

# Association of Canadian Mountain Guides

## Climbing Gym Instructor Program

### Application Package

(please specify course dates and location on your application form)

Cost: Level 1 \$295

Level 2 \$325

#### **Mail completed application form to:**

ACMG Programs  
Thompson Rivers University  
PO Box 3010  
Kamloops, BC  
V2C 5N3

Phone 250-372-0118  
Fax 250-371-5845  
Email: [acmg@tru.ca](mailto:acmg@tru.ca)

## **Climbing Gym Instructor Program**

Instructors work on climbing structures. Level 1 teaches introductory sessions and basic top roping courses. Level 2 teaches and coaches lead climbing courses and intermediate movement skills

On the course you will be required to show that you have a knowledge of industry standards for safety, can instruct climbing techniques to students on climbing structures, and can climb at required levels. You must demonstrate industry standards of preparation and professionalism.

### **To become a Level 1 Instructor**

You must be 18 years of age

Prepare a letter of recommendation from a facility operator, ACMG Level 2 or 3 Instructor, or ACMG Guide which confirms you:

- Have 2 years climbing experience (include total number of days climbed)
- Top rope 5.10 and lead 5.9 on artificial structures
- Have climbed in at least two different facilities
- Have observed or shadowed 8 hrs of climbing instruction where top rope (harness and belay skills) and movement skills were taught. This is exposure to instructional styles, content and presentation to be more comfortable and prepared with the content and expectations of the CGI 1 program.

### **To apply you must submit**

- Registration form (attached)
- Waiver
- Personal resume which includes:
  - Educational background
  - Related work experience
  - 1 – 2 paragraphs about your background and goals related to instructing
  - other information you feel is pertinent
- Climbing Skills Resume (see attached for outline)
- Letter of recommendation from facility operator or ACMG Level 2 or 3 as detailed above
- Proof of current standard first aid course and CPR (send photocopy of certificate including expiry date)

Once you have all the above, please submit with full payment.

**Note: Phoning in a credit card number will not hold a space for you in the program. We must receive your complete registration package, including course payment.**

### **To Become a Level 2 Instructor**

You must have a Level 1 Climbing Gym Instructor Certificate

Prepare a letter of recommendation from a facility operator, ACMG level 3 Instructor or ACMG Guide which confirms:

- You flash 5.10+ on artificial structures or rock
- Your top 10 flashes on rock
- You assisted on several lead climbing courses
- 30 hours of instruction (after level 1 certification)

To apply you must submit a resume which includes:

- Letter of recommendation as described above
- Proof of standard first aid course and CPR (send a photocopy of certificate)
- Other information you feel is pertinent

Once you have all the above, submit them with a signed and witnessed waiver, a completed registration form (both attached) with full payment.

**Note Concerning Applications:**

**Keep in mind that your application is a first impression. As such it plays a significant role in whether you will be accepted into the program or not. Poorly organized applications or unformatted resumes jeopardise your chances of acceptance because your background, skills and qualifications may not be clear and/or may compare unfavourably to other applications.**

**It is strongly recommended that you allow yourself adequate time to create a well structured, organized, and complete application that arrives on time. Late applications will not be accepted. This will greatly enhance your chances of being accepted if you qualify. Applications submitted without course payment will be returned**

**If you are accepted and it becomes clear in the field that you are not at the standard indicted on your application, instructors have the right to require you to leave the course immediately.**

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***Cancellation Policy – Climbing Gym Programs:***

***Course fees must be accompanied by your registration form. For a full refund, cancellation must be received three weeks or greater in advance of the program date. Cancellation less than three weeks in advance of the program date, there will be no refunds of any kind for any reason.***

## Registration Form Climbing Gym Instructor

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Year/month/day

Address: \_\_\_\_\_

Province: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

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Emergency Cont: \_\_\_\_\_

Relationship (i.e. father, wife etc.): \_\_\_\_\_

Address: \_\_\_\_\_

Province: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

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Names and dates of all courses or exams for this application:

Course: \_\_\_\_\_ Deposit/Payment Enclosed: \_\_\_\_\_

Course: \_\_\_\_\_ Deposit/Payment Enclosed: \_\_\_\_\_

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List any special dietary requirements (i.e., vegetarian, food allergies, etc.)

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List any medical conditions (i.e. allergies, contact lenses, prescription drugs, etc.)

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Refer to the program prerequisites and check the boxes below indicating what documentation is required and what is included with this registration. **If documentation is missing, your application can be rejected unless a reasonable explanation is attached.**

Course Payment (in full)	<input type="checkbox"/>	Letter(s) of Reference	<input type="checkbox"/>
Waiver (signed and witnessed)	<input type="checkbox"/>	Climbing Skills Resume	<input type="checkbox"/>
First aid certificate	<input type="checkbox"/>	Personal resume (CV, cover letter, etc.)	<input type="checkbox"/>
CPR certificate	<input type="checkbox"/>	Registration Form (this form)	<input type="checkbox"/>

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**I acknowledge having read this handbook, agree to the terms and conditions described, am aware of the payment and cancellation policy, and certify all information in my application is true and correct.**

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

# Climbing Skills Resume Format

## (example)

A climbing skills resume can be set up in a spread sheet format to more conveniently list the types and styles of climbs. This will present relevant information in a concise format for the application review committee. You want to be able to show at least two years of climbing experience in at least two different facilities. You can supplement your climbing resume with outdoor climbs.

### Facilities Climbed at:

<b>Facility</b>	<b>Location</b>	<b>Date</b>
<i>Name of facility</i>	<i>city/town</i>	<i>year ( # days per week, month or year)</i>
1.		
2.		
3.		
etc.		

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### **\*\* Required for CGI 2 Applications (must show at least 30 hrs of instruction)**

#### **Climbing Courses or Programs Taught (or assisted) - Indoor**

<b>Program</b>	<b>Supervisor</b>	<b>Date</b>
<i>Name of program</i>	<i>supervising instructor</i>	<i>month/year</i>
1.		
2.		
etc.		

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#### **Average and top climbing grade – indoor**

	<u><b>Average Grade</b></u>	<u><b>Top Grade</b></u>
<b>Lead Climbing:</b>		
<b>Top Rope:</b>		

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#### **Outdoor Climbs (if any) – supplement to indoor resume. Optional**

<b>Route</b>	<b>Difficulty</b>	<b>Location</b>	<b>Date</b>	<b>Style</b>
<i>Name of route</i>	<i>grade</i>	<i>area/crag</i>	<i>month/year</i>	redpoint, flash, lead. Top rope
1.				
2.				
3.				
etc.				

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**Thompson Rivers University  
Adventure Programs Department  
Climbing Gym Instructor Course**

**RELEASE OF LIABILITY, WAIVER OF CLAIMS,  
ASSUMPTION OF RISKS, INDEMNITY AGREEMENT, AND  
JURISDICTION AGREEMENT**  
BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN  
LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.  
PLEASE READ CAREFULLY!

Initial

Please Print

Name:

Address:

**TO: Thompson Rivers University**  
(hereinafter referred to as "TRU")

**AND TO: THE ASSOCIATION OF CANADIAN MOUNTAIN GUIDES**  
(hereinafter referred to as "ACMG")

**DEFINITIONS:**

In this agreement:

- a) the term "**CLIMBING**" shall apply to "**sport climbing,**" "**indoor gym climbing,**" "**indoor artificial wall climbing,**" "**outdoor artificial wall climbing,**" and "**rock climbing.**"
- b) the term "**TRANSPORTATION**" shall refer to all forms of transportation off road and on public roads, private roads, and logging roads, including TRU owned vehicles, leased vehicles, ferries, airplanes, Instructor or student owned vehicles, either provided by or arranged by TRU or the ACMG or in any way related to the course including, but not limited to: loading, unloading and travel in or movement around vehicles.
- c) the term "**INJURY**" shall refer to all forms of physical, mental, and emotional injury in any way related to climbing and transportation activities including, but not limited to: death, breaks, strains, lacerations, dislocations, amputations, hypothermia, hyperthermia, trauma, anxiety, phobias, and fears.
- d) the term "**Course**" shall refer to all activities related to taking a Climbing Gym Instructor Course including instruction, climbing, belaying, rescues, and transportation.

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**ASSUMPTION OF RISKS – SPORT CLIMBING, INDOOR GYM CLIMBING, INDOOR OR OUTDOOR ARTIFICIAL WALL CLIMBING, AND ROCK CLIMBING.**

I am aware that sport climbing, indoor gym climbing, indoor or outdoor artificial wall climbing, and rock climbing, have inherent dangers and risks some of which include:

- a. all manner of injury resulting from falling, either roped or unroped, while using the climbing walls and impacting against the floor, holds, ledges, edges, other climbers or any permanent or temporary fixtures;
- b. rope abrasion, entanglement, and other injuries resulting from activities on or near the climbing wall such as climbing, belaying, rappelling, lowering on rope, rescue systems, and other rope techniques;
- c. injuries resulting from falling climbers or falling objects (dropped by other persons using the climbing walls or detaching from the wall, roof and/or supporting structure) such as ropes, climbing hardware, modular holds and their parts, anchors, harnesses, helmets and so forth;
- d. cuts and abrasions resulting from contact with the climbing wall, fixtures and climbing panels;
- e. failure of the ropes, knots, slings, harnesses, climbing equipment, anchor points or any part of the climbing structure;
- f. failure of the belayer to protect against a fall.

And, I do hereby further acknowledge and agree:

- a. that the Course I am participating in requires a very high degree of sport climbing skills, knowledge, experience, and is designed to test my skills;
- b. that I will be climbing very difficult routes: I will be required to climb 5.10 minimum standard routes and I will lead very difficult climbing routes;
- c. that I am personally responsible for my preparation prior to the Course including without limitation: (i) my health and fitness, (ii) securement of adequate prerequisite knowledge of all aspects of sport climbing, and (iii) adequacy and condition of my climbing equipment;
- e. that I consent to receive first aid and medical treatment by the Instructing Staff in the event of an accident, injury or illness during the Course;

I acknowledge and accept that TRU or the ACMG and their staff may fail to predict whether the terrain or facilities used are safe for climbing or whether an accident may occur. The terrain used for climbing may be uncontrolled, unmarked, not inspected and involves many risks, dangers and hazards. These may include, but are not limited to any of the hazards listed above; the failure to climb safely within one's own ability or within designated areas; human error, failure to forecast or recognize a hazardous situation, negligence of other climbers, or rescuers; and **NEGLIGENCE ON THE PART OF OTHER STUDENTS, TRU, ACMG OR THEIR INSTRUCTORS, EMPLOYEES, AND CONTRACTORS INCLUDING THE FAILURE OF TRU OR ACMG OR THEIR INSTRUCTORS, EMPLOYEES, AND CONTRACTORS TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF SPORT CLIMBING, INDOOR GYM CLIMBING, INDOOR OR OUTDOOR WALL CLIMBING, ROCK CLIMBING, AND TRANSPORTATION.** Communication in the sites used may be difficult and in the event of an accident, rescue and medical treatment may not be available.

**I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH SPORT CLIMBING, INDOOR GYM CLIMBING, INDOOR OR OUTDOOR ARTIFICIAL WALL CLIMBING, ROCK CLIMBING, AND TRANSPORTATION AND I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE OR LOSS RESULTING THEREFROM.**

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**RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS, INDEMNITY AGREEMENT, AND JURISDICTION AGREEMENT (continued)**

**NOTICE TO CLIMBERS WHO DO NOT USE HELMETS – INCREASED RISK**

I am aware that not wearing a helmet will increase my risk of injury.

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**NOTICE TO PARTICIPANTS OF PROFESSIONAL GUIDE TRAINING COURSES – INCREASED RISK**

TRU and the ACMG provide training intended to develop professional climbing gym instructors. To train professional climbing gym instructors it may be necessary for students to participate in activities that have higher levels of risk than what may be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards. This may include, but is not limited to activities such as: lead climbing where the climber places his or her own protective equipment, climbing without helmets, rescues, students driving program vehicles, stress from examination and grading processes, students making route and hazard assessment decisions on behalf of other students, unsupervised activities; and continuing with an activity when it may not be considered reasonable by entry-level, intermediate, novice, commercial guiding, or recreational standards (for example, when fatigued, in inclement weather, or in high hazard conditions).

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**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

In consideration of TRU and the ACMG, allowing me to participate in the Climbing Gym Instructor Course, and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby agree as follows:

- 1. TO WAIVE ANY AND ALL CLAIMS** that I have or may have in the future against TRU and the ACMG and their directors, officers, employees, instructors, guides, agents, independent contractors, representatives, successors and assigns (all of whom are hereinafter referred to as the "RELEASEES") and **TO RELEASE THE RELEASEES** from any and all liability for any loss, damage, expense or injury including death that I may suffer or that my next of kin may suffer as a result of my participation in climbing and transportation activity, DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, ON THE PART OF THE RELEASEES, AND INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF SPORT CLIMBING, INDOOR GYM CLIMBING, INDOOR OR OUTDOOR ARTIFICIAL WALL CLIMBING, ROCK CLIMBING, AND TRANSPORTATION REFERRED TO ABOVE.

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2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any property damage or personal injury to any third party resulting from my participation in the Climbing Gym Instructor Course;
3. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any costs they may incur for medical costs, search and rescue, evacuation, and litigation resulting from my participation in the Climbing Gym Instructor Course;
4. That this Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity;
5. This Agreement and any rights, duties and obligations as between the parties to this Agreement shall be governed by and interpreted solely in accordance with the laws of the Province of British Columbia and no other jurisdiction, and
6. Any litigation involving the parties to this Agreement shall be brought solely within the Province of British Columbia and shall be within the exclusive jurisdiction of the Courts of the Province of British Columbia.

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In entering into this Agreement I am not relying on any oral or written representations or statements made by the Releasees with respect to the safety of sport climbing, indoor gym climbing, indoor or outdoor artificial wall climbing, rock climbing, and transportation other than what is set forth in this Agreement.

**I CONFIRM THAT I AM THE FULL AGE OF NINETEEN (19) YEARS AND I HAVE READ AND UNDERSTOOD THIS AGREEMENT PRIOR TO SIGNING IT, AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEES.**

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Signature of applicant
Print name clearly

Signature of witness
Print name clearly

THIS AGREEMENT MUST BE COMPLETED IN FULL, INITIALLED WHERE INDICATED, DATED, SIGNED AND WITNESSED PRIOR TO PARTICIPATING WITH TRU AND THE ACMG.