

5 Steps to Electrical Safety:

Step 1

10 Metres to Safety

Stay back at least 10 metres (33 feet) from any downed power line, exposed underground cable or where there is contact with an overhead power line.

Step 2

Look Up & Live

Look up and be aware of overhead power lines.

Step 3

Know Your Limits

When using equipment in the vicinity of power lines, always maintain the “limits of approach”: 3–7 metres (10–20 feet) depending on voltage.

Step 4

Don't Hang Around Operating Equipment/Machinery

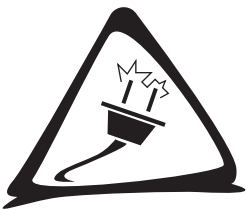
Stay at least 10 metres (33 feet) from operating equipment. If the machinery contacts an energized line, the electricity will go to ground.

Step 5

Shuffle, Hop – Don't Step

If your vehicle contacts an energized line, try to drive away to break the contact. If this cannot be done, **STAY IN THE VEHICLE UNTIL HELP ARRIVES**. If there is life-threatening emergency and you cannot stay in the vehicle, do the following:

- Open the door but do not step out of the vehicle.
- Get ready (seat belt off, nothing to stop you from jumping clear).
- Make a small jump out with your feet together.
- You need to land steady enough that your feet will stay together and you will not fall to the ground or back to the vehicle.
- **NEVER** stabilize yourself by grabbing onto the vehicle once your feet are on the ground.
- **DO NOT** reach back for anything or to close the door.
- Keep your arms and hands at your sides.
- Make small hops with both feet together and touching or shuffle with small steps making sure your insteps are always touching.
- **Remember: Slow and steady will win this race.**
- If you feel unstable, **STOP, REST, REGAIN YOUR BALANCE**, start over.
- Keep hopping or shuffling until you are at least 10 metres (33 feet) away.
- **IF IN DOUBT, KEEP MOVING AWAY !!!**



Electrical Safety