guide

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## **Prerequisites required before you can apply:**

- ❑ You must be 19 years of age or older
- ❑ Have a current Advanced ( 80 hr) First Aid and CPR certificate (Wilderness First Aid is preferred, however OFA 3 will be accepted).

## **To apply you must submit:**

- ❑ Registration form (attached)
- ❑ Copy of your current Advanced First Aid and CPR certificate. (if you will be taking your first aid course after the application deadline, attach a confirmation of registration for the first aid program you are taking – this must be complete, and confirmation received by our office (copy of certificate or letter from the first aid provider) in advance of the program date.
- ❑ Waiver (signed and witnessed)
- ❑ Medical (if this is your first application to an ACMG program requiring a medical. If you have submitted a medical for a previous ACMG program i.e. the ski or rock program, no medical is required)
- ❑ Personal resume which includes:
  - Educational background
  - Related work experience
  - Goals for becoming a guide
  - other information you feel is pertinent
- ❑ Hiking Skills resume showing you have a minimum of:
  - A description of how you have gained a good understanding of hazards related to mountain travel
  - 30 day hikes, of which 10 should describe off trail travel in alpine terrain and a minimum of 700 meters elevation gain/loss.
  - 21 backpacking trip nights. Describe which trips involved overnight stays in alpine terrain and advanced map and compass use for navigation.
- ❑ References who are familiar with your personal and technical background. Letters of reference will also be accepted (please include contact information with these)
- ❑ Related experiences and additional information you feel is pertinent

Once you have all the above, please submit your application **together** with a \$500 deposit.

**Applications submitted without a deposit will be returned.**

**Applications must be complete and received by the programs office no later than the application deadline date (see web site for application deadline).**

**Incomplete applications will not be accepted.**

**Late applications will not be accepted**

## **Cancellation Deadline:**

**Important to note is the cancellation deadline is 45 days in advance of the program to receive a full refund. There are no refunds of any kind, for any reason, if cancellation is received less than 45 days in advance of the course.**

# Canadian Mountain and Ski Guide Program

## Registration Form Day Hiking Guide

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Year/month/day

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Relationship (i.e. father, mother etc.): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Names and dates of all courses or exams for this application:

Course: \_\_\_\_\_ Payment Enclosed: \_\_\_\_\_

Course: \_\_\_\_\_ Payment Enclosed: \_\_\_\_\_

List any special dietary requirements (i.e., vegetarian, food allergies, etc.)

List any medical conditions (i.e. allergies, contact lenses, prescription drugs, etc.)

**Application check list. If documentation is missing, your application can be rejected unless a reasonable explanation is attached.**

Course Deposit	<input type="checkbox"/>	Registration form (this form)	<input type="checkbox"/>
Reference(or letter of reference)	<input type="checkbox"/>	Hiking Skills Resume	<input type="checkbox"/>
Waiver (signed and witnessed)	<input type="checkbox"/>	Personal Resume, cover letter, etc.	<input type="checkbox"/>
First aid certificate	<input type="checkbox"/>	Medical form	<input type="checkbox"/>
CPR certificate	<input type="checkbox"/>		

**I acknowledge having read the application package and the attached Cancellation Policy, agree to the terms and conditions described, and certify all information in my application is true and correct.**

Signature of Applicant: \_\_\_\_\_

Date: \_\_\_\_\_

## Hiing Skills Resume Format (example)

A personal skills resume can be set up in a spread sheet format to more conveniently list the types and styles of climbs. This will present relevant information in a concise format for the application review committee. If you have more experience in any category, feel free to list these experiences as it will help to show a greater depth to your skill base.

### 20 Day Hikes

<b>Route</b> <i>Name of route/hike</i>	<b>Location/Area</b> <i>area / range</i>	<b>Date</b> <i>month/year</i>
1.		
2.		
Etc.		

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### 10 Day Hikes in Alpine Terrain with a minimum of 700 m elevation gain/loss

<b>Route</b> <i>Name of route/hike</i>	<b>Location/Area</b> <i>area / range</i>	<b>Date</b> <i>month/year</i>
1.		
2.		
etc.		

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### 21 backpacking Trip Nights

<b>Route</b> <i>Name of route/ hike</i>	<b>Location/Area</b> <i>area / range</i>	<b>Duration</b> <i>number of days</i>	<b>Date</b> <i>month/year</i>
1.			
2.			
etc.			

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## Medical Form

To the examining physician: Mountain guiding involves leading clients in roped climbing and otherwise hazardous terrain in summer and winter. The profession demands the highest level of physical and mental fitness. Failure of the guide's health in the mountain environment would seriously jeopardize the lives of the guide and clients.

Health History	Yes	No	Comments (attach sheet if necessary)
CV Dis (ischaemic, arrythmia):			
Neurological Dis (epilepsy):			
Respiratory Dis (asthma, Pneumonia):			
Metabolic Dis (diabetes):			
Psychiatric Dis:			
Addictions (alcohol, drugs):			
Sensory (visual, hearing, vertigo):			
Other significant Dis:			
Medications:			

Details of any Yes answers and how they might impair professional performance.

Physical Examination	Normal	Abnormal	Comments (attach sheet if necessary)
CV System:			
Musc-Skeletal System:			
Nervous System:			
Respiratory System:			
Psychiatric Evaluation:			
GI System			
GI System:			
Auditory Acuity:			
Visual Acuity (with correction):			
Blood Pressure – Systolic:			Diastolic:
Urinalysis-Protein:			Glucose :

Details of any abnormalities and how they might affect professional performance.

**Health Evaluation:**

Is the aspirant fit to guide? YES \_\_\_\_ NO \_\_\_\_

(If in doubt arrange the appropriate consultation and include results).

Name of aspirant (Please print): \_\_\_\_\_

Examining physician (Please print): \_\_\_\_\_

Signature of physician: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Payment and Cancellation Policy

**NOTE: New payment deadline is 45 days (6 weeks) in advance of your program**

### Course Fees

Fees include administration, instruction, assessment, and special travel (e.g. helicopter, snowcat, lifts, etc.) while on the course. Accommodation, meals, and/or food allowances may be provided on some courses; please read logistical information carefully when you are accepted. Candidates may be required to cook meals, especially in the field or in huts and must provide their own transportation to, from, and during the course. Candidates are responsible for all their own equipment and meals, unless indicated otherwise, for each program.

### Payment

**The following policies will be strictly enforced.**

Your application and the required deposit as indicated on the “Dates and Fees” information are due on or before the closing date. Applications submitted without a deposit will be returned.

**Balance of payment is due 45 days before the course starts. Your application will become void if full payment is not received on time and you will not receive a course logistics package as we will withdraw you from the program.** Be advised that some courses have a wait list. **If payments are not received on time, the next person on the wait list will be called to fill your spot.**

Payment can be made by cash, cheque, money order, or one of the following credit cards: Visa, MasterCard or American Express. Do not send cash in the mail. Make cheques and money order payable to Thompson Rivers University.

**Once accepted, you will be provided with a student number and four options in which to pay course balance, including paying on-line.**

*Please note: if payments are late, your place on the course may be forfeited.*

### Cancellation and Refunds

**The following policies will be strictly enforced.**

If notice of cancellation is received by the TRU more than 45 days prior to the course start date, all monies paid will be refunded. **There will be no refunds of any kind if notice of cancellation is received less than 45 days before the course starts.**

**Notice of cancellation must be made in writing to the Canadian Mountain and Ski Guide Program at Thompson Rivers University .**

If a course or exam is cancelled by us, all fees will be refunded in full.

It is strongly recommended that you purchase trip cancellation insurance in case you become ill or injured and are unable to attend the course. Please call for advice if you are having difficulty finding insurance coverage.

### Notification of Acceptance

Applications and payments are held until the closing date at which time applications are reviewed. Successful applicants will be notified of acceptance within four weeks after the closing date.

## **Dates and Fees**

Applications and the accompanying deposit should be sent to the following address. Course dates and fees are updated regularly and may change without notice. For current information contact:

### **Canadian Mountain and Ski Guide Program**

**Thompson Rivers University**

**P.O. Box 3010**

**Kamloops, B.C. V2C 5N3**

**[www.acmg.ca](http://www.acmg.ca)**

**Phone: (250) 372-0118 or (250) 828-5221 or (250) 371-5838**

**fax: (250)371-5845**

**email: [acmg@tru.ca](mailto:acmg@tru.ca)**

**Thompson Rivers University  
Adventure Programs Department**

**RELEASE OF LIABILITY, WAIVER OF CLAIMS,  
ASSUMPTION OF RISKS, INDEMNITY AGREEMENT, AND  
JURISDICTION AGREEMENT**  
BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN  
LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.  
PLEASE READ CAREFULLY!

Initial

Please Print

Name:

Address:

**TO: THOMPSON RIVERS UNIVERSITY**  
(hereinafter referred to as "TRU")

**AND TO: HER MAJESTY THE QUEEN IN RIGHT OF THE PROVINCE OF BRITISH COLUMBIA**  
(hereinafter referred to as "THE PROVINCE")

**AND TO: THE ASSOCIATION OF CANADIAN MOUNTAIN GUIDES**  
(hereinafter referred to as "ACMG")

**DEFINITIONS:**

In this agreement:

- a) the term "**SKIING**" shall apply to "**helicopter skiing, snowcat skiing, backcountry skiing, snowmobile assisted skiing, alpine skiing, telemark skiing, snowboarding, cross country skiing, and ski touring,**"
- b) the term "**CLIMBING**" shall refer to "**alpine climbing, rock climbing, ice climbing, caving, mixed climbing, and mountaineering,**"
- c) the term "**HIKING**" shall refer to "**day hiking, backpacking, and snowshoeing.**"
- d) the term "**RESCUE**" shall refer to "**rope rescue, rock rescue, cave rescue, mountain rescue, helicopter rescue, and avalanche rescue,**"
- e) the term "**WILDERNESS TRAVEL**" shall refer to all forms of land, air, and water based travel and shall include all activities, services and use of facilities either provided by or arranged by TRU or the ACMG or in any way related to skiing, climbing, hiking, rescue, and wilderness travel activities including, but not limited to: orientation and instruction sessions, transportation, accommodation, and recreational activities in addition to skiing, climbing, hiking, rescue, and wilderness travel;
- f) the term "**TRANSPORTATION**" shall refer to all forms of transportation off road and on public roads, private roads, and logging roads, including TRU owned vehicles, leased vehicles, ferries, airplanes, student owned vehicles, snowmobile, snowcat and helicopter either provided by or arranged by TRU or the ACMG or in any way related to skiing, climbing, hiking, rescue, and wilderness travel activities including, but not limited to: loading, unloading and travel in or movement around vehicles, snowmobiles, snowcats and helicopters.
- g) the term "**INJURY**" shall refer to all forms of physical, mental, and emotional injury in any way related to skiing, climbing, hiking, rescue, wilderness travel, and transportation activities including, but not limited to: death, breaks, strains, lacerations, dislocations, amputations, frostbite, hypothermia, trauma, anxiety, phobias, and fears.

Initial

**ASSUMPTION OF RISKS – AVALANCHES, ALPINE TERRAIN, SKI TERRAIN, CLIMBING TERRAIN, WILDERNESS TRAVEL, WEATHER, ETC.**

I am aware that skiing, climbing, hiking, rescue, wilderness travel, and transportation involves risks, dangers and hazards in addition to those normally associated with travel in land, and air based wilderness environments. Avalanches occur frequently in the alpine terrain used for skiing and climbing and may be caused by but not limited to natural forces or by climbers or skiers. Rock fall, ice fall, climber falls, and skier falls occur frequently in the alpine terrain used for climbing and skiing and may be caused by but not limited to natural forces or by climbers or skiers. Bear or other wildlife attacks, rough or irregular terrain, and hiker falls are frequent hazards in the wilderness terrain used for hiking and may be caused by natural forces or hikers. Vehicle rollovers, overloaded roof racks, pulling trailers, inexperienced drivers, and hazardous driving conditions may occur in the type of transportation used for skiing, climbing, hiking, rescue, and wilderness travel and may be caused by but not limited to natural forces or people.

I acknowledge and accept that TRU or the ACMG and their staff may fail to predict whether the terrain used is safe for skiing, climbing, hiking, rescue, wilderness travel, and transportation or whether an accident may occur. The terrain used for skiing,

climbing, hiking, rescue, and wilderness travel is uncontrolled, unmarked, not inspected and involves many risks, dangers and hazards. These may include, but are not limited to: attacks by bears and other animals, ice and snow cornices, trees, falling trees, tree wells, tree stumps, creeks, rocks, boulders, forest deadfall, holes and depressions on or below the snow surface, steep slopes, cliffs, ice fall and rock fall, variable and difficult snow conditions, crevasses, snowcat roads and road banks, fences and other man-made structures, impact or collision with other skiers or climbers; hail, lightening, inclement weather, failure to predict weather, vehicle rollovers, overloaded roof racks, pulling trailers, unsafe driving, unsafe road conditions; the failure to ski or climb safely within one's own ability or within designated areas; human error, failure to forecast or recognize a hazardous situation, negligence of other skiers, climbers, hikers, or rescuers; and **NEGLIGENCE ON THE PART OF OTHER STUDENTS, TRU, ACMG OR THEIR GUIDES, EMPLOYEES, AND CONTRACTORS INCLUDING THE FAILURE OF TRU OR ACMG OR THEIR GUIDES, EMPLOYEES, AND CONTRACTORS TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF WILDERNESS SKIING, CLIMBING, HIKING, RESCUE, WILDERNESS TRAVEL, AND TRANSPORTATION.** Communication in the terrain used is difficult and in the event of an accident, rescue and medical treatment may not be available. Weather conditions may be extreme and can change rapidly and without warning, making travel by any means hazardous.

**I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH SKIING, CLIMBING, HIKING, RESCUE, WILDERNESS TRAVEL, AND TRANSPORTATION AND I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE OR LOSS RESULTING THEREFROM.**

Initial

**RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS, INDEMNITY AGREEMENT, AND JURISDICTION AGREEMENT (continued)**

**NOTICE TO SNOWBOARDERS AND TELEMAR SKIERS – INCREASED RISK**

Unlike alpine ski boot and binding systems, snowboard and some telemark boot and binding systems are not designed or intended to release and will not release under normal circumstances. The use of such systems or the use of a safety strap or retention device by snowboarders or telemark skiers will increase the risk of not surviving an avalanche.

Initial

**NOTICE TO PARTICIPANTS OF PROFESSIONAL GUIDE TRAINING COURSES – INCREASED RISK**

TRU and the ACMG provide training intended to develop professional skiing, climbing, hiking, rescue, and wilderness travel guides. To train professional guides it is necessary for students to participate in activities that have higher levels of risk than what may be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards. This may include, but is not limited to activities such as: lead climbing where the climber places his or her own protective equipment, climbing without helmets, travel and decision making in avalanche terrain, climbing and rescue in a multi-pitch environment, students driving program vehicles, hiking in unusually rough and remote terrain, stress from examination and grading processes, students making route and hazard assessment decisions on behalf of other students, unsupervised activities; and continuing with an activity when it may not be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards (for example, when fatigued, in inclement weather, or in high hazard conditions).

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**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

In consideration of **TRU**, the **ACMG**, and **THE PROVINCE** allowing me to participate in skiing, climbing, hiking, rescue, wilderness travel, and transportation, and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby agree as follows:

- 1. TO WAIVE ANY AND ALL CLAIMS** that I have or may have in the future against **TRU**, the **ACMG**, and **THE PROVINCE** and their directors, officers, employees, instructors, guides, agents, independent contractors, representatives, successors and assigns (all of whom are hereinafter referred to as the "RELEASEES") and **TO RELEASE THE RELEASEES** from any and all liability for any loss, damage, expense or injury including death that I may suffer or that my next of kin may suffer as a result of my participation in skiing, climbing, hiking, rescue, wilderness travel, and transportation activity, **DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE OCCUPIER'S LIABILITY ACT, R.S.B.C. 1996, c.337, ON THE PART OF THE RELEASEES, AND INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF SKIING, CLIMBING, HIKING, RESCUE, WILDERNESS TRAVEL, AND TRANSPORTATION REFERRED TO ABOVE.**

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2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any property damage or personal injury to any third party resulting from my participation in skiing, climbing, hiking, rescue, wilderness travel, and transportation;
3. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any costs they may incur for medical costs, search and rescue, evacuation, and litigation resulting from my participation in skiing, climbing, hiking, rescue, wilderness travel, and transportation;
4. That this Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity;
5. This Agreement and any rights, duties and obligations as between the parties to this Agreement shall be governed by and interpreted solely in accordance with the laws of the Province of British Columbia and no other jurisdiction, and
6. Any litigation involving the parties to this Agreement shall be brought solely within the Province of British Columbia and shall be within the exclusive jurisdiction of the Courts of the Province of British Columbia.

In entering into this Agreement I am not relying on any oral or written representations or statements made by the Releasees with respect to the safety of skiing, climbing, hiking, rescue, wilderness travel, and transportation other than what is set forth in this Agreement.

Initial

**I CONFIRM THAT I AM THE FULL AGE OF NINETEEN (19) YEARS AND I HAVE READ AND UNDERSTOOD THIS AGREEMENT PRIOR TO SIGNING IT, AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEES.**

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Signature of applicant
Print name clearly

Signature of witness
Print name clearly

THIS AGREEMENT MUST BE COMPLETED IN FULL, INITIALLED WHERE INDICATED, DATED, SIGNED AND WITNESSED PRIOR TO PARTICIPATING WITH TRU AND THE ACMG

