

CULINARY ARTS PROGRAM

Foundation Trades Training for Secondary School Students

Hosted by School District No. 73 and Thompson Rivers University

Program Description:

The Culinary Arts program is designed to cover all sections of the professional kitchen, from the preparation of appetizers to the creation of exquisite deserts. Training topics include:

- Cooking Terminology
- Basic Food Management
- Meat, Poultry and Seafood Cooking
- Cooking with Vegetables and Starches
- Preparing Soups and Sauces
- Eggs and Breakfast Cooking
- Baking and Dessert-Making
- Cutting and Processing Meats
- Kitchen Management
- Nutrition
- Shipping and Receiving Merchandise
- Safety and Sanitation Practices
- Human Resources
- BC Labour Standards Act

This is an occupation where teamwork in the kitchen really counts, so strong communication and writing skills are a must. It is also very important to have good reading, math and problem-solving skills. Attention to detail and quality will help you advance quickly in this profession.

Job Opportunities:

The need for professionally trained cooks and chefs around the world, translates into job opportunities in a range of locations from family-oriented and fine-dining restaurants, to cruise ships and summer & winter resorts. With further training, there is opportunity to start a business!

Benefits of Attending a SD 73/TRU-hosted Foundation Program:

- Early admission to post-secondary studies while still in secondary school
- **No post-secondary tuition fees while enrolled in a SD 73/TRU-hosted Foundation Program (a savings of over \$2,700).** Students are responsible for some program costs – such as books and/or training guides, personal safety equipment – see page 2 of the application for details.
- Obtain thirty-two Grade 12 credits for your high school diploma and the TRU Culinary Arts Level 1 & 2 Certificate in one school year!
- Get a jump-start into a meaningful trade career.

Who is Eligible to Apply for the 2009 SD 73/TRU-hosted Culinary Arts Program?

- There are fourteen (14) seats available for secondary school students for this program (*subject to funding*)
- Students must be born after September 30, 1991 to allow them to participate in post-secondary training during their Grade 12 school year
- Students attending either a SD 27, SD58, SD 73 or SD74 Secondary School, who are currently in Grade 10, are eligible to apply prior to the **early application deadline of April 9, 2009**. Grade 10 students from other school districts should contact their school counselor to discuss their eligibility. If approved by the local district, the student should then submit an application prior to the early registration deadline to be eligible for selection for any seats remaining after the SD 27, SD58, SD 73 or SD74 seat assignments are completed.
- Applications received after the April 9, 2009 early registration deadline will be assessed on a first-come-and-qualified, first-served basis. Qualifying students will be assigned to any remaining seats or added to program waitlist.

SD 73/TRU-Hosted Culinary Arts Foundation Program

What credentials can I earn with this Program?

- Upon successful completion, the student will obtain the TRU Culinary Arts Level 1 and 2 Certificate. Typically a 60-hour work practicum is completed after the completion of Culinary Arts Level 2 training.
- Upon completion of Levels 1 and 2, and high school graduation, students are encouraged to continue with TRU Culinary Arts Level 3: Fine Dining, to further enhance qualifications for job opportunities.
- Upon completion of Levels 1 - 3 and a 120-hour work practicum, the student will obtain the TRU Culinary Arts Certificate and may be granted by the Industry Training Authority, up to full credit for level one apprenticeship in-school training.

What further training do I qualify for?

Upon becoming indentured as an apprentice, receiving ITA credit (see <http://www.itabc.ca/> for more info) for first level apprenticeship in-school training, and fulfilling the first level apprenticeship work experience requirement, the student will be eligible to enter the second level of apprenticeship training. Upon successful completion of the second and third levels of the apprenticeship program, the student will be eligible to write the inter-provincial exam to gain journey person certification.

How do I Apply?

Application forms and brochures are available via the TRU Transitions Webpage:

www.tru.ca/trades/transition.html

Please contact your local school counselor to assist you with the application process. If you require further information, please contact Leslie Matthews: (250) 828-5109 or email: ljmatthews@tru.ca.

Application Requirements:

- Full Grade 9 background (no failed core courses) and maintain a passing grade level in current Grade 10 studies
- Interview with secondary school counselor (to select courses and review the SD 73/TRU application)
- All sections of the SD 73/TRU application form must be completed, a copy of the final Grade 9 and current Grade 10 report cards & attendance records.

Note: *AFTER reviewing submitted applications, qualifying students may be contacted to arrange an application orientation with the TRU instructor, the applicant and parent/guardian, prior to conditional acceptance into the program.*

Prerequisites for the Start of Post-Secondary Training:

Admission Requirements:

(see last page of this brochure)

- Full Grade 10 background (no failed core courses)
- Student must successfully complete all Grade 11 and 12 core courses during their Grade 11 school year
It is strongly recommended that a student obtain a minimum C average in:
 - a Math 11
 - English or Communications 11 & English or Communications 12
- Student should ensure all Grade 10 and 11 report cards & attendance records are faxed to the TRU Transitions office, attn: Leslie Matthews – (250) 828-5492, as soon as they are available.
- Student must obtain Food Safe Level 1 Certification (available as a part-time course at TRU, call (250) 828-5413 for details).
- Student must write the Accuplacer Exam by March 11, 2010 and obtain a successful placement no less than 30 days prior to start of training.

SD 73/TRU-Hosted Culinary Arts Foundation Training

2.5 Year Training Schedule:

- **September 2009 – June 2010:**
 - Complete all Grade 11 and 12 core courses required for graduation plus the electives of your choice

- **By March 11, 2010:**
 - Obtain satisfactory score on Accuplacer exam(see next page)

- **Spring 2010:**
 - IF Accuplacer scores are not acceptable, student has the option to take the necessary Math or English upgrading courses during the spring of 2010 – student must commit in writing to this upgrading by April 17, 2010 to maintain his/her seat in the program. Student is responsible for booking and paying for any Accuplacer rewrites necessary. A successful Accuplacer rewrite is required no later than 30 days prior to the start of Post Secondary training.

- **June 2010:**
 - Prior to the start of post-secondary training, student and parent/guardian must attend a Foundation program orientation session
 - During the orientation session, the instructor will confirm the list of materials the student must purchase (i.e. knife set, uniforms deposit (refundable), learning guides, workbook and manuals)
 - Student will be required to pay the TRU \$25 application fee at this time – see page 2 of the SD 73/TRU application for more details on program costs that the student will be responsible to pay.

- **August 2010 – May 2011:**
 - Complete Culinary Arts Levels 1 and 2 training at TRU Kamloops (student is responsible for transportation/accommodations costs)
 - 120 hour work practicum
 - Student will receive thirty-two (32) Grade 12 credits upon completion of the TRU Culinary Arts Level 1 & 2 Certificates

- **August 2011** After high school graduation, complete Culinary Arts Level 3 – Fine Dining, at TRU Kamloops to obtain the TRU Culinary Arts Certificate (student is responsible for tuition, ancillary fees, program costs and transportation/accommodations costs)

- **January 2012**

Find an employer who will hire and indenture you as their Culinary Arts apprentice, submit a copy of your TRU Culinary Arts Certificate with your apprenticeship application to the Industry Training Authority, and request confirmation from the ITA that they will grant you credit for the first level of in-school training for Culinary Arts apprenticeship.

NOTE: At the time of publishing this brochure, trades training in BC, was under review by the ITA as to length and scope of training. Final funding & scheduling decisions may affect seat availability, training length (which may affect start/end dates). All programs are subject to funding approval by the Industry Training Authority and TRU.

Entrance Requirements for SD 73/TRU–Hosted Culinary Arts Foundation Programs

“bridging secondary and post-secondary education”

The TRU Culinary Arts Department sets the entrance requirements for secondary school students who are applying for either of the 2009 SD 73/TRU-hosted Culinary Arts Foundation programs (Culinary Arts or Retail Meat Processing). The following information provides details for these entrance requirements:

- **Writing the Accuplacer Exam:** Applicants will write the Accuplacer exam prior to March 11, 2010. Students write the Accuplacer exam at the TRU Assessment Centre. Booking is done through the TRU Assessment Centre Coordinator, Cindy James - phone: (250) 828-5471 or email cjames@tru.ca. Applicants are responsible for the Accuplacer exam fee (currently \$30). Detailed information about Accuplacer testing at TRU is available on the TRU Assessment Centre website at:

www.tru.ca/staffairs/assmnt/testservice/accuplacer.html

SD 73/TRU-hosted Culinary Arts Foundation Entrance Standards

Required Placements for the Accuplacer Exam:	Math	English
Culinary Arts	040	040
Retail Meat Processing	040	040

(040 is approximately equivalent to Grade 10)

- **Math Requirement:**
Culinary Arts or Retail Meat Processing programs:
 - Essentials of Math 11, Applications of Math 11 or Principles of Math 11 are accepted for these programs.

Grade 12 Requirement: Applicants must complete all Grade 11 and 12 core courses required for graduation, prior to the beginning of their post-secondary training for a SD 73/TRU-hosted Foundation program.

Note: Effective April 10, 2009, any remaining seats will be assigned for the 2009 SD 73/TRU-hosted Foundation programs on a first-come-and-qualified, first-served basis... so completed applications must be submitted to the TRU Transitions Office, attn: Leslie Matthews (250) 828-5109 fax 828-5492 ASAP!